



滙心集（六）

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序

陳友志校長

《滙心集》可說是「滙基人」的創作天地。由《滙心集》(一)至今期《滙心集》(六)經歷了七個年頭(由於去年是三十周年校慶，我們出版了三十周年特刊，《滙心集》暫停了一期)。

每一期的《滙心集》都收集了老師和同學的作品，有的是新詩創作，有的是散文描寫，有的是生活小品，不論是什麼體裁，什麼內容，這些作品都是滙基師生深情與至誠的表達。同學的文筆和技巧，雖不能與大師級作家相比，但細閱每一篇，你定能了解他們的內心世界，亦能感受年青人在成長中面對生離死別、環境轉變、理想尋覓、真理探索等心路歷程。我盼望這本《滙心集》(六)不單能成為你書櫃中的一份子，更能為你的心靈帶來一絲暖意。滙基的同學，更應好好細閱每一篇文章，盼望下一期的《滙心集》能見到大家的作品。

I

第三十屆全港青年學藝中文詩創作比賽
得獎作品

看國旗飄揚

3E 葉順安

舊詩學生組冠軍

巨龍翻四海，
旗展勢威揚。
情意心心繫，
齊歌國運昌。

舊詩學生組優異獎

旗展迎風舞，
思鄉隔海茫。
早經離國恨，
骨肉豈相忘。

東方明珠夜

楊俊強老師

舊詩公開組優異獎

憑欄遠眺隔囂塵，
物轉星移幾度新。
客聚東方連四海，
鶯飛淑氣滲陽春。
華燈閃閃懸清夜，
波影粼粼散岸濱。
月下良朋相對飲，
風光更勝酒芳醇。

看國旗飄揚

6C 張秋萍

舊詩學生組亞軍

旭日初升染碧空，
紅旗漫捲醉薰風。
五星光閃融萬族，
號角聲吹國運隆。

看國旗飄揚

5C 黃敏蘭

新詩學生組冠軍

聽！ 國歌高奏
呼告著祖國的歷史
血與汗 苦與哀
「起來！ 起來！ 起來！」
強勁的音符
震撼心扉
心跳 節奏
步伐一致

看！ 國旗上升
我們抬起頭來
昂首挺胸
彷彿訴說著中國人的驕傲

看！ 國旗飄揚
從荊棘中開創的國家
鮮血染紅大地
成為你的主色
我們展望將來
也忘不了先輩的汗水

看！ 國旗飄揚
閃亮的五星
在陽光照耀下發出金光
象徵著中國璀璨光明的前途

看！ 國旗飄揚
庇護腳下的百姓
垂顧廣袤的大地
繁衍 發展 增長
豐足 美滿 和諧

看！ 國旗飄揚
在清風的柔撫下
捲起細緻的縐紋
牽動我們愛國的心

看！ 國旗飄揚
在風中抖擻精神
高處的寒冷
阻擋不了我們高飛的大志

看國旗飄揚

3E 顏銘樂

新詩學生組優異獎

旗幟招展 風姿展現
不由 思緒萬千

人影旗光 風塵浩蕩
戰士 壯心豪情奔放
抗敵 怒吼 迴蕩
革命的先烈們
拋頭顱 熱血灑江河
赤誠染紅大地
千萬雙眼睛
千萬顆心靈
昂揚激越
華髮早生
是現實的我？

兩手空空 破漏的斗室
永無安寧的日子
沒有壯志 豪情已是
過去的進行曲
擁有的 已經流逝
才悔恨 已是太遲

國旗隨風飄展
恍惚是一種勸喻
越是高峰 越要攀登
越是艱險 越要跨越
無恐風霜 未懼雨雪
開拓 堅持不懈
更覺志氣高揚
心寬萬丈
前景輝煌

II

詩意深情

眼淚

1B 阮嘉善

無論開心不開心
她也愛走出來
一不小心就跌倒
從滑靜的面頰滑下來
像滑梯般輕快

她不會說走就走
常想你來照顧她
用雪白的紙巾帶她遠去
帶到別處的紙桶裏
安頓後
她感謝你

上課

1B 王霆軒

課了
我走進那沉靜的教室
老師打開課本，像平日一樣.....
沉悶的氣氛徘徊在空氣之間
零碎的細語催眠了我

睡覺時間四分之二
冥想時間四分之一
談天時間四分之一
聆聽時間？零！
我的算術挺了得

突然，鈴鈴鈴
狠狠地拋下學生的責任，衝出教室

溫柔

5D 王瑞龍

一根羽毛被蔚藍天空放棄
無聲飄落
詩人諷刺的讚美
這是溫柔

葉叢間幾點露水
躲藏在休止符的憂傷
濺上沙灘的浪花
堅忍出賣的苦澀

當某天詩人明白溫柔背後
也許
也許
已犧牲了許多幸福

雨溫柔

6C 張秋萍

天空是灰色的屏幕
而你 就是主角
乾涸的大地
期待著你的蒞臨
你卻躊躇疑惑
遲遲不來
連仙人掌也 渴想你

那泥塵飛揚的黃土
只希望聽到你的聲音
她身上一道道破開的裂痕
也只有你能修補
但願你的幽涼
的嗒的嗒 濺滴到她的懷抱

在陰沉的天空下
一滴溫柔的淚
從你憂鬱的臉龐滑下
她終於等到了你的垂青
感動了你嗎？

暫停

6C 陳佩儀

自從上帝創造天地
時鐘學會跳動
時間就只顧自己開溜
跑往無人能逮住的遠方
暫停？
妄想

然而，當
畫筆留住了風光
膠卷捉緊了回憶
休止符教人學懂停頓
暫停？
似乎實現了

那麼我呢？
如何才能打破生活的框架
體會片刻的自在
何時才能拋開如山的雜務
享受假期的悠然

暫停
何時才能與你相遇？

暫停

6C 簡亦妍

一塊滿佈坑紋的膠板從天而降
往我的身上傾軋
我揮舞著觸鬚
竭力邁開腳步
跑
要逃出黑影的魔爪

沒路了
也無力跑了
我轉身對著天空 力喊暫停
無奈世界不聽我的指揮

想起妻兒
又想著未飽的肚子
盼望一切靜止不動
然而，世界給我的回應
卻是「嚓」的一聲

13

喝茶

6C 張秋萍

是誰沸騰的淚？
灑進了紫砂壺
吻著蹙眉的落葉
一葉，一葉
慢慢地攤開 笑容
浸漬出濃濃的香
蘊釀成淡淡的顏色
在餘暉裏散發出香醇
細品一口
夏、秋、冬
竟溶成一季春.....

喝茶

6C 陳佩儀

一群小伙子卷縮著身
浮遊在冒氣的熱水中
享受暖暖的溫泉浴
漸漸地伸展著，伸展著……
也漸漸地還以顏色
和著陽光呈現出一片柔綠

迷霧裏的青蔥釋盡了芬芳
怡人的香氣四溢飄散
散滿了整個天地
趕走繁囂的沉悶
拯救在睡夢邊徘徊的我

我的心神早已被這香澤
擄走
在遙遠的天漢遨遊
於平靜的水面泛舟
最終又回來
沉溺在這香氣瀰漫的
茶的世界

15

喝茶

6C 簡亦妍

你的出現
是一壺茶 倒進了茶杯
牽起漩渦 攪動我的心

你的微笑
是一杯花茶
甜甜的 帶著醉人的微溫
暖透我的心

你的責罵
是一杯苦澀的茶
既苦 又甘
甘之如飴

你的離開
是一茗熱茶
一口喝下
燙傷了喉嚨
卻叫不出苦楚

喝茶

6C 劉浩揚

精神被枷鎖拉下海低
無力掙扎
滌煩子 怎樣才能解脫

沸騰的泉水
以近乎完美的弧度
衝擊著紫砂茶具中的世界
芳香的冒起
又有誰能阻擋？
沖出的柔靜 泡出的儉樸
沉醉於這溫柔鄉

在這芬芳的婚禮
誰捨得離開呢

17

匙

7C 陸瑩珊

每天
躺在那漆黑的空間裏
一片寂靜
你 寂寞嗎？

把你從令人窒息的空間
領出來
一陣冰冷
卻瞬間傳到我掌
打從心底 顫抖

凝視
你鐵造的面孔
你 無言

陽光的折射
把我被扭曲而不可笑的面容
印在你光滑的
 高麗的臉上
我沉默

嘗試把你翻來覆去
凹和凸兩面的分別
只有胖些 瘦些
 圓些 長些
看到的
卻仍舊是我蒼白的
 空虛的臉

我別過面閉目
想
你尚且有
同樣冰冷的叉子 刀子在同一空間
作伴
而真正寂寞的
原來是你反映出來
有體溫的 我

馬戲班裡

7C 陸瑩珊

帳幕裡
掌聲隱退笑聲散去
燈光都睡了
小丑走回他的房間
只屬於他和一面鏡子的空間
仍戴著那個圓形紅鼻子

他 實在想卸妝
窺看
埋沒在顏料下
自己的眼睛
自己的嘴巴
自己的臉兒
怪不得人們都說
化了妝的人總是漂亮的
看那鮮紅色的大嘴巴
笑意迎人
虛假 卻很真實

偷偷 脫下
繫著叮噹的四角帽子和
彩色圓點戲服
讓交纏的煩惱絲伸展
讓假裝豐滿的身軀呼吸
抖落心上的塵埃
赤裸裸的
讓月光光在身上輕撫

但 每次對鏡
都只有一支煙的時間
馬戲團團長總是催促著催促著
誰知道
有沒有小孩會忽然敲他的門
向他討糖果
誰知道
下一場表演
是否在下一秒開始
誰知道
射燈何時
又再重重打在他身上

昨天
小丑竟然妄想出走
逃離馬戲班
逃離帳幕
這笑話
比起天下最惹笑的笑話還可笑
也許
他又在發揮他的本能
看那鏡中的觀眾笑得多厲害！

「小丑總是快樂的」人們說
不錯
他一直戴著叫作快樂的面具
而且得永遠戴下去
這是他的工作
一輩子的 工作

玻璃杯

7C 陸瑩珊

迷人的七色光線
從牆外 到牆內
再衝出.....

清純的瀑布
從青空 到池中
再溢出.....
盛載著 百千般事
忠實地 顯現人前
或許會變得模糊
 會變得有了
 紅色
 黃色.....

偶而的動搖
引來感動
流下千行淚

20

風

7C 周靜怡

是你？
也許是我的妄想
我太掛念你吧！

不
髮絲
 凌亂
校裙
 掀起
我肯定是你！
 是你 才會這般作弄我！

我 滿心歡喜 回頭
可是 希望
 再次撲空

不！
差點忘了
你是懂得隱身術的

我 伸手 捉緊
 捉緊的
卻是自己的掌心

21

鹽

7C 陸瑩珊

所有的鹽
也被我用光了
全都用在
為你煮的每一頓飯裏
雖然你 一次也沒有嘗過

不要緊
不要緊
沒有鹽
我會將眼淚
一點一點
儲起
以這種獨特的調味品
繼續 為你烹調

七月的雨

7C 陸瑩珊

憤怒
在醞釀
他 逼使塵埃停滯
風 卡在枝 上
動彈不得
窗 也不敢呼一口氣
然後
幾下咆哮！
燈泡 嚇得合上眼
電視機 在顫抖
這時
他 卻一下子軟弱起了
嚎哭起來
淚的瀑布
打痛了雨傘的臉

23

七月的雨

7C 周靜怡

前一秒
妳仍是一名
 開朗少女
是誰勾起妳的傷心往事
突然一片陰霾
令我手足無措
只想妳
不要哭
不要哭

但妳晶瑩剔透的淚珠
已悄悄淌下

想為妳
撐一枝艷麗的花朵
可是
我沒有預備.....

妳便失聲痛哭.....

III

想像縦横

水的啟示

2E 董銘曦

水，常常環繞著我們的身邊：雨水、食水、河水..... 但當我們細心想，水也啟迪了我們一些人生道理。

水，大家聯想到甚麼呢？我會第一時想起雨水。雨水，可能總是為人們帶來麻煩，但是雨水會滋潤大地，使枯乾的植物重生起來。我們有沒有像雨水一樣，在人們最憂慮，最無助的情況下，去伸出援手幫助別人呢？

水，又令我聯想到河流中淙淙的河水。它們不顧一切往下流，雖然不知道前面是甚麼，但仍會繼續努力游。縱使我們常遇到挫折、打擊，但我們可以學習河水，努力面前，忘記背後，我們一定可以達到目標。

水，是生物生存的源頭。食水是我們不可缺少的一樣東西，它是很純潔的、清潔的，所以我們才會對它有信任，喝進肚子裡。我們怎樣才能得到別人的信任呢？我們要首先像水一樣，在行為上要純潔，在面貌上要清潔，這才可以得到別人的信任。

水，在火場中是不可缺少的。當消防員開動水制後，水便會勇敢地衝上去火源上，它們不怕危險，為要將所有火撲滅。我們在生活上會遇到很多困難，但我們要像水一樣

勇敢地面對，不被困難一直纏繞著我們。

水，原來也有這麼多的啟示，我們要以水為目標，這樣我們便會有更積極的人生。

街燈的啟示

2E 梁書瑤

這天晚上，我正在一條街道急步走回家。街道上一個行人也沒有，而且黑暗得伸手不見五指。我懷著害怕的心情，越走越急。忽然，一道如流水般溫柔的光線漸漸包裹了我，恐懼的心情被它安撫下來。我停下來，抬頭一望，原來，是一支我從來也不會多望一眼的街燈……

街燈總是這樣的，不問回報地給夜裡的人們送上光亮和溫暖。也許沒有人願為它停一停步，正視它一眼。但它卻從不計較，像一位慈愛的母親，用盡自己的力量去幫助每一個孩子。這種不求回報，默默耕耘的品德，實在令人感動。

每每在下大雨、雷電交加的晚上，正在家中躲在暖暖被窩的人們，想必不會留意窗外為了給仍然外出的少數人光亮，和風雨搏鬥的街燈吧！它在多頑劣的天氣下仍堅持自己的原則，不准許自己倒下去，勇敢承受風雨的折磨、雷電的威脅，依然直直地站立著，和風雨雷電繼續糾纏下去。能勇敢地堅守自己的原則，是很多人不能做到的吧！

無論任何時候，處於任何環境，街燈也總是高高在上的，仿佛不吃人間煙火的仙子般，用平靜的心去看這個雜亂的

世界。它可能處於一些雜亂的地方，但卻沒有東西能夠影響它。

在晚上，也許會有迷路的機會，街燈卻會站在路的兩旁，為人們引路。街燈就像是一大堆兄弟姐妹般，只要看到一支，就一定會看到第二支。它們永遠不會吵架，只會齊心合力地幫人，永遠都相親相愛，十分團結。

終於回到家了，正準備上床睡覺的時候，窗外的街燈再次映入眼簾。我心中暗暗地說了一句：謝謝你！

黑板的自述

2E 唐駿昊

我是由一塊很大的黑色木板造成的，身軀魁宏、龐大，表面光滑。我的朋友們都經常坐在我的手上，他們就是粉筆弟弟和粉刷妹妹。

我是老師在教學時的好幫手，老師們都時常將有關教學上的知識寫到我的身上，好讓學生們認識而獲益良多。有時候，老師更會在我身上寫出一些難題來考驗學生的能力，有些學生會很興奮地在我身上寫出正確答案，但有些學生卻會露出一副無奈的表情和為難的眼神，但是他們還是會努力地嘗試寫出他們的答案，其實答案就算是錯了，老師是不會責罰的，真是不明白他們為何這樣慌張。

我最怕的可算是同學在小息或午飯時，在我身上胡亂畫出不同的圖案，弄髒了我的身體，有些頑皮的學生更會把粉刷妹妹拋來拋去，結果一不小心粉刷妹妹便會從遠處飛向我的身體，弄到我滿臉都是灰塵。

經過一天的辛勞後，終於等待到我最開心的時刻，就是校工叔叔幫我洗澡的時候，他會幫我去除身上的污垢，把我清潔得乾乾淨淨，我真是很感謝校工叔叔呢！

咖啡可樂

6A 關錦城

究竟咖啡可樂和可樂咖啡有甚麼分別？

可樂和咖啡，兩者大相逕庭。可樂是從冰櫃拿出來的，咖啡是用熱水沖出來的；可樂是少數掌握秘方的公司的產品，咖啡是人們按自己口味沖調的飲品；可樂的形容詞是刺激，咖啡的形容詞是香濃……

但兩者最大的分別，是在每個人生命中出現的早與遲。

可樂是每個人小時候的夢想。每次外出用膳，小孩子們點的飲品，永遠都一成不變的是可樂。他們喜歡喝可樂時那像千顆釘子輕刺口腔的質感，又愛滿懷期望地等喝完後，突然反吐出來的那股帶著濃濃可樂味的胃氣，所以小孩子們曾一度相信自己永遠都不會厭倦可樂。

在人生中，咖啡比可樂出現得較遲。小時每次想嘗點咖啡，爸媽總是以「小孩子不適宜喝咖啡」為由拒絕。咖啡於是被「妖魔化」。及至長大後，在一次朋友的約會中，你終於鼓起勇氣，點了一杯咖啡。淺嘗一口，那似香又苦的味道和可樂截然不同，你在那滾燙的咖啡中回想冰凍的可樂，竟突然覺得可樂是多麼的乏味和膚淺，於是你從此捨可樂而就咖啡。

相比可樂的單調，咖啡是豐富多變的。一樣的材料，只是沖調時份量稍有分別，水溫稍有不同，杯中的咖啡便幻化出千百萬種不同的香味和口感。所以你不斷嘗試不同的沖調方法，像一次又一次歷險的旅程。終於又一天，你想到了久違的可樂，於是你暗地裡決定用可樂沖調出一杯咖啡，放心，你會得到一杯可樂般的咖啡，當然，也可能是咖啡般的可樂。

給屈原的一封信

6C 簡亦妍

久違的屈原兄：

數十年沒有寫信給你了，近來好嗎？回想當天乘穿梭機誤闖楚國，幸得你的幫助，才得免被當地的村民燒死，你的大恩大德，沒齒難忘！

現在的生活怎樣？想必和河童的大女兒過著美滿幸福的婚姻吧！生了小孩子沒有？

我如今在西元二零零四年旅行，離楚國的時代相距二千多年。在這年代，我聽到很多關於你的傳言，如你是因為不被重用，憤而投江自殺，誰知你是要跟河童的女兒成婚？更令人啼笑皆非的，是盛傳你染有龍陽之癖，和楚懷王……真過份！但不要傷心，因為大家都公認，你是個才情橫溢的愛國詩人。

還有一件事想告訴你，就是你的作品已被編作讀書人的學習範文，是不是很自豪呢？但很多學子都說你的辭章太難讀了，十分拗口。為他們的考試增添不少苦惱。也難怪，你實在太博學嘛！

我將會在這裡多留幾個月，想過過那特別的節日--「端午

節」，一個記念你的日子。人們會划龍舟，吃粽來記念你，你愛聽那熱鬧的鑼鼓聲嗎？吃過那為你而泡製美味的粽子嗎？想想也叫人興奮。

不和你多說了，下次再談吧！有空就給我回信，保重身體！

愛流浪的摯友
亦妍
二零零四年夏

昨天、今天、明天

7A 吳細敬

從前有三兄弟，大哥『昨天』，二哥『今天』和弟弟『明天』。

大哥『昨天』從來都好吃懶做，總是不肯幹正經事，愛把事情留給二哥『今天』去幹。而『今天』卻又總喜歡慨嘆地問：「為什麼『昨天』不好好去幹，要我『今天』捱苦呢？」

逼著捱苦的『今天』，一方面埋怨大哥『昨天』的懶惰，而另一方面，自己也不肯付出努力，把事情幹好。沒付出努力的『今天』就很自然地把工作寄望給弟弟『明天』了。結果，『明天』就要承受『昨天』的懶惰和『今天』不努力所帶來的後果。

其實，現實生活也不過如此，每個人都有昨天、今天和明天。很多人都為昨天所作的事情或安排而後悔，但是當今天的他們承受苦楚之際，還不懂得去反省，去改過，最終受苦的也只是明天，那就是將來的自己！

金莎的聯想

7C 陸瑩珊

披著耀眼生輝的金箔斗蓬，他，在深啡色寶座上，擺出高貴的姿態。在金光璀璨之下，隱藏了一整副武裝，像刺蝟般的身軀，看似倔強，卻掩飾不了他的懦弱。當一點點熱情把他融化，便會發現脆弱的軀殼，包裹著軟軟的，不敢流露的情感。正等待別人細味他甜膩的溫柔。

不需為層層遮掩下，那顆堅硬結實的內心而感到詫異，這並不是他冷漠的表現，而是他對愛情的堅貞，與一份送給有情人小小驚喜。

明朝愛國將領于謙的《石灰吟》：

千錘萬鑿出深山，烈火焚燒若等閒。粉身碎骨渾不怕，要留清白在人間。

這是一首托物言志詩。作者以石灰作比喻，表達自己為國盡忠，不怕犧牲的意願和堅守高潔情操的決心。

作為詠物詩，若只是事物的機械實錄而不寄寓作者的深意，那就沒有多大價值。這首詩的價值就在於處處以石灰自喻，詠石灰即是詠自己磊落的襟懷和崇高的人格。

首句“千錘萬鑿出深山”是形容開採石灰石很不容易。次句“烈火焚燒若等閒”。“烈火焚燒”，當然是指燒煉石灰

石。加“若等閒”三字，又使人感到不僅是在寫燒煉石灰石，它似乎還象徵著志士仁人無論面臨著怎樣嚴峻的考驗，都從容不迫，視若等閒。第三句“粉身碎骨全不怕”。“粉身碎骨”極形象地寫出將石灰石燒成石灰粉，而“全不怕”三字又使我們聯想到其中可能寓有不怕犧牲的精神。至於最後一句“要留清白在人間”更是作者在直抒情懷，立志要做純潔清白的人。

于謙為官廉潔正直，曾平反冤獄，救災賑荒，深受百姓愛戴。明英宗時，瓦剌入侵，英宗被俘。于謙議立景帝，親自率兵固守北京，擊退瓦剌，使人民免遭蒙古貴族再次野蠻統治。但英宗復辟後卻以“謀逆罪”誣殺了這位民族英雄。這首《石灰吟》可以說是于謙生平和人格的真實寫照。

給香港的一封信

7C 陸瑩珊

親愛的香港：

你好嗎？我知道你生病了好一段日子，現在好點了嗎？唉！如今的病菌真是厲害，無處不在，累我很擔心呢！

我知道你身體一向不錯，本質是沒有問題的，自你出生以來，成長都很順利，不過怪就怪天公不造美，經常要你大病一場。還記得「貪念」和「投資誘惑」這兩種病菌嗎？它們曾經肆虐，但你卻不知道要防範，輕視了它們的嚴重性，令這兩種病菌變種，變成了「金融風暴」，幾乎拿了你的命。你不慎墮入了它的陷阱，很多人也以為你必死無疑，為了對你這個可怕的病，你還差點耗盡所有金錢。不過幸好，你也沒有因此而一蹶不振，反而吸取教訓，漸漸對它有抵抗能力，病情也好轉起來。

但是後來，有一段時間，很多微小的病菌像約定似的，同一時間偷襲你，令你在毫無防範之下，又再病倒了。你的血液裡，「失業率」指數不斷上升，而且沒有回落的跡象，實在很令人擔心。你的肺部受到嚴重污染，快要失去功能。你身體裡的活躍細胞也相繼死去，那些細胞好像叫

作甚麼「明星」是嗎？聽說有維繫人心的作用。還有，你身體的機能控制系統也出現問題，別人稱這為「政治滑落」，甚至有人說你得了「驚恐症」！我當時是多麼害怕你會一睡不起！畢竟你是陪伴我成長的啊！不過，憑著信心和勇氣，以及你的意志力，你又再一次從幽谷中爬出來，你是多麼了不起啊！

還有一次，說起來也心寒的超級病毒，你還記得嗎？「沙士」這個病，是世界首次發現，沒有人知道可以怎樣辦。醫生、護士也不斷發掘治療這病的方法，無奈你染病的程度相當嚴重，很多細胞也死掉，連一些主動醫治你的醫生，甚至清潔工人也無辜離世，實在令人傷感。

不過即便如此，這個病使人認清你真實的一面，看清你美麗的心，是那麼真摯。你又再一次憑著堅定的意志，打低了「沙士」這個病，還使身體更強壯、更頑強。

你應該為自己的堅強而感到驕傲，每一段生病的經歷，都令你更加成長。不要小看你自己啊！有時我們的能力，會超乎想像以外，為我們帶來額外的驚喜啊！不是嗎？像「沙士」一疫，或其他病的煎熬後，你仍然屹立不倒，還贏了不少人的讚嘆和欣賞，不禁誇獎你無窮的生命力。你得到的不止是健康，而還有如雷的掌聲。

我想你的身體已經日漸好轉，聽說近期，你的遠親「南亞」也得了重病，很需要別人的幫助，而你立即伸出援手，扶持他，你能做的都全為他做了。看！又再一次證明，你的潛力是無限的，只要你有效的發揮，病，只是對你的一種考驗，那怕是從前的病毒重臨，或是有新病毒入侵，我相信你定能一一擊退。縱使你曾經千瘡百孔，但今天都已經修補好了，我相信復原的日子離你不遠矣，而且你還會比以前更美好！前途將會一片光明！努力吧！共勉之。

祝
早日康復

愛你的
香港人上

IV

生活點滴

漫步南山路

2E 鄭鋒

南山路——個大家都十分熟識的地方，但是，大家有沒有停下腳步，看清楚南山路周圍的環境呢？南山路有很多大家平日沒有留意到的地方。今日的中文課，我們就到了南山路去看清楚，讓我為大家介紹一下南山路的四周環境吧！

一出校門，就是大家平日上學的必經之路——棠蔭街，我們向著大坑東的方向行，左邊是一間又一間的學校，加邊是一座座的房屋，有新有舊，住在那裡的大多是老人家。在清晨時份。不同學校的學生都忙著上學去，去學者知識；而老人家們又會到球場去晨運，有的打球、有的成群結隊跳舞..... 中午時份學生們都去吃午飯，街道上十分熱鬧。吃過飯後，街道上又回寧靜。傍晚時份，學校都放學了，有的學生在球場上打球，十分熱鬧。在這條棠蔭街，一邊是生命的開始，一邊則是接近生命結尾，這十分特別。

之後我們又到大坑東道中，兩旁都是一些公共屋村，那些房屋有新也有舊，有的房屋已經空置，快要被清拆；有的只是近年建成，設施較好。在那些屋村下，有一些地下商鋪，有琴行、眼鏡鋪、美容中心..... 有的地下商鋪因大廈

要清拆，所以已經人去樓空了。當我站在三個屋村的中央時，我看到大廈都在不斷演變，地方不斷地變，人也不斷地變。

最後，我們去到大坑東道尾。當我站在那裡時，前面就是香港城市大學，在城市大學再走過去，有一棵很大的榕樹，那棵榕樹已有數十年的歷史，在沒有城市大學之前已經存在。再向遠處一看，就會看到很多私人房屋，那些私人房屋十分豪華，設施十分齊全。那一棵大榕樹記載著很多建築物的歷史。在返回匯基書院時，途經大坑東道中，我們向後一看，就是獅子山山景，獅子山下就是九龍區我由小到大就是住在九龍，獅子山記載著九龍的演變。

大家不妨在繁忙的生活中，把腳步停下來，看看四周的新興建築物旁，有沒有一些珍貴、歷史悠久的事物記載著的一些珍貴歷史。

漫步南山路

2E 唐駿昊

每天上學我總是匆匆忙忙的經過這條南山路，實在沒有時間停下來看清楚這條路四周的景物。直至有一天，在午膳的時候，當我經過聖道中學、寶安小學和大坑東邨時，才發覺兩面的環境極為不同，學校的一邊充滿著學生的聲音，而屋邨的那一邊則鴉雀無聲，寧靜非常。

當我走出棠蔭街後，看到這裡的食肆林立，有不同種類的食物可供選擇，例如中式的酒樓、西式的餐廳、快餐店等。無論是在這居住的，還是上班、上學的一族都能選擇到他們喜愛的食物，真是各適其式，而我便選了一間餐廳吃午飯。

吃過午飯後，我便往大坑東道漫步。我發覺該道兩旁有各式各樣的店舖，有賣眼鏡的，有賣麵包的。在途中遠眺，竟然能看到獅子山，它仿似俯視著整個九龍，守護著我們，非常壯觀！

再往前走，我便到達了南山村道，一幢宏偉而先進的建築物就在眼前，原來是城市大學。

我繼續向前行，我又看到遠處樓層不高的又一村，它是一些高級住宅。雖然它與南山邨只是一街之隔，但卻是天

淵之別。

這次漫步南山路，不但令我能看到這麼美麗的景色，更令我對學校四周的環境更加認識。

一處令人懷念的地方

2E 梁嘉恩

輕輕地把左腳踏入一步，雙眼合起，深深吸一口氣，當嬌小的葉子被頑皮的微風吹起時，它用那全黃色的身軀輕碰我的面，像對我說：「歡迎回來！」

一對熟悉的大門，一塊懷念的電子報告板跟我擦過後，看到的，是一張張陌生，但純真、快樂的面孔。在他們背後，是禮堂、操場和小花園，一些有著我小時在學校的快樂回憶。

當我走到操場的盡頭，踏完那漫長的樓梯，把掛有回憶的課室門推開後，看到課室內的每一張桌子、椅子，都像坐滿了學生，冷氣機的雜音就像學生們的談話聲；放滿簿子的教師桌、寫滿文字的黑板，有如老師正在講課的樣子，老師那生動的教育方法，令滿有書卷味的課室增添不少快樂的笑聲，看看牆上的掛鐘，如夢初醒，帶著沉重的腳步向門走去。

我小心翼翼地把那沉重的大門推開，向外踏了一步，再次合起雙眼，深吸了一口氣，這次沒有嬌小的葉子，只有無情的冷風把我心中的回憶慢慢吹走了，我的身軀感到輕浮起來，並張開那細小的翅膀，被黑暗中那小小的光引導我到另一處光芒四射的地方。

野菊花

2E 黃志貴

你可看過滿山遍野的野菊花？那你又可喜歡滿山遍野的野菊花呢？或許你們並不喜歡一朵朵極小極小的黃花。因為它的樣子並不惹人注目。

但我卻特別喜愛野菊花。記得我家鄉的不遠是一座小山，每年到了秋天，去到小山上，就可以看見滿山盛開著黃澄澄的野菊花。它那像手掌的小葉襯托著那小小的黃花，就像一個可愛活潑的小女孩，可愛極了。雖然它只是一棵普通的野草，開的花平平無奇，並不吸引，顏色也不鮮豔，而且花朵太小了

雖有芬芳，但卻很淡很淡，並不撲鼻。但菊花的美，不再於它的外表，而是再於它的眾多。每年秋天一到，滿山遍野都是一片黃烘烘的野菊花，空氣中瀰漫著一陣淡而不俗的清香。野菊花的美還在於它有頑強的生命力，在山野上、石縫上.....像野草一樣只要有泥土、陽光、水份它便可以生長，不需要人關心，不需要人照顧，不像其它花一樣，要園丁天天澆水，若不澆水便會枯萎死亡。到了深秋初冬時節，百花凋謝，野菊才展現輝煌，由此可見，旺盛的生命力和不喜歡競爭，只喜隱居於山上，讓愛菊者欣賞是野

菊花顯著的特點。

菊花不單只是給愛菊者欣賞，而且可以作藥材。菊花不單可用來消炎止血，而且能清熱敗火，治感冒，清肝明目.....更可以泡茶喝，味道香甜，清甘潤喉，是有效的解渴良茶。

野菊花雖小，雖不惹人注目，但它卻從不計較，依然無私地向我們貢獻它的一切，我愛它的平平無奇，愛容的不屈不撓，愛它無私的貢獻，它的一切令我明白人生路上有很多不如意的事，但我們依然要堅強地活下去。

升讀中二之後.....

2E 鄧怡茵

[鈴.....] 連續幾聲像 [催命符] 的鬧鐘鈴聲匆匆吵我起床，就在我還沒完全清醒的時候，他已經乖乖地收起了那些吵鬧的叫聲，於是我又 [撲] 的一聲又回到床上去了。[滴答滴答]，時間過得真是快，我的第二度鬧鐘又叫我起床了。不過，這次我再不敢 [賴床] 了，因為她實在太厲害了，只要輕輕說出三個字——遲到了，我就已經急急地跳下床，習慣性地看一下鐘，然後一溜煙的奔向洗手間，當然，我這張嘴巴一點也不浪費時間地說：「糟透了！媽媽，為什麼不早點叫我起床？」於是，我開始了中二的第一天。

看著這間被我違忘已久的中學，真是百般滋味在心頭，往日的情景不斷在我腦海浮現，同時亦知道這些回憶都已成過去，展望我的是我全新的未來。所以我撇撇頭，拋開一切的煩憂，全心全意地面對我中二的生活，況且，如果我繼續在校門前發呆，迎接我的不是未來而是記名了.....

[呼.....呼.....] 雙腳還沒到達四樓，我早已氣喘如牛，想到以後中二的每一天都要這樣 [挨] 上來，好不容易才建立的自信心一下子就倒塌了，突然感到自己的懦弱，中一時也有很多艱巨我都一一過，為什麼現在這小小的挑戰竟膽

怯呢？所以我深呼吸一口，便抖顫地開門，迎面而來的，就是我的一班同學，老師及未來的中二生活。

我的童年

2E 梁嘉恩

微笑、搖頭，是回想起童年時的表情。小時候的我，是一個非常活躍的小孩，整天精力耗不盡、用不完。

因為我出生於中國內地，所以小時候的居所比現在大多了，而且還有一個小花園，既然有這麼大的「遊樂場」，我這個「遊玩好手」當然也不會錯失時間，整天都東玩玩、西看看，就連吃飯時間也不放過，所以婆婆只好拿t著飯，一邊追在我後面，一邊哄我吃飯，現在回想起，婆婆也十分辛苦呢！

當來到香港，我遇到改變了我一生的兩個人——姨丈、姨媽。剛跟他們同住的我，仍存有那貪玩的心，對他們那些嚴厲的「家規」從不聽從，如他們不准我吃飯時看電視，我就看表哥眼鏡上的餘影；他們叫我溫習，我就嚷著要表哥跟我玩，總跟他們作對。但我也有「聽話」的一面呢！就是他們說我眼睫毛長，所以十分懶惰。當時，無知的我竟把這話當真，還「聽言即行」，把眼睫毛剪了一半呢！當然，最後給他們罵了一頓，當時的我是多麼的天真。

我在學校還頗威風的，我班中有一個小小的幫會，幫會雖小，但人數也有十五人之多，而我擔任地位較高的老二。

這幫會的活動就是小息時在操場上集體玩耍，活動總離不開小學的玩意，如「猜皇帝」、「痴牆」、「零零七入子彈」……因為小息只有短短十五分鐘，所以每次當我們玩到興起時，不知趣的鐘聲就會響起，學校規定小息鐘聲響起後，全校學生就必須停止所有活動，不，是停止所有身體動作，但我們餘興未了，怎麼辦呢？當然，我們這些「百厭星」不會錯過玩耍的機會，總特意擺出惹笑的姿勢，這樣也令我們樂透半天了！

活著就像坐倒頭車，愈遠的景物，就愈清晰，愈令人值得懷念。童年給我的回憶實在太多了，就算用千萬字也不能一一盡錄呢！

我的童年

2E 董銘曦

今天是學校假期，我獨個兒在家中閒著無聊，於是我便拿出小時拍下來的照片看，回憶一下我的童年，原來我的童年是多麼可貴的啊！

時空一轉，回到十年前.....「哈！哇！哈！」一陣笑聲打破了寧靜的環境，原來有一班幼兒園生正在玩耍，當中也句括我在內。我正快樂地跑來跑去.....

在幼兒園時令我印象最深刻的就是幼兒園的畢業禮，我還記得我當時在台上帶領全部觀眾祈禱，上台領獎，和上台朗誦。這些片段，真到現時仍深深刻在我的心上。

接著，我回到了六、七年前，一陣柔柔的小提琴聲進入了我的耳朵直入到我的腦袋.....

在我小學時一年級，我已經學會了小提琴和鋼琴，在旅程中也有磨練，挫敗，但我小時候已認定了音樂是我生命的一部份了。

我翻了另外一本相簿，相簿內都是我和家人的旅行照片，我回想起，我也到過很多地方：日本、加拿大、印尼等的地方。

時空又一轉，這次我飛到加拿大，我小時候去旅行也不

想跑來跑去玩，所以這次我也不例外，我坐在電視機前面，吹著風扇，得舒服，眼看姐姐和表弟等人在外面玩耍，我心裡反而覺得他們在陽光下和天氣十分炎熱的時候，在空地上跑來跑去，回想起，我真是笨！

請看看，我小時候就是這樣非常文靜，不喜愛運動，所以小時常被別人當作我是女孩子！

回憶到此為止，但我的記憶不會就此中斷，我要吸取小時的經驗和教訓，繼續努力面前，為要得到更美麗、更可貴的回憶！

我的名字

2E 張添恩

我的名字叫張添恩，一看就知其意，但改此名時，是有一段故事的.....

在我還沒出生的時候，我爹就希以後可以有一個女孩子，而我娘這挺喜歡女孩。所以他們倆就常向上帝祈禱，希望賜他們一個女孩。但起初，照超聲波時，醫生說像是一個男孩，我爹娘就有點失望。之後每天更成心地禱告，希望上帝能達成他們的心願。

結果，在我7個月時，我爹陪著娘再去照一次超聲波，醫生大人的驚奇，伴隨著爹娘的歡呼聲，從醫院散發出來.....

十個月後，我娘就生了個「黑黑胖胖」的小女孩，即是我。他們說我是上帝賜給他們的禮物，添加了這個家的恩典，加給了他們無數的歡笑，所以「添恩」就這個意思。

而我的英文名字，「珍妮」(Jenny)也是我一出生，爹娘就給我改了。「珍」代表珍貴，而「妮」在中文裡代表女孩子的意思，因爹娘知我來之不易，所以我的英文名字就由此而來。

希望我能如我的中文名字所願，為這個家，為所有的一切，在主耶穌的看顧下，添加更多的恩典。

我的名字

2E 鄧淑娟

醫院裡又有一嬰孩剛呱呱落地，這孩子的父母雙倚偎在一起，看著他倆的結晶，爸爸若有所思地看著這剛出生且有八磅重，身體渾圓的女兒，想著：她一出身就有八磅重，難道以後會有幾百磅。為人父母者，當然望子成龍，望女成鳳，我的爸爸也不例外，他當然也希望我將來是一個最美好、溫和、善良、賢良淑德和娟秀美麗的一個可人兒，所以我爸就將我的名字改做淑娟，希望我人如其名賢淑清麗。

這個名字每天時時刻刻提醒我要像一個淑女，可是我就一點也做不到，因為我一見到不平的事就會破口大罵，一點也不像個女孩，但我也不負爸媽對我的期望，現在也尚算娟「瘦」，雖然我的樣貌和姿色比不上很多人，但我會盡我最大的努力去孝順他們，讓他們領會到，雖然我不可達到他們的期望，但也是他們世上唯一的好女兒。

三月八日（星期六）

5B 張豪翔

今天早上發生的那件事，令我深深體會人生的意義。清早，於床上輾轉反側，心緒十分不寧。一會兒，收到一個從遠方的來電，等待著我的，卻是電話裏的哀嚎。

我親愛的「大肥叔叔」已悄悄的離開了我們！早前，叔叔因中風入院。出院後，我們都以為他早已康復，不料短短數月內他已仙去。大家收這個消息後都十分愕然，家人整天都在談論著叔叔的往事。

「大肥叔叔」一名的由來是他有一個如酒瓶般的大肚子，個子亦甚粗壯。他能煮一手好菜，十分注重飲食，有豐富的人生經驗，也是最疼愛我的人，常陪我耍樂、大談他的際遇，他和我爸對飲時總是千杯不醉，是我幼時的「英雄人物」。最令人難忘的是他那最能感染人的笑容，大伙兒在他的影響下都變得樂觀起來。

對於他的長逝，我並沒有感到悲傷，只猶如生活失去一部份，一種顏色從生命中溜走，大家都不想接受這個現實，卻也只得無奈地默認，人生之大限，真的是不可強求的。而他那樂天知命的性格間接地影響現今的我。人死去不等於一切變成空白，總會有一點的东西遺留下來，這才是人

生的意義。

人生如夢，生命是一去不返的，這令我領悟到當人知道自己大限將至，所做的事都不會再是浪費時間，也不會為自己留下任何的遺憾，以有限的生命做無限的事情是沒有可能的，只有把握現在的機會，珍惜身邊的親友，沉溺於和他們相處的親情之中，努力生活去聯繫過去和未來，於別人的腦海中留下一點點的記憶，只有這樣做，才能把生命留在時間的永遠洪流之中，才是我們曾經活過的證據。

海嘯

5C 吳惠霞

二零零四年的十二月二十六日，是一個令人難忘的日子，一個南亞居民不能忘記的日子。因為這天發生地震所引致的海嘯為當地帶來嚴重的破壞，為當地的人民帶來一個難以磨滅的回憶。

在那天的早上，發生的地震引致嚴重的海嘯，對南亞地區造成重大的傷亡，這次世紀災難引起各地的傳媒紛紛報導，在報章上，電視上，一幕幕災難發生的情景重現眼前，是那麼的真實，彷彿身臨其中。在電視上看見一個又一個巨大的海浪向岸邊湧去，彷彿一條鯨魚向獵物張開大口，將一切在岸上的人、建築物都吞下去，成為牠美味可口的早餐。人們的慘叫聲，呼天叫地的哭聲都阻止不了海浪對岸上所進行的侵略。海浪完全漠視這一切，依然我行我素，不斷對這無助的小島作出侵略。在剎那間，岸上熱鬧的一切瞬間消失得無影無蹤.....

翌日的報章都以此為頭條新聞，一幅幅海浪沖擊的照片，一個個親人尋找家人的無助表情，一幕幕親人抱著屍體，向天呼叫的情景，一個個絕望的眼神，一堆堆傷亡損失的數字..... 這一切一切都訴說著這次天災所帶來的傷害、損

失，及一個不可磨滅的印記。

這次的天災為世人帶來了震撼，使人民醒覺，令他們更加珍惜所擁有的，令他們在災難之後懂得去幫助別人，讓受災的人感受到這個人間仍有愛，仍有溫暖。也令我知道——生命，原來是很脆弱的。讓我反省生活上的一切，使我知道應該好好珍惜眼前擁有的一切，包括我的家人、朋友及讀書的機會，亦令我明白到自己原來已經擁有很多，生活已經很幸福。更認識「施比受更為有福」的道理。最重要的是，我知道人間是充滿希望，充滿溫暖，充滿愛。

鑰匙

6A 關錦城

每一根鑰匙背後，總配有一把鎖，所以每根鑰匙的意義，並不只是一片金屬，重要與否，要看它保護的是什麼！

就是因為鑰匙背後隱含無限的可能，不少人為之著迷，都希望擁有一根屬於自己的鑰匙。

還記得小時候，每次和父母外遊歸家，望著那高不可攀的門鎖，看著爸爸緩緩地從口袋裏叮叮噹噹的掏出一串鑰匙，然後熟練地把大門打開，接著弟弟總是嚷出窩心的一句「回家了」。每次看到這景象，我便打從心底地希望擁有家門的鑰匙，然後親手為家人打開那通往幸福的大門。

於是我不斷央求媽媽給我一串鑰匙，不知是她耐不住我的纏擾，還是她覺得我真的需要，最終，給我配了一串家門鑰匙。自此，我一天一天地長大，擁有的鑰匙也越來越多，每一根都有其不同的含義：房門的鑰匙讓我擁有一個私人的天地；儲物櫃的鑰匙讓我取出我的課本；日記本的鑰匙讓我打開一個又一個心靈的故事.....

隨著我的鑰匙越來越多，每一次從口袋裏掏出那串鑰匙時的響聲也愈趨複雜多變，越來越像我爸那一串的聲音那曾經在我童年時呼喚過我的響聲，所以，我始終對那些繁

複雜的保安技術沒什麼好感。我清楚知道，如果有一天我口袋的鑰匙被一串串虛無的密碼、一個個醜陋的指模所取代，那麼每次我伸手進那空蕩蕩的口袋時，我將惘然若有所失，因為我失去的不止是我的鑰匙，還有那陣如風鈴般清脆的響聲。

鑰匙

6A 王美紅

小時候，我曾多麼渴望能夠擁有一把屬於自己的鑰匙。於我，它是自由的象徵，是成熟的認可，也是決策權的記號。

家中，除了爸媽，姐姐便是唯一一個能擁有家門鑰匙的人。那時年紀小小的我和弟弟是多麼羨慕姐姐，心裡在想，究竟甚麼時候才能擁有自家的鑰匙？小時候，沒有父母批准，是不可擅自離家出外的。也許，是因為這樣，那就更渴望能有自己的鑰匙，這樣我便可以自由出入。當爸媽交給我鑰匙，即表示對我的一份信任和肯定，代表我成長了，能夠承擔保管鑰匙的責任。

後來，我擁有的第一把鑰匙，竟不是門匙，而是一個抽屜的鑰匙。但原來擁有一把如此細小的鑰匙，卻已能令稚小的我充滿著無法言語的歡喜。我立刻把自己最愛的一切小玩意都放進抽屜。這抽屜載滿了我的最愛及秘密。這兒是我的私人空間，沒有我的許可，誰也不能打開。是的，我發覺當我擁有一把自己的鑰匙，那即表示我有一個屬於自己的天地。

現在，我已擁有一把家門鑰匙，代表我真的長大了，自

由、空間也擴大了。可是，隨著自己的成長，我又會思考更多…我在想，究竟我生命的鑰匙又是甚麼呢？它會為我打開個怎樣的天地呢？也許，生命是有著許多不同的鑰匙，在我人生不同階段出現。現階段，我找到一把生命的鑰匙知識。我知道這把鑰匙能把我生命的空間擴大，更是打開我夢想之匙。

我夢想能以自己的生命影響生命，而空想卻是沒用的，我必須有一定的能力、才幹，才能作個有影響力的人。而知識就能幫助我增強自己的能力，開拓思維，實踐我夢想的起始之匙。

能夠找到生命的鑰匙，比起擁有門匙，那份喜悅是無可比擬的。

鑰匙仍是我所渴望，我所喜歡的寶貝。

中六

7C 周靜怡

期待已久的旅程終於展開了！由於這旅行團名額有限，而且一直深受廣大中學生歡迎，我亦花了三年時間去爭取參與的機會。今年，我終於如願以償呢！而且能與我的好友一起踏上這奇妙之旅，更令我亢奮呢！

記得出發前一晚，心裡的興奮把睡意全都掩蓋了，結果.....我的眼下便多了兩個眼袋。但我仍是精神充沛地迎接這美妙的旅程。

到了集合地點，早已坐無虛席，但我只看到一張張白濛濛、陌生的面孔，害羞的我只好將視線投在熟悉的好友身上。來自五湖四海的團友卻主動地自我介紹一番，終於我也被他們的熱情融化，開始與他們交談起來。

在旅程尚未開始之先，領隊先與我們玩了些遊戲，拉近團友間的距離，幫助我們認識團友的名字。而在旅遊車上，大家已熟悉了不少呢！大家亦只顧談天說地，無暇欣賞沿途明媚的風光，因為大家深明這旅遊車正載著我們向一片更光明的樂土進發。

但由於前往樂土的路途險要，旅遊車不能直接載我們到那裡，我們要依靠自己的能力繼續前進呢！起初，大家的

確是有點怨言的，可是為了理想，只好硬著頭皮步行前進。

雖然，同是一條路，但我所遇到的障礙卻比團友的多……這崎嶇難行的路，更使我墮後，遠離團友。挫折重重，信心亦崩潰了，腦海不時浮現放棄的念頭。此時，我的雙眼已通紅起來，步伐亦開始放緩，不禁蹲在路中痛哭……

當我真的認為自己再沒有力氣撐下去時，一班團友，早已向我呼喊，鼓勵我向前邁進，使我重新振作起來，奮力地追上他們。

現在我仍能與一眾的好友一起步向樂土，一起作伴，一起前進，一起經歷旅途上的樂與悲，並用心記下沿途的一切及感受，讓這旅程成為我日記中最美好的一段回憶。

（寫於中六升中七的暑假期間）

平凡的爸爸

7C 陸瑩珊

四周洋溢著歡樂的氣氛，又到了一年一度的農曆新年，街上的人都華衣美服，一片喜氣洋洋，鮮艷的紅色隨處可見，而我卻穿上一身素服，臉上沒有一絲笑意，走在繁華鬧市中，前往探望我親愛的爸爸。

每次見到他，都總是笑著，一年四季總是笑著，但當我凝視他的眼睛，沒有焦點的目光，是多麼不實在、多麼遙遠。每次見到他，我總會對他說很多話，說說近來的生活、工作的煩惱、小時候的趣事等，就如以前一樣，但他總是不語。爸爸，你聽見我說話嗎？

爸爸是一個不平凡的人，他更是萬能爸爸，電腦、英文、數學無一不精，我在功課上的難題，他都能一一解答，他的針黹和廚藝也一點不弱，閒時甚至下廚弄好些撚手小菜。爸爸個子不高，卻有一個大肚臍，我總愛擁著他肩膊上的感覺，到現在也不能忘記。我的「多功能」爸爸十分活潑，假期時總會帶我和妹妹到遊樂玩耍，甚麼摩天輪、過山車，他都會陪我們一起玩，累了，便一起吃棉花糖，像個大孩子般。爸爸好像有異常的能力，經常能發掘一些新奇有趣的地方和玩意，更不會阻止我們吃薯條，因為他自

己也是個饞嘴的人。

爸爸又異常的幽默，經常說笑話，逗得我們笑得人仰馬翻，還會為我們改「花名」！有時放工回來，總會說：「朕回來了。」然後我便會拿拖鞋和報紙到他面前，說一句：「皇上慢用！」有時他出外飲宴，穿西裝襯衣，非常隆重，我們都會大聲說：「很帥呀！」逗得他笑得合不攏嘴。頑皮的我們還會為他改了一個不平凡的暱稱——「爸B」。

爸爸的不平凡，是因為他有不平凡的知識、不平凡的童真、不平凡的幽默，也因為，他不平凡的心臟病。他與別不同的是經常要到醫院覆診，但笑臉背後的辛酸痛苦，小時候的我又怎會知道？小時候的我以為爸爸不平凡都是理所當然，天真的我怎會為這些平凡的事而滿足？但，誰知道有一天，他會突然消失，誰知道他會突然離開了？難道不平凡的爸爸又有不平凡的能力，懂變魔術嗎？

忽然覺得不需要一個不平凡爸爸，只想要一個平凡的爸爸，過平凡的生活，每天一起吃飯、談天，甚至只陪在我身邊就足夠。不需要一個有求必應的爸爸，只想要一隻溫暖的手牽著我就滿足。不需要華衣、大屋，只想要物質以外的，一句問候、一句讚美已經足夠。原來平凡的事，在愛和感情下都會來得重要。平凡的，原來，都值得珍惜，想有平凡生活也不是理所當然的。不過，一切已經太遲……

我站在墳場裡，四周冷冷清清，一片寂靜。當然，新年時份誰會到墳場？太不吉利了吧！但做女兒的，在父親死忌能有不來的藉口嗎？我上了香，撫摸爸爸黑白的臉，縷縷輕煙刺激我的眼睛，漸漸地，眼前模糊、濕潤了……已分不清是被煙燻痛了，還是……

平凡的父親

7C 周靜怡

生活在這繁忙的城市裡，父親為維持生計，終日奔波勞碌。雖然每天回到家裡，我都能看到父親坐在沙發上，可是，每次當我注視他時，他總是害羞得用報紙築成一道牆，不讓我看清他的「廬山真面目」。

回想小時候，每逢假日，充滿活力的父親總會與我結伴，到球場玩樂，並把他精湛的球技傳授給我。雖然最終未能名師出高徒，但在這些日子，我與父親的距離是最近的。然而，這些日子已變得遙不可及了。

直到一天，由於父親要換取智能身份證，媽媽便要求我幫父親「染髮」。對於這個突如其來的要求，我當場被嚇倒，因為父親才正值「壯年」，根本沒這個需要。但這是媽媽的吩咐，我還是照辦吧！在「動工」時，看到父親原本烏黑的髮絲，大多已被銀白色蠶食了。我不禁揉了揉我的雙眼，心裡懷疑是燈光所造出的特別效果嗎？當我再張開眼睛，這些特別效果還是沒有消失，此時，我才驚覺媽媽的用心良苦，心裡亦不其然感到陣陣的酸溜溜……

為掩飾歲月催人的痕跡，我特意邀請了一位法力高強的魔術師——黑色染髮劑。它在瞬間便把父親所有銀白的髮

絲，全都淹沒在深黑的大海裡。

縱使我已小心翼翼地為父親塗上一層又一層的染髮劑，可是父親不停地咳嗽，最終它還是流到父親的額上。雖然它由一條小坑流到另一條小坑，但這次它的法力並不能消磨匆匆歲月為父親留下來的「軌跡」。

我盯著染髮劑「路軌」行駛的方向，眼珠沿著它一直走，走到一雙疲累不堪的眼睛前，我還看到雙眸下多添了兩個暗黑的小袋子。為免它流進父親的雙眼內，我便叫父親到洗手間清洗。

在等待的期間，洗手間不時傳出咳嗽聲。當父親出來時，我便跟隨染髮劑盒上的指引，完成餘下的步驟。看到父親回復昔日的青春氣息，果真神氣了不少！相信如能驅走疲累，更能顯出父親神采飛揚呢！

當我完成任務，我便滿懷成功地走進洗手間，清洗已弄污的雙手。突然，我看到馬桶內有紅色的污漬，身體不禁顫抖起來，原來父親的病痛是這樣嚴重。

幸好，這只是一場誤會。但這使我明白到，雖然我能在「表面」上幫助父親回復青春，但我卻不能替他抵抗病魔的折磨，甚至是.....

風

7C 李為賢

老師說：「每當空氣流動，便會形成風……風的出現，可說是偶然，沒有人知道風確實形成的地方、時間，以及風的去向……它瞬間出現，頓然消失。」

聽老師所言，「風豈不是浪子嗎？」沒有一定的往處，沒有確定的去向，然卻帶來不多不少的影響。在我而言，風只有兩種，一是微風，二是暴雨。微風於科學書中是一種植物傳播種子的途徑，於中文課本中則每每代表生機，「野草消不盡，春風吹又生」在我心中，則是一樣可化解心頭煩憂、鬱悶，使人心舒暢的良藥。

而寒風則是代表破壞，不論上天、下海、陸地上的一切都會因而受到一定程度的損害。它有時還會聯同雷和雨於周遭弄個翻天覆地，很不受歡迎。

風有好有壞，有時候能重整心靈，有時候卻令人煩厭，但由於風是天然現象，人仍然未有能力、辦法，制止它的出現或控制它的強弱，只好由它繼續地自由往來。雲和雨雖同樣是天然氣象，但亦逃不過風的玩弄、操縱，雲會因風的吹襲時聚時散，雨亦因風的強弱時大時小。

風的獨來獨往亦表徵著它是大自然「大阿哥」的本色，

大地因風而變得生氣勃勃，小草因而發旺，樹木欣欣向榮，大地亦會因風而變得凋零、衰敗，正因如此，風亦可喻為人生的一切遭遇，有好的影響，也有壞的。

人生總有順風順水，風平浪靜，也有風雲變色的時候，躲不了，亦止不住。

不需為層層遮掩下，那顆堅硬結實的內心而感到詫異，這並不是他冷漠的，表現，而是他對愛情的堅貞，與一份送給有情人小小驚喜。

中秋節的聯想

2E 梁書瑤

中秋節，這個節日總讓人產生無數聯想、無數傳說。但最廣為人知的，卻非嫦娥奔月莫屬。嫦娥奔月的傳說不但教導人不可貪心的道理，同時亦是個令人感動惋惜的故事！從我知道這個故事開始，就一直在想：嫦娥固然貪心，但她已受到了應有的教訓啊！為何就不能讓她從月宮中解放出來？所以，我一直認為中秋節應該是個悲傷的節日。但是，十分矛盾地，我每次也是開開心心地度過中秋的。因為，看著五花八門的燈籠，任誰也悲傷不起呢！而且，中秋節不是一家團聚的大好日子嗎？想到這裏，也就有點難過，我在歡歡喜喜的和家人賞月，嫦娥卻可能在月宮對著兔子孤獨流淚啊.....

除了嫦娥奔月的傳說外，每次吃月餅的時候，也令我想起另一個歷史故事。每次一想起這個故事，也令我對古人的機智佩服得五體投地！竟然能想到在月餅中藏紙條來通知人民何時作反，實在巧妙！

V

各杼已見

自由

2E 林家輝

自由，甚麼是自由？很多人認為是想做甚麼就做甚麼，但事實告訴我們那叫放縱，那甚麼是自由呢？許多聲音告訴我們自由是有規矩限制我們的情況下做想做的事，可做的事，而且必須承擔在享有該自由而要承擔的義務。例如在學校電腦室使用電腦時，我們不能玩電腦遊戲。某些人說：「我們有玩電腦遊戲的自由！」可是別忘記學校電腦室是供同學做電腦科或是其他需要用電腦的科目的功課，不是用來玩遊戲的。某些人要求有新聞自由，卻用新聞自由的藉口損害別人的私隱，侵犯了別人不公開自己私隱的自由，顯然，這並不包括在新聞自由內。因此，可看到自由乃是由一套價值觀，一套社會倫理所約束，而且該價值觀必須合理，合法，至於人們定立這套倫理價值觀的約束範圍，到達一個甚麼程度，則要看群眾的智慧、信仰等.....

這是我們的自由，神給予我們的自由，不過神會在世界的末後審判一切的好壞就是了。如《聖經》所說，那一天會像賊一樣到來，所以我們要做醒。

雖然我們大概地分析出自由的定義是甚麼，可是現今世界上，卻不見到太多地方能擁有自由，北韓、中共、赤

束等極權國家剝奪人民的言論、集會、政見等自由，為的是維持獨裁統治；伊朗、伊拉克等伊斯蘭國家剝奪人民的宗教自由，非伊斯蘭教信徒視為異教徒，予以不公平對待，「異教徒」們只好自求多福；發達地區為提供自己資源上的消耗，佔用了貧窮地區的資源，剝奪貧窮地區享有自己國土上天然資源的自由.....

但，上帝是公義的，你要擁有一種自由，你必失去另一種自由，只是你覺得你要的那種自由，比你失去的自由更重要罷了。例如進入電影院看電影，你得到的是能欣賞電影的自由，卻失去了放聲大叫的自由，因為放聲大叫的自由已演變成不騷擾別人看電影的責任；同理你有進入圖書館的自由，但你必須捨棄進食的自由，因為進食的自由會已演變成保持圖書館整潔的責任。

明日之後

2E 林家輝

近幾天，一套災難片推出VCD，我的一個同學買了，並借給我看這套災難片就是《明日之後》。故事講述人類濫用資源，毫無節制地燃燒石油和煤，造成的溫室氣體使極地的冰融化，令大洋海流逐漸消失，從而引發了全球氣候劇變：巨大的龍捲風、排球般大的冰雹、連續不斷的暴雨、二十五尺高的洪水和最後巨大的颶風。這颶風把極冷的空氣從對流層扯下來，颶風外圍是暴風雪，而風眼則是能迅速把人凍僵的嚴寒，一切上一次的冰河時其一樣。這樣的颶風有三個，分別在亞洲、歐洲和北美洲。這些颶風把全球經濟最發達的地區化為人類難以生存的冰原，也把這些地區給清洗成再沒有污染的淨土。

在看這電影的前半部分時時，覺得頗為失望，因為海報中冰封的各地地標並沒有在電影中出現，而劇情的主線在美國，並沒有描述亞洲的情況。若有的話我倒想看看各亞洲極權大國，會否把科學家的話聽進耳裏，或是妄顧他國的利益，利用核武甚麼的擾亂或消滅颶風，還是作領導人的依然把所有事隱瞞著人民，讓其自生自滅，而自己則先行開溜之類的醜態。不過這電影也並沒有使我失望太久，

因為電影的特效和賀積教授要拯救身在重災區紐約的兒子這故事都不賴！尤其這故事，它深深地震撼了我的心。

這故事使我想了不少東西：在災難過後，經濟最發達的地區已停止所有經濟活動，幸運地逃過災難的人，一時間變得一無所有。他們手上的貨幣，大概也只是一推廢紙吧！不過幸運的是，人類已並非上次冰河時期的人類，現在我們也並非只懂得做獵殺獵物的矛，而是擁有技術和知識。重建家園並非不可能的事，問題是能否汲取教訓，不要讓歷史再度重演。

事實上，人類在大自然中是十分渺小的，包括人類創造的一切。很多時我們所建立的社會制度和觀念，反而成為我們面對大自然，面對上帝時的束縛。而且在災難的當中，更深深地顯示出人類在「文明社會」中所做的一切，如權力鬥爭、侵略、歧視，一切的犯罪都是十分無聊可笑的行為。但這些醜惡的事情在巨變之前，卻是人類生活的一部分，甚至部分人更沈醉其中，樂此不疲。

VI

English Portfolio

My Father

6C Wong Ho Ling

You used to be my enemy,
You used to punish me.

In the past,
I didn't know why;
But now,
I see it through your eyes.

You are planning for my road,
You are waiting for my growth.

When you hear me cry,
You are on my side
Telling me not to cry.

Because of you,
My life becomes colourful.
Because of you
The world seems wonderful.

Thanksgiving

6C Au Kwai Tsz Zoe

Father father father,
You take care of me for years,
I want to say thanks to you here.
Father! I still remember,
When I was younger,
You always gave me the extra,
And protected me from danger,
I think you were like a painter,
And I was like a picture
You always do your endeavour
To make me become a nice picture,
Thank you, father!
God bless you forever!

Thanks Giving To ...

6C Chloe Tse

Thanks giving to my parents
Who give me countless love in my childhood
Thanks giving to all my dearest friends
Who have accompanied me for so many years
And share inner feeling with me.
Thanks giving to my friends
Who give me a lot of enjoyable and memorable memory.
Thanks giving to all the teachers,
Who help me in my study and concern about me.
Thanks giving to all my classmates,
Who give me a hand in my study and
Make my study life so fascinating and unforgettable.
Thanks giving to the beautiful world,
Who make up my amazing life.

My Favourite Food

1D Kensuke Cheung

Who is the best chef in your home? The best chef in my home is my mum. She can cook a lot of dishes. For example, Japanese food and Chinese food.

My favourite home-cooked food is steak. I love it a lot because the sauce is tasty, the beef is soft and big. It is usually cooked by my mum. We usually eat it at dinner.

Do you know how to prepare the steak? We need a piece of steak, some oil, some salt, some pepper, some garlic and a bottle of soy sauce. We can buy the ingredients in the supermarkets. After we have got all the ingredients, we can start cooking. First, we put the steak on the dish. Then we put some pepper and garlic to make the taste for the steak. Then we use wrap to cover the dishes. And put it into the fridge for a day. After that, we warm the frying pan with oil. We can put the garlic on the frying pan when the oil becomes hot. Then we can put the steak in the pan. After one minute we can turn over the steak. Repeat these steps until the steak is medium cooked. We can add some soy sauce on the steak if necessary. Finally, we can serve the steak with potato

or broccoli. I hope you can enjoy this dish. You may follow the recipe and try to cook it yourself at home.

Hong Kong Records

1D Yu Hing Tak

Hong Kong has many amazing world records in the Guinness Book. You will find out about three amazing world records of Hong Kong from this article. If you have free time, you can visit some of these places. These places in Hong Kong are very famous.

The Largest Airport Terminal

The largest airport terminal is Hong Kong International Airport. It is in Hong Kong. It was built in 1998. The Hong Kong International Airport passenger terminal building is 1.3 km (0.8 miles) long and covers 550,000 sq.m.

Lowest Inflation

The country with the lowest inflation is Hong Kong. We had the world's lowest inflation rate in which consumer prices fell by -2.6% in 2003.

Largest Chinese Dumpling

The largest Chinese dumpling was made in Hong Kong. It was

made on 5th July, 1997. It was made by the Hong Kong Union of Chinese Food and Culture Ltd. It weighed 480 kg (1,058.4 lbs).

A Day in Thailand

2D Ho Tze Chun

Today we spent a half day on the beach of Pattaya. The weather was sunny and warm and the temperature was 25 degrees Celsius, so I decided to have a swim and go wind-surfing in the morning. We went to Pattaya by ship and it only took one and a half hours. When we arrived, there were many wind-surfing. It was very exciting and fun. Luckily, I had joined the wind-surfing lessons before; if not, I couldn't joined one since all the classes were already fully booked. When I was wind-surfing, I fell into the water, but it was really exciting.

In the afternoon, it was very hot but cloudy and the temperature was 31 degrees Celsius. We still stayed in Pattaya and I went snorkelling. There was an interesting thing when I was snorkelling. When I dived into the water, there were many colourful little fish. I fed them some bread the they were not afraid of me. They even bit my finger! They swam together with me in the coral reef. I thought it was interesting. After snorkelling, I stayed on the beach and with me in the coral reef. I thought it was interesting. After snorkelling, I stayed on the beach and had

a rest. It was so comfortable on the beach. At 6pm, we travelled by ship to go back to Bangkok.

In the evening, the weather was unpredictable. The temperature dropped to 21 degrees Celsius and the weather was stormy, so we stayed in the Siam discovery Centre and went shopping. We would not get drenched if we stayed inside and it would be safer than staying outside in the rain. There were many different shops. WE bought many souvenirs from them and they were very cheap. It was cheaper than other countries. I thought shopping in Thailand is good. Then we ate a seafood buffet for dinner and the food was tasty too. After that, we went back to the hotel. We'll need the energy tomorrow.

Giving Advice

2D Jason Wan

Dear friends,

I have been very unhappy these days. Can you give me some help?

I have missed some lessons at school, so I feel I will do badly in my exams, but I am scared to talk to my parents about it. If I get low marks in the exams, my parents will kill me.

Please help me!

Sue

Dear Sue

I am sorry to hear about your problem. I can see why you feel unhappy. Please do not worry because your parents will not kill you. There are six things that you can do.

First, you should take care of yourself. Second, you ought to ask your classmates and class teacher to help you. If I were

you, I would go to the study group. There are many students study there. You can study with them and ask them to help you. Third, you should study harder. If I were you, I would study for four hours every day. Fourth, you ought to pay attention in every lesson. If I were you, I would write notes in the log book. Fifth, you shouldn't play computer games and watch TV because it will make you tired. Then you can't pay attention in every lesson. Sixth, you should pray to God every night. Remember, God lives in your heart. You are not alone.

I hope you find this advice helpful.

Best wishes,

Kenny G.

A Trip to Lantau

2D Kenneth Chan

I had two wonderful days with Mike on Lantau Island!

Yesterday morning, Mike and I went to The Big Buddha by bus. Of course, there was a big, gold Buddha on top of the mountain. We didn't go to any restaurant there because we had bought some food from a supermarket before we went up there. If we went to the restaurant, we couldn't eat meat. That's why we brought our own food.

At lunch, we became hungry and our food was already eaten so we went to a fast-food restaurant nearby. Although there wasn't meat to eat, the vegetables were very delicious. Many tourists went there to have a cheap, tasty lunch.

In the afternoon, the weather was nice so we rented bicycles and rode to Tai O Village. While we were riding bicycles, we saw a seafood restaurant and the seafood smelled wonderful. Then we went into the restaurant. After we finished the meals, we returned home.

This morning, we walked to Silvermine Bay because there was a fabulous sea view. We went swimming and sunbathing on the

beach. Next, we went home with our tanned faces to have lunch.

In the afternoon, the weather was unpredictable. WE went to see the new airport so that we wouldn't get drenched. Mike knew I liked to have a barbecue. He brought me back to Silvermine Bay and we had a barbecue. But I didn't cook well and my food was overcooked. It was terrible. At midnight, we took a ferry back to Hong Kong Island with our dirty body.

A Trip to Lantau

2D Kwan Yuet

I've had two wonderful days with Mike on Lantau Island!

Yesterday morning, we took a bus to The Big Buddha. There were lots of tourists so it was very noisy there. However, I enjoyed seeing The Big Buddha very much. It was really big. I couldn't believe it! It looked like a monster in front of me! Then we had our lunch at a fast-food restaurant near The Big Buddha. In the afternoon, we went to Tai O Village. We went fishing there but we couldn't get any fish. We were extremely disappointed. However, I enjoyed fishing very much. Then we ate at a seafood restaurant in Tai O. The food was very delicious and the waiters were very polite too. When we finished our dinner, we went back home.

This morning, we took a boat to Silvermine Bay. We were very happy because there were very few people. Because of that, we could do anything we wanted. We went swimming and sunbathing on the beach. Sunbathing was very comfortable. It seemed like my mother touching my face. When I was swimming, I saw lots of fish. Most of them were very colourful. I

wanted to catch them but it's impossible. As soon as I held out my hand, they swam away. Then we ate lunch at Mike's home. His mother could cook very well. She looked like a real cook!

In the evening, we had a barbecue on the beach. It was my favourite activity! I ate lots of things including meat, fruits and fish. When I finished our barbecue, I had to go home. I took a ferry to Hong Kong Island.

The trip was very wonderful. I hope I can go to Lantau Island again.

Chiwawa - a good pet to keep

3A Jess Lin

Chiwawa is a good pet to keep because it is the smallest type of dogs in the world. It is very easy to look after. They are very active, intelligent and obedient. It is very simple to keep them amused. You just have to play with them every day. They love learning tricks, such as jumping through hoops and fetching sticks.

Chiwawa has a pair of big triangular ears. It usually has golden hair. Some of them has white hair. They have a pair of big sparkling black eyes, a tiny nose and short legs. They love eating dog food. They need to be fed three times a day. You should not feed human food to it because it is very unhealthy to them. Do not overfeed them because this will make them fat.

Chiwawa can live both indoors and outdoors. The best place to keep them is the kennel. It will only take up a small place so you don't have to worry. When you take them out for a walk, remember to put a collar on them. It is because they are very active and love running around. It can be easy to lose them. Take them for a walk each day for exercise, or else they will get

sick easily.

Overall speaking, Chihuahua is very easy for you to look after. You don't need to get a license from the government. Remember to take them to the vet for a body check every year to keep the Chihuahua healthy.

My Best Friend

3E Leung Ka Man

I have lots of friends, but they are not all my best friends. I have some best friends, and now let me introduce one of them to you.

She is called Lazy and she studied with me in the same class in Form One. In the first term of Form One, we used to sit together. If she hadn't sat with me, we wouldn't have been good friends. Now, we study in different classes but we're still good friends. In Form One, we could go to school together every day, and now we still can.

In Form One, we were like twins. We sat together, we played together and we studied together. Lazy is a talkative and honest person. She always shares her feelings with me. If I do something that she doesn't like, she will talk to me. She hopes I can do the best. If I hadn't known her, I would have still been a thoughtless person. There is a famous proverb that says 'A good friend is someone who dances with you in the sunlight and walks beside you in the shadows'. This is definitely true of Lazy. One day, someone copied my homework. The teacher discovered that our

homework was the same. I was punished by the teacher and I was given a demerit. I was very unhappy at that time and I didn't want to go home. I would have been punished by my parents. Lazy was always on my side. What she said had been a great comfort to me. She went home with me and she explained it to my parents. Then my parents understood and forgave me.

Lazy and I also have the same interests. We like talking about our views about life. We always encourage each other to work hard. We also like eating and shopping. When we have delicious food, we will share it with each other. Now, although we study in different classes, she always phones me and we talk and talk. Sometimes, we go out together, we have lots of topics to talk about. Both of us are talkative. She always talks with me about her secrets. We trust each other and we treasure all the things that we share.

I hope our friendship will be forever. I will treasure this friend.

The Importance of Exercise

3E Sally Lung

Hong Kong children are exercising less than in the past. The first survey done in 1998 showed that 85% of students exercised more than once a week. The second survey done in 2003 showed that only 60% of students exercised more than once a week. Compared with the result of the first survey, there is a drop of 25%. Are you one of these 25%? Don't let this happen to you! Keep fit! Stay healthy!

If you want to be healthier, besides having a balanced diet, you can do exercise. Exercise is very important because it helps you to build strong bones and muscles. If you exercise too little when you are young, your bones won't become strong and may break easily when you are older. Exercise is also good for muscles. If you don't use your muscles, they become small and weak. So, if you keep doing exercise, your muscles will become stronger and your bones will be less likely to break.

Another important benefit of exercise is that it helps us to maintain the right weight. Most of us consume more calories than we need. If we don't burn these extra calories, they are stored in

our bodies as fat. So many fat people seldom do exercise but join the fitness centre to lose weight. I think they are so foolish! Why don't they do more exercise? Exercise can help us save money and stay at the right weight.

The most important reason about exercise is that it reduces the risk of developing serious health problems. Some experts show that exercise can prevent us from getting serious diseases such as high blood pressure and heart disease. If we exercise for about twenty minutes each day, we will reduce the chance to early death.

Lastly, doing exercise is a projection of real life. We can learn a lot from doing exercise. It's because we always set a goal at the beginning. And we try our best to achieve our target. We should also try our best to achieve the community or society standard. Doing exercise can train our strength of will. It also teaches us the spirit of 'Never give up'. So will you join us to do exercise regularly from now on? Come on! Don't let your laziness defeat you. Doing exercise is rewarding and fun!

Hong Kong Food

3E Tse Ka Lei

My favourite place to eat in Hong Kong is the Chinese noodle restaurant which is just opposite my home. I go there for breakfast every Saturday morning. I usually order chicken congee, steamed bread and stir-fried noodles. The chicken in the chicken congee is very tender and the stir-fried noodles are delicious. I also go there for lunch every Sunday afternoon. When I leave church, I go there with my friends, who I know in the church. I usually order spicy rice soup noodles, fried dumplings and cold soy bean milk. I think the cold soy bean milk is very fresh and sweet. The fried dumplings are so crispy. Spicy rice soup noodles are my favourite food in this restaurant because it is spicy and appetizing. Besides the food is delicious, the restaurant is clean and the waiters are extremely nice. They are always smiling.

Although Hong Kong people like to eat western food, we also have some famous Chinese specialities, for example, rice dumplings, which is my favourite. The ingredients of rice dumplings are sticky rice, egg yolk, chicken, pork and beans. It is great to have many ingredients because I'm so greedy. Although rice dumplings

are delicious, the cooking steps are not simple.

If you want to make a rice dumpling, you may follow these steps. First, soak the glutinous rice for two hours, wash and drain. Second, add salt to the glutinous rice and mix well. Put in the pandan leaves and steam for 15 minutes. Third, when the glutinous rice is half-cooked, pour in the coconut milk. Steam for another 15 minutes until it is cooked. Fourth, cook the durian filling in a wok until the mixture boils. Switch off the stove. Stir the mixture well and let it cool. Fifth, put a spoonful of glutinous rice on the bamboo leaf. Place a tablespoon of durian filling at the centre and cover with one tablespoon of glutinous rice. Finally, wrap it up to make a triangular shape by turning and folding. Steam for two minutes and serve.

Rice dumplings are always eaten at the Dragon Boat Festival in June. Why do people do this? Because it is about a Chinese tale. According to the tale, the spirit of Qu Yuan appeared before a group of fishermen, crying out to them that he was starving because a dragon was eating his rice offerings. The offerings consisted of bamboo tubes filled with glutinous rice. In order to prevent the dragon from stealing them, Qu Yuan ordered the tubes to be closed with lily leaves and tied with multi-coloured threads. This is done in order to remind people of this great man, Qu Yuan.

Hong Kong is an eating paradise that many of the delicious food is around us. So I feel very lucky to live in Hong Kong and I feel extremely blessed because I can always enjoy lots of great food!

Is Your Home Green Enough?

3E Wong Hoi Ki

After I learned Unit 8, I know that being green is really important in our life. Nowadays, air pollution is one of the terrible pollution in our world. If we still do nothing, the earth will get into trouble soon.

Let me think about my home. I think my home is not green enough! My home makes one big bag of rubbish every day. We like to use a lot of plastic things like plastic lunch boxes. They are all so convenient. After we use it, we don't need to wash them but just throw them in the rubbish bin.

Oh! I think my family is so poor in being green. We must change these bad habits! I think we should support the green campaign. We should make as little rubbish as possible every day. And we should not throw the plastic boxes after using it once. After using them, we can wash them and use it again. On the other hand, we can grow some green plants. Green plants can fight air pollution because they can make the air fresher. And it can make our home more comfortable.

My family should start to take action now! I wish more and

more families would support this action.

The Earth is God's big present for human. So we must protect and treasure it. If we manage it well, we can enjoy our God's beautiful work for us.

Everybody, take action now! Support the green campaign.

Haunted House

4A Jessica Ho

Once upon a time, there was a haunted house near a small village. A forest was between the village and the haunted house. People who lived there never went to the haunted house since some people who had gone there never came back. Also, the villagers sometimes said that they heard a lady crying at night.

One day, a young man went to the small village. He was called Ivan and he came from a far away place. He had heard about the haunted house and wanted to conquer that ghost. He asked several villagers how to get to the haunted house, but most of them wouldn't tell him. There was fear in their eyes and they were afraid to even talk about that mysterious place. Ivan continued to ask around and, fortunately for him, one young villager finally told him the location.

After preparing for his trip, Ivan left three days later. He climbed up the hill, passed through forest and arrived at his destination. Lots of bramble twined around the old run-down house. Ivan had to use a sharp sword to cut the bramble that blocked the door. He successfully cleared away the bramble and

entered the house.

Suddenly, the door closed behind him and a horrible evil voice cried, 'You will never see the sunrise again.' Then Ivan felt like someone was hitting him. He couldn't see anyone. Ivan thought quickly and grabbed a jar of red oil and splashed it around. That's when he saw the evil old man flying in mid-air. The old man was the ghost and he appeared very angry. Ivan could tell that the old man/ghost wanted to kill him, so the battle began. Ivan was out to conquer the ghost and the ghost wanted to kill Ivan. They fought hard, but at last, Ivan won.

It was already night time when the fight between the two ended and Ivan was exhausted. Ivan collapsed on the floor and was ready to sleep when from somewhere in the house he heard a lady crying. He got up and checked all of the rooms trying to find where she might be. Upon opening the last door at the end of the hall, there she was, a young beautiful lady sitting in the middle of the room. She was surprised to see Ivan and stopped crying.

'Why are you here?' asked Ivan.

'My father doesn't let me eve go out nor does he allow me to talk with anyone. He was that old ghost that you conquered.'

The beautiful lady told Ivan more about herself and thanked him for his help.

The villagers never saw the young man, Ivan, again nor did they ever hear the lady cry at night.

**The following story is just fictitious.
Do not be afraid after you finish
reading it.**

4A Michael Cheung

Today was Ching Ming Festival and it was a day off from school. Some of my classmates phoned me early in the evening. ‘Mike, let’s go to the mountain and play. It’ll be exciting.’ When I heard this, I replied, ‘Sounds like fun! Wait for me and I’ll join you.’ I met them at the mountain, Peter, John, Michelle and Amy. Hence, the five of us did some night exploring when we soon realized it was getting cooler, a lot cooler and darker and darker.

Suddenly Peter shouted, ‘Oh my goodness! I think we’ve lost our way.’

When all of us realized this terrible possibility, the atmosphere became very chilly.

All we could do was head back home walking along paths that were new to us.

‘Look! There’s a house. Let’s go inside. I’m tired and just

want to rest.’ I said excitedly. Even though it wasn’t wise for us to inside a strange house at night, we were very tired and went ahead.

We knocked at the door and nobody answered. It was weird! We burned with curiosity and decided to rush into the house. Inside, there was a long dark hall. In the hall, there was a set of stairs, dark dark stairs. Up the stairs, there was a passage, a dark dark passage. Across from the passage, there was a curtain, a dark dark curtain. Behind the curtain, there was a room, a dark dark room.

‘Go inside,’ instructed John, shivering as he spoke.

‘Wait! Where’s Amy?’ asked Michelle.

It was so dark, no one realized that someone might be missing. I started to count, ‘We have five people, there’s Peter, John, Michelle, and …where IS Amy? I know I saw her just before we came in,’ I said.

We were at our wit’s end. Our first thought was to find Amy and then leave the house, but as we tried the door, we soon found that it was locked and our only escape would be to go into that dark room behind the curtain. I didn’t think anyone still lived there except the few hundred spiders that were nestled in their webs.

Suddenly, John screamed from behind us. When we looked back, he had disappeared. It’s like he fell through a trap door or something. Michelle was so frightened by these disappearances that she fainted. What a mess! Peter and I were the only ones conscious and in sight. We left Michelle and would come back for her and go into that dark dark room.

Right then, a woman appeared. We jumped with fright. She had long hair and a very pale face. She wore a scarf around her neck and she said in a haunting tone, 'If you want to save your friends, you'll have to kill me first. If not, you two will never leave this house. Forever.' Her voice was scary.

It didn't take us long to make our choice. We attacked because we were so scared. We struggled with her and it was tough. Then the strangest thing happened. I grabbed the silk scarf that was around her neck, and her head fell off. She was not a human!

What had just happened? All of these things were just like a dream. No, a nightmare! Who was that woman? What exactly was wrong this house? Where were our friends?

Anyway, we found Amy, John wandering down the hallway and went back to Michelle, who was now conscious. We found an exit and left as fast as we could.

It was such a weird experience that I'll remember it forever!

A Lovely Day

4B Chan Fai Yin

Last Saturday, I had a very special holiday because I took care of a very lovely animal. ‘Where are you? What are you doing? What time is it?’ she screamed from the phone. ‘Mum, I am still sleeping. Let me sleep, please!’ I replied.

‘Where are you? What are you doing? What time is it? What did you say? I’m Mary! Get up quickly! I want to go shopping with you!’ she screamed again. Then I got up slowly and slowly. Mary was my best friend. When I got up and met her, she also scolded me. But she always did that. Then we went shopping in Mongkok. We bought a lot of things. ‘I’m very tired,’ I grumbled. ‘Why?’ asked Mary. ‘Look at my hand, lady. They are all you clothes,’ I grumbled again. We walked on the street. Suddenly, we saw a living thing moving inside the paper box in the street. ‘Oh! It’s a kitten!’ screamed Mary. It was a small cat, which was very lovely, but it was dirty and it looked very hungry. It was a lost kitten. I felt sorry for it.

‘Yes, I know that it is a kitten. Now we must clean it and give it food, right?’ I said. Then we went to the supermarket to buy

some food for the kitten and took it to the park. I took it to the toilet in the park and used a wet towel to clean its body. It purred and purred. After that, we gave the cat food to eat and let it drink milk. 'It's very lovely!' said Mary. The kitten looked at me and purred again. I thought it was smiling. 'But what can we do next?' added Mary. 'Shall we take it to the SPCA?' I asked. 'That's a good idea, Chris!' she replied. Then we took it to the SPCA. The kitten looked at me and it looked like saying 'Goodbye' to me!

What a lovely day! I will never forget that day.

It is my fault

4B Chris Leung

The sky is murky. It may be raining very soon. I am standing in front of a grave. The story goes back to summer ...

Last summer, I went to the airport to greet my pen-friend from Australia. ‘Jennifer!!’ I exclaimed and gave her a hug. ‘It has been two years since you came to Australia, Johnny,’ she said. ‘You haven’t changed at all,’ I said. Then we went to Sai Kung. There was a villa passed down from my father. Since taking taxi was so expensive, we took a bus then walked to the villa. But I had never predicted this would be the biggest fault in this accident.

On our way to the villa, we had talked about the friends we knew, the difference of our countries. Suddenly, Jennifer’s bag was torn and her cell phone dropped on the ground. But I didn’t know that and I kept walking. I didn’t see Jennifer so I turned back to find her. I saw she was picking up her cell phone and she was a few metres away from me.

Then I saw a car about to hit her from her back. ‘Watch out, Jennifer!’ I screamed. The driver seemed to have heard me.

Then he swerved the car and ran towards the place where I was standing. ‘Bang!’ the car hit me and I was flying into the sky. Suddenly, everything went black and I felt I was floating above the ground ...

It is raining now. Jennifer is standing in front of the grave with an umbrella. She puts down some flowers and leaves. The inscription on the grave says ‘Johnny Wong, 1981-2004’.

My Favourite Character

4B Kitty

My favourite character is Blossom, who is the member of The Powerpuff Girls. Blossom is the leader of The Powerpuff Girls. She is drawn by Craig McCracken.

Blossom has fiery red hair with a big red ribbon. She is quite short. She wears a pink dress with black belt and her eyes are pink, too. She can fly and jump very high. Blossom never steps down and always speaks her mind.

Blossom is very strong and determined. Although she is the leader, she still listens to her members' comments and suggestions. Blossom and her members, Bubbles and Buttercup are five years old, but they take up an important role in the city of Townsville. They need to keep the city calm and peaceful, so Blossom tries hard not to be 'all work and no play!' She is very confident, kind, thoughtful and also a bit bossy and egotistic.

Blossom likes playing the guitar, studying, learning new knowledge and brushing her hair. She has a special habit. This is playing with the Chinese lantern.

I like Blossom because she can fly, she has laser vision, X-ray

vision and super power. She can breathe out fire or ice. I love to see them win when they fought with the giant monster. Equally she is very powerful and cute. It's because she has a pair of lovely eyes, a fascinating voice. I feel she looks like me because I am a bit bossy, too.

The comics of The Powerpuff Girls are very interesting and the colours are all bright. It makes the readers happy. It is the first reason that attracted me to read it and to know my favourite character – Blossom.

My Favourite Comic Character

4C Bryan

My favourite comic character is McMug. McMug was born in 1990. He is fourteen years old. I like McMug very much because he is cheerful and cute. Alice Mak is McMug's artist. McMug and Alice are very popular in Hong Kong.

McMug is a popular pig. He has a cute, round face, a big oval nose and small pointed ears. His ears look like two bowls of ice-cream. McMug is very different from other pigs. For example, he walks on two legs, reads books and rides buses. He also knows how to use a computer. So McMug is a clever and an interesting pig.

McMug is kind-hearted, optimistic and intelligent. McMug is good with people. He is never sad and he is always happy, so he has a lot of friends. His three good friends are called McDull, Darby and Goosie. McDull is a pig. Darby is a cat and Goosie is a goose. He is clever. He has many dreams. He wants to open a pet shop and wants to be a pilot, a football player, a dentist, an accountant at the same time. He has lots of dreams. He has a problem. He likes to ask why. McMug is a special pig.

Mcmug has many habits and hobbies. Mcmug always goes to school with his mother in the mornings. He always plays and chats with his good friends Mcdull, Darby and Goosie when school finishes. They like to play together and chat about the old days. Mcmug always goes to the toilet at home. Then he goes to sleep at night. Mcmug's hobbies are singing the school song and playing kung fu with Mcdull, Darby and Goosie. Mcmug feels singing the school song is very interesting. He plays kung fu because he believes it can make him tough. I like Mcmug very much because he is cute, kind-hearted and optimistic. I think Mcmug is a bit like me, not in appearance but in character! He is clever and always happy. He is also a kind and good friend.

A Haunted House

4C Irene

One day, Dad bought a large house. His son – Alvin like the house very much.

After they moved into the house for a few days, when Alvin was playing in the garden, he saw a ghost. The ghost had only one eye in the middle of the face, a big red mouth and no nose. The ghost told him, ‘This house is mine. I am the leader of the ghosts. I hate any people living here, child. Tell your parents to leave the house immediately! If not, you and your parents will die.’ After saying this, he disappeared.

At night, Alvin told all things to his parents but they didn’t believe him. Alvin felt so sad and afraid. Why didn’t his parents believe him? What would the ghost do? Then Dad turned on the television, but he only saw some words on the screen: ‘You will die at midnight.’ Then he saw his son sleeping in sofa, and he heard a voice, ‘Now, I will play a game with you and your wife. If you win the game, your son will wake up. If not, he will sleep for 100 years.’ The ghost appeared behind them. ‘No! You can’t do these things!’ exclaimed Mum. ‘Alvin, wake up, don’t sleep!’

Dad felt very regretful, but everything had already happened. It was too late to regret. The ghosts started to destroy things. They broke the television, mirror, vase, the windows and doors, moved the sofa and threw the table in the air. Also, they destroyed all furniture and made a lot of insects to descend from heaven. Dad and Mum felt anxious. 'If we agree to leave the house quickly, would you wake up my son?' begged Mum. 'You are a crazy ghost!' screamed Dad. 'Huh!' grunted the ghost leader. 'I hate people saying I'm crazy! Ghost family, come on! Punish him!' he added. Then many ghosts came and wrapped him. He felt painful and difficult to breathe. After a few minutes, he died. When Mum saw Dad die, she was crying loudly and the ghosts cut her tongue and made her not able to cry and talk. The game was over. The ghosts were the winners. Alvin never woke up and no one lived here.

After many years, another family moved into the house. Another tragic story started...

A Special Summer

4C Lai Chun Yam

Summer gives a time for students to relax. I have had a special summer and it made me unforgettable. Last summer, in August, my pen-friend from Australia came to visit and stay with me. She is called Kelly. She was quite tall and slim, with large, black eyes and long blonde hair.

One Sunday afternoon, I went with Kelly for a walk in Sai Kung Country Park. There were many trees and flowers. We also breathed some fresh air there. We walked together beside the road, not realizing something would happen later. When we were crossing the road to another side, Kelly had dropped her mobile phone on the floor. She turned back to pick up the mobile phone. Suddenly, a car was coming. ‘Kelly!’ I screamed. At that moment, the car swerved to another side and hit a tree. I felt relieved that Kelly was safe. We were anxious about the driver. A few minutes later, the driver went out of the car and tried to run away but we caught him. ‘William Hung!’ exclaimed Kelly. ‘Do not tell anyone that you have seen me,’ begged William. ‘No problem,’ we replied. ‘Thanks, I will give you my CD,’ said

William. Then he gave us his CD and drove his car away.

In the evening, we saw William Hung singing his song on television. We were surprised that we got his new album.

A Haunted House

4C Lui Mui Ching

In a country lived a rich family. Chris was the son of a rich family. The family's ancestors' house was said to be haunted. Chris heard that and dreamed of some ghosts in the house. Chris did not know what happened in the ancestors' house. Chris and his best friend Sam went to the house. Sam was a famous explorer.

Chris and Sam crawled across the old house's railing. They opened the door and took out their torch. They came to the corridor and many stone statues were along it. The stone statues held some weapons. When Chris and Sam were walking, the stone statues fell over. Chris and Sam ran faster and wanted to go up the stairs. Suddenly, a candle followed them. They were frightened and rushed into a room. The room had many pictures. The room was very quiet and Chris and Sam saw something came from a picture. It was a monster. Its head was very ugly and its body looked like a horse. The monster had two hands and four legs. The monster held a rope and followed them. Chris and Sam ran and ran. The monster disappeared and there were many

and many bats flew to them. Chris was out of touch with Sam. Chris was afraid. 'Sam! Sam! Where are you?' Chris called. Chris came to a bedroom. Chris saw a photo on the dressing table. His grandfather and grandmother were in the photo and carried a baby in their arms. The baby was Chris' father. They saw something which was warm and fragrant. The monster came from the closet and stayed beside Chris. Chris was scared and ran to the garden. The sky started raining. Chris heard someone laughing loudly and playing golf. 'Who is playing golf?' Chris asked. Sam found out Chris. 'The house is strange. I find a small sound projector in the house,' Sam said and gave it to Chris. 'Your ancestors must love you. Why does the monster make you feel scared? Maybe your father is too busy and has no time to visit them. They are angry about that,' Sam teased Chris and Chris laughed, 'Okay! Okay! Don't tease me. What can we do now?' 'Let us tease the ghosts,' Sam replied. The monster saw Chris and followed him. Chris ran away. Sam came from a door and used a rope to bind the monster and restrained it from running. The monster fought back and kicked them. The monster wanted to run away but Chris and Sam did not let him run away. The monster was bound. Chris and Sam looked at it carefully and they found out the monster wearing a mask.

Chris took off the mask from the monster. 'Oh! He is my uncle!' Chris felt surprised. 'Why did you disguise as a monster and pretend to be a ghost?' Chris asked. 'I want to get profit without sharing the house with anyone. A lot of oil was stored under the house. I can be richer and richer when I sell this oil. Ha! Ha!' Chris' uncle replied. Chris and Sam got angry and took

him to the police station. Chris thanked for Sam's help. Chris made the house beautiful again. The house was full of sunshine and flowers.

Tsunami

4C Mandy Lam

Tsunami affected most of south-east Asian countries. The strong waves washed away most of the infrastructure and flooded the houses near the coastal area. Also, the tsunami incident happened on Christmas holiday. Many tourists who were enjoying their holiday near the water spots were also washed away by the strong waves. Many people couldn't escape in time, most of them died. The hospital couldn't handle the victims in such a short time, also did not have enough space to preserve the dead bodies. Also, the things were confusing at that time. The sea water was polluted. Orphans in the city increased.

The government of these affected countries should cooperate with other countries to classify the nationality of the dead bodies. This could avoid diseases from spreading. The government should borrow loans from other countries, and the money should be used to provide subsidies for the refugees to rebuild their homes to compensate for the companies, and use to train more workers to rebuild the countries. The government should ask help from the international aid to have a better planning for their countries,

decrease the impact of other natural hazards. People around the world should organize more charity sales, walkathons to raise more money for the voluntary organizations to buy machines, food for the victims. People could donate their clothing to the victims. People who are professionals can join in voluntary organizations to help the victims.

They could use helicopters to transport the food and bottled water to the remote areas to rescue the victims, to avoid people getting disease from the polluted water and food. More volunteers should help to distribute the donations that were transported from the airport.

Thousands of rescuers from different countries tried their best to help the victims. Although different rescuers speak different languages, most of them use English to communicate. That could help them overcome the language constraint. Different rescuers provide strategy to the government also follow the instructions to rescue the victims. All of the rescuers are willing to help so they could coordinate their effort so that the victims would get maximum help and comfort.

Tutorial Scheme

6A Amen Ho Ka Ho

Dear Form Six Students,

I am writing to encourage you to join the tutorial scheme organized by the school. The tutorial scheme is organized to help the lower form students with their homework, however, the scheme is now lacking tutors. I hope you can join the scheme and help the lower form students.

The tutor system is established by the Discipline Committee. Its use is to help the lower form students with their homework. Students in Form Four and Form Six are the tutors of the system. The tutors mainly help the lower form students in English and Mathematics. Every Friday, the tutor class will be held in three classrooms, in order to separate Form One, Form Two and Form Three students respectively. In the tutor class, the lower form students can do their own homework. If they come across any difficulties, they can ask the tutors. The tutors can do their homework or do revision if there are no students to ask them questions. But recently, the tutors are very busy teaching the

students, because of the lack of tutors.

Although the programme has run for several years, there are still some problems and difficulties. Firstly, the tutor class is only held on Fridays. The students may not attend the class as they may have tutorial classes outside school, or they have other extra-curricular activities to join. Secondly, some tutors may be late for the tutor class. Some tutors even quit their jobs, as they think the tutor job is very hard, and they have no time to do their own work. The main difficulty is still the lack of tutors. If you want to join the tutor system, you need to plan your time wisely. Make sure your schoolwork will not be affected by the tutor job.

Don't think that the tutor work is only a duty for you, there are also benefits for both you and the lower form students. For the lower students, they can revise their homework and consolidate their knowledge. As a tutor, you can also revise your work and consolidate your knowledge that you learnt in the previous year. Also, you can learn to plan your time wisely. That can help you in your future.

So, don't hesitate to join the tutor class. If you are interested, please feel free to contact the Discipline Committee or me.

Yours sincerely,
Chris Wong
Head Boy

Do Science and Technology Make Our Life Better?

6B Chan Yiu Yan

Most people believe that science and technology will make the world a better place to live, and cure us of starvation, illnesses and diseases. But when we look at the destruction technology has often inflicted on society however, it becomes clear that many of our new inventions do more harm than good. Think of the history of war: In the Second World War, the world was in a race to create the atomic bomb. Americans developed the atom bomb first and ended the war by devastating the Japanese army. For this reason, some people argue that the bomb was good. But look at the facts: the atom bomb that fell on Japan really showed us that technology could be dangerous to the future of our species and the earth. People suddenly realized that nuclear war could destroy the planet.

Today, technology has been responsible for the creation of genetically-modified food. This kind of food is the product of scientists who have added the genes of one plant to another plant,

in order to make crops grow stronger. Supporters of GM food say that these crops will solve the problem of famine. What environmentalists argue though, is that GM food threaten regular crops, wiping out species that exist today and it would also cause the uncontrollable reproduction of specific pests. This could destroy farming in the long run.

Technology like computers that can control events around the world in real time, and Global Positioning Systems (GPS) which is linked to the satellites now allow people to locate where they are at any time. Unfortunately we cannot prevent terrorists from knowing how to use them. With GPS and computer tracking systems, it would be easy to blow up bombs whenever they want. Compared with the swords and axes used in the past, technology has placed us in a dangerous situation.

Overall, technology doesn't guarantee the security of mankind's life, though it makes our life more convenient. On the other hand it threatens us. Unfortunately, while we are brilliant at rushing forwards with new inventions, we don't have the technology to turn back the clock and correct our mistakes.

The Education System in Hong Kong

6B Lam Ching To, Oscar

The most popular news recently announced about education is the academic structure reform. The secondary and tertiary education structures are going to change from one of “3+4+3” to that of “3+3+4”. Voices come from both supporting and opposing camps. The success or failure of the reform is yet to reveal, but the ever changing education system and policy are always being criticized.

In recent years, the education system has changed a lot. It is difficult for the teachers and students to follow and adapt to. The students are just like guinea pigs. They don't really learn anything useful. Also, many students complain that they have got a lot of homework to do. But often homework is just some repetitive work. Teenagers are not encouraged to use their imagination and creativity, but just to follow the instructions. Then schools should allow them to develop their creativity. It should not just turn them into “homework-doing” machines.

The subjects now the schools are teaching are not very practical. Most of them are specialized subjects. They are learnt for paving the road into university. However, not many of the students can get into universities. As a result, the students do not really gain any skill to survive in the society. The education system in Hong Kong was established by the British government. It is a kind of elitist system. Most of the students are eliminated after the HKCEE and the HKALE, though they are not well prepared for the workforce. Thus the government should provide more career-oriented subjects for students. If not, it should give them more chances to go to university.

There are two important examinations in the students' studies. As mentioned above, they are the Hong Kong Certificate Education Examination (HKCEE) and the Hong Kong Advanced Level Examination (HKALE). They are important because if students fail in these exams, they are kicked out of the school system and need to get into society. Nevertheless, as the economy of Hong Kong has not yet been going better, the qualifications of Forms five or seven graduates are not approved by many companies. Those graduates cannot compete against university graduates. Fortunately, the Hong Kong government has realized the fact and tries to provide these school leavers with lots of post-graduate trainings.

To deal with the high-stake examinations, students will just focus on homework and study, and overlook the importance of extra-curricular activities. The general concept of the Hong Kong society is that students should get into the universities, and studies are the most important thing. People often ignore many other

aspects off children. Students are also discouraged to develop skills other than academic ones. Teenagers in Hong Kong nowadays are said to be immature compared with those in the past. They need to be taken care of even when they are already twenty-something.

Extra-curricular activities do help the students to build up their self-confidence, teach them how to be independent, and give them leadership training. These are more important than academic results when the students enter the workforce. The government should put more efforts and resources to provide students a better environment of having extra-curricular activities.

There are still many problems yet to be solved in the education system in Hong Kong. The Hong Kong government is really putting efforts to solve these problems. Are the policies they use workable? Different people have different points of view. But the main point is the fact that students are our chief concern in education. Never push them too hard and give them a relaxing and happy environment to study.

The Problems of the Education System in Hong Kong

6C Florence Cheung

What do you think about the state of the Education System in Hong Kong? Many people criticize that Hong Kong students are receiving the spoon-feeding education. Schools emphasize grades more than anything else. Besides, the changing of the teaching language also causes a big concern in the public.

I am writing to share some of my views on these problems. Firstly, as a high school student in Hong Kong, I always experience the stress created by the tests and examinations. For example, Form 5 students have to do well in the Hong Kong Certificate of Education Examinations in order to obtain a Form 6 place. Therefore, students may feel stressful while studying under such circumstance. It can be a reason to explain why the rate of teenagers committing suicide remains high in Hong Kong.

Since the government decided to change the teaching language from English to Chinese in 1998, there are divisions between the EMI schools and CMI schools. However, this policy also created

many problems. Many educators claimed that using Chinese as a teaching language in secondary schools will lower students' English standard. Also, it will cause the difficulty for the CMI students to further their studies, since most of the CMI students will find that it is hard to use English to study in most of the subjects such as History, Geography and Economics in the upper forms. I am also one of the CMI students who face such problems. It is really difficult to get used to the sudden change of the teaching language and we have to pay more effort and be more hard-working than the EMI students. Many of the students found that they are unable to handle the subjects taught in English and gradually became frustrated.

In my opinion, I do think that the Government should be responsible for creating the problems. Here are some of the practical steps to solve the problems. As Hong Kong has an unhealthy exam-oriented culture, the Education Bureau may consider to distribute guidelines to the schools and let the schools use daily assessment instead of the tests and exams to check students' learning progress. It will help to reduce the stress and burden on students created by the tests and exams.

On the other hand, in order to help the CMI students to get used to the new teaching language. The government should provide enough teaching aids to the CMI schools to raise the English standard.

I hope that the government will look into the matter and improve problems created by the Education System in Hong Kong.

Other Ways of Improving English

6C Shirley Wong

English is an international language. It is very important in Hong Kong because it is used in a lot of areas. For example, English is the basic criteria for job applications or students must be good at English if they want to study in a university. Thus, students should learn English well in school in order to prepare for their future. Besides learning English in school, they should also use it outside school. Here are some suggestions for students to practise their English outside school.

First of all, students can watch English TV programmes and listen to English songs through the mass media to improve their listening and vocabulary skills. As the singers and the hosts are foreigners, their pronunciation is more accurate and fluent. If we keep listening to them, we can improve our fluency and accuracy. Moreover, the foreigners speak quite fast, therefore we can improve our listening speed. Since the singers and hosts will use a lot of different vocabulary, sentence structures and phrases, we can learn a lot of new words and expressions in the programmes and songs. It can improve our oral English. The

best advantage in learning English through the mass media is convenience because we can listen to them every day.

Another way for students to use English outside school is reading English books and newspapers. They can learn more new words, sentence structures and phrasal expressions that will improve their writing and reading comprehension skills. As there are many different types of English books and passages, students can choose to read them according to their preference. Thus, they should not find any difficulties in searching for a suitable book or an interesting passage to read.

Furthermore, students can improve their oral English through speaking to native speakers. It is because the foreigners can correct students' mistakes immediately when they are talking with each other. Also, talking to native speakers can help students improve their confidence. Normally, Hong Kong students are too shy to speak in English, so it is hard to improve their oral English. Therefore, chatting to foreigners is a good way for students to practise it. Luckily, Hong Kong is an international city. Thus, it is easy to find foreigners in shopping centers such as in Tsim Sha Tsui and Causeway Bay.

Do you think learning English can be interesting and exciting? Try our recommendations and see if they work or not!