

滙心集(四)

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校長序言

1

第四冊的《匯心集》又出版了!像以前一樣,起初我懷 著興奮和感恩的心執筆寫這序言,後來我卻感到千頭萬緒, 不知從何開始。又恐怕寫的盡是老生常談,引不起學生的 興趣,結果就跟前數集的序言同一命運——不得青睞。停 筆細心一想,為何我那麼介懷讀者的反應呢?原來是自己 的自尊心和面子在作祟。其實讀者對文集內師生作品的興 趣遠勝我的序言,證明了文集的吸引力是不用我這個校長 去多費唇舌,這是可喜的現象。所以我只想用序言來表達 自己對老師和同學們的欣賞和感謝,並祝賀他們又一次成 功印製了他們的傑作。

本冊文集收錄了不同題材的文體:議論、抒情、描寫和 記敘等等,更有詩和英文話劇,令我能在同一時間涉獵不 同種類的作品,這使我可以用最短的時間去獲取最多的知 識。題材的廣泛也能滿足不同讀者的閱讀品味——重理性 思考的可從檢驗議論文的論證方法是否合乎邏輯中得到樂 趣;感情豐富的則會被老師、同學們那充滿感情的描寫和 記敘手法牽進另一個情感和意象的世界......其中最觸摸我心

1. 校長序言

是「秋夜」,同學簡潔的文字創造了個乾爽又富詩意的秋 夜,她巧妙地借用徐志摩《再別康橋》的名句來形容秋的 靜和李後主的《虞美人》來深化秋意,可見她的語言水平 和文學根基都是卓越的。

而其中一位同學的「我在匯基的一天」則是最吸引我, 文章結束前那句「我愛在匯基生活的每一天」不但令我樂 呵呵,也常在我心中回響,給我激勵:我會盡全力去創造 一個讓學生們留戀的學校生活,願所有同學們都能與我一 同努力,以致愈來愈多的學生喜愛在匯基的生活。

I 老師作品

Wrestling Mandy Chun

Behold, O Lord,
With a scornful smile,
He's swallowin* me from inside!
Hasten O Lord,
Shouting a battle cry,
He's stranglin* me from behind!

Panic no more, I am here,You have the strongest weapon, my child.Into laughter will my peace turn your tears,Fears can no longer run wild.

Joke Johnson Lee

One gorgeous office lady went to work proudly one morning with her newly acquired mini-skirt, which she bought at a major discount. As she casually strolled in the office, she intentionally used the aisle as the catwalk. She heard comments on how short and revealing her skirt was. She then responded by saying to one of her colleagues. "I got it for 50% off. Isn't that great?" At the corner of the office, an unsuspecting male staff yelled out; Looks like more than 50% off to me.

O2002Johnson Lee

I WAS Johnson Lee

April 2,1996 3:25 to 3:30 p.m.

I was one of the litters Lived by the gutter The wind and the rain My mother and my father

I was fruit of someone else's passion Then after never mentioned Left to fend for myself The world was my dungeon

I was part of the human landfill Life highway's roadkill Used and abused by many Pleasing everyone against my will 4. I WAS

I was the child you saw One you choose to ignore No, you don't have to worry I was here No more

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I Would Rather Feel Your Pain Johnson Lee

September 25, 1996 12 a.m. to 12:15 a.m.

To join your laughter An easy thing To partake in your sorrow A hurtful sting But to be human and be your friend I'd rather feel your pain

To tell you a joke Easy as pie To ride out your storm I'd stay, not hide And to be human and be your friend I'd rather feel your pain To share your wealth Money talks To pour your guts Others walk Yet to be human and be your friend I'd rather feel your pain

Though there's much to gain By insulating myself from the rain Still, To be human and be your friend Henceforth here's my outstretching hand.

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We shall overcome: UCC chess players in the match C.K. Yeung

Prologue

There are totally 16 teams joined the competitions, every team should have at least 4 players (with 1 reserved player), sitting board 1-4, the strongest player sitting in board 1. After 7 rounds, counting the total score of 4 players and decide the ranking.

This is the only competition that we can get prizes every year. UCC Team got third runner up in last two years. Although our strong players Sunny Yu, Alex Wong and Chu Hoi Ting won't in the team, we still have a hope for winning individual board prizes. Team members lists are as followed:

UCC "A" Board 1 Douglas Fan Chi Wai (5B) Board 2 Leung Lai Man (4C) Board 3 Lee Cheuk Yin (4B) Board 4 Hui Wai Hang (6C)/ Lee Kwok Leung (6A) * Replaced starting from round 5 Board 5 Law Ho Lim (4C)

UCC "B" Board 1 Ada Chan Siu Ying (Alumni) Board 2 Nick Chan Yu Hin (Alumni) Board 3 Lam Yat Shan (4B) Board 4 Lee Man Chun (5B) Board 5 Lai Ki Fung (2E)

Lai is a freshman of the competitions. Nick and Lee Man Chun is the first time to represent UCC team. Hui and Law are our hope that win the board prizes.

Round 1

The opponent teams of UCC A and UCC B are South Island A and Homantin respectively. The home team, SIS A, has been a strong team in last 3 years. UCC A won 2.5-1.5. in last year The team members of SIS A remains unchanged, it's strong enough to beat us. We scored 1-3 in this match, only Law won.

Homantin, a combined team, was not so strong, but no UCC B players survived, scored 0-4.

Round 2

We had the most beautiful win for both teams in this round. UCC A met Island School. Lee offers draw in move 10 and has been accepted. Then Law win and Hui draw. In board 1, the game between Douglas Fan and Raymond Chiu is still playing. In the opposite color bishop endgames, Chiu's 2 extra pawns didn't lead to victory, the game is draw. UCC A won 2.5-1.5.

UCC B played very hard in this round, we met West Island C. Nick draw first, Lee won the game with 2 extra pieces. Lai used a single rook and a pawn against double rooks and many pawns, had a miracle draw! Lam is the last game that finished. In the rook + pawns ending, the opponent have and extra outside passed pawn. Lam has lone king after exchange while his opponent has a rook. However, he has only 1 minute and cannot checkmate. Lam draw luckily and UCC B scored 2.5-1.5.

Round 3

UCC players showed the unity in this round. UCC A met Li Po Chun School, with Brain Dew, Raja such strong players. Lee was defeated by Raja very soon; Law won a passed pawn and leading to win. Fan then loses, Hui kept the clear mind, with a queen against 2 rooks, he refuses draw and wins at last. We draw this 1st runner up team.

The old opponent Kowloon Technical School met UCC B in this round. Nick won very quickly. Lam has a passed pawn and queened. Lee played very hard in R+2P vs. R+4P endgame and draw at last. So we won 2.5-1.5, keeps long win to KTS.

Round 4

Both UCC teams are lost. West Island B, a strong team, with the leading of Jason Leung. UCC A just scored 1.5-2.5. The only won game played by Law, he is a one the player that got full points. (Other is Chu Ying Lin from KTS) and stood leading position in board 5.

For UCC B, we met Shatin B, Nick and Lee got advantages in opening but soon offer draw. As a result, the score is 1-3.

Round 5

UCC A met the weakest team, Dioscen Boy's School, in the match. We are glad that we can see more local school joining the competitions like King's College, Homantin. After an hour time, we scored 4-0!

Ada played quite good in this round against Jason Leung, both spend much time in opening. As a result, UCC B won last two boards with WIS B, better than UCC A in round 4.

Round 6

We can describe that this round we have a "terrorist attack". UCC A met Shatin A, the 2nd runner up team, only Lee Kwok Leung can draw. UCC B met South Island B; no one can be survived.

Round 7

Both UCC A and WIS C are no hope for team prizes, so we got 4 draw games. UCC B met DBS, Nick and Lee are too excited that lose the games. Then 2-2 finishes all the matches.

The Epilogue

The position of UCC A and B are 10th and 13th respectively, the ranking is low but the results are satisfactory. West Island A is the strongest team in this year, they won the team trophy 6. WE SHALL OVERCOME: UCC CHESS PLAYERS IN THE MATCHC.K. YEUNG21

and the gold medal of first four boards. The remaining one, the board 5 gold medal, won by Law Ho Lim, our future star. We appreciate the effort of the team members and thank God leading us to get the prizes.

詩話十二則 楊俊強

(-)

歷史陳跡俱往矣,詩家題詠總不絕。李賀「今古何處盡, 千歲隨風飄」,此揭光陰流逝之義。劉禹錫「舊時王謝堂前 燕,飛入尋常百姓家」,此昭人事興衰之理。秦橋銅柱,不 敵空光流浪;王宅高堂,終如斜陽敗落。所謂「人事有代 謝,往來成古今」是也。

 $(\underline{-})$

杜甫〈兵車行〉「漢家山東二百州,千村萬落生荊杞」, 此宏寫也。「縣官急索租,租稅從何出」,此微寫也。「牽衣 頓足攔道哭,哭聲直上干雲霄」,此縱寫也。「去時里正與 裹頭,歸來頭白還戍邊」,此橫寫也。一詩之中,縱橫宏微 無不備,可謂面面俱到。

楊俊強

(Ξ)

六朝金粉,終為楊隋所佔,不復當年之盛,故唐人多感 懷六朝之作,而論理稍異。「山圍故國周遭在,潮打空城 寂寞回」、「惆悵南朝事,長江獨至今」,謂人事不及自 然。「王濬樓船下益州,金陵王氣黯然收」、「商女不知亡國 恨,隔江猶唱後庭花」,言人算更勝天命。

(四)

猿聲凄清,空谷傳響,哀轉久絕,故猿鳴為悲型意象。 若「風急天高猿嘯哀」、「孤猿更叫秋風裡」、「猿啼客散暮 江頭」、「猿鳴鐘動不知曙」之聲,縱非愁人,亦覺寒氣侵 迫。唯李白「兩岸猿聲啼不住,輕舟已過萬重山」,身心俱 輕,乾淨明快,至有此異作也。

(五)

「報君黃金台上意,提攜玉龍為君死」、「孰知不向邊庭 苦,縱死猶聞俠骨香」、「醉臥沙場君莫笑,古來征戰幾人 回」皆示征戰決心之句。惟「報君」只知效命於上,不及 「孰知」主動投戎捐軀。「縱死」悽涼悲傷,又不及「醉臥」 慷慨豪氣,真不愧為唐詩壓卷之作也。

 $\left(\overrightarrow{1}\right)$

戰詩最見人心,悲歡功過,莫不可題。「但使龍城飛將 在,不教胡馬度陰山」,刺主上之失。「突營射殺呼延將, 獨領殘兵千騎歸」,歌良將之功。「不知何處吹蘆管,一夜 征人盡望鄉」,憐征人之思。「縱有健婦把鋤犁,禾生隴畝 無東西」,道平民之苦。

楊俊強

(七)

琴聲樂曲,非筆墨所能形容也。是故聽琴之詩,不外乎二 法:一日以物喻聲,二日聽琴醉人。以物喻聲者,有「如 聽萬壑松」、「昆山玉碎鳳凰叫」、「昵昵兒女語」、「大珠小 珠落玉盤」。聽琴醉人者,有「客心洗流水」、「吳質不眠倚 桂樹」、「無以冰炭置我腸」、「莫辭更坐彈一曲」。

(八)

雲形態萬千,意象亦多。「白雲無盡時」,象隱逸之 雲;「浮雲遊子意」,象閒野之雲;「有時空望孤雲高」, 象清脫之雲;「黑雲壓城城欲催」,象凶暴之雲。

(九)

唐詩之幽靜者,當以柳子厚〈江雪〉為第一。王摩詰〈鹿 柴〉亦靜,然其幽靜有別。雪下垂釣,寒冷拔峭;山中聞 音,幽遠悠閒。相較之,「人蹤滅」與「不見人」同景,然 飛鳥絕,釣聲稀,入聲韻,則萬籟俱寂;青苔照,人語響, 上聲韻,則幽中有喧。

(+)

詩風之成,決於詩人之經歷與本性。老杜顛沛流離,致 有「飄飄何所似,天地一沙鷗」之嘆,故其詩沉鬱。浩然 不用於世,遂有「猶憐不才子,白首未登科」之慨,故其 詩沉痛。太白豪放豁達,致有「我醉君復樂,陶然共忘機」 之作,故其詩超脫。摩詰參佛隱居,致有「偶然值林叟, 談笑無還期」之心,故其詩雅淡。 (+-)

雖為一景,若賞者心境相異,其作亦大不相同也。孟、 杜、李皆臨洞庭,登岳陽。浩然無人舉薦,進士不得,而 有「欲濟無舟楫,端居恥聖明」之慨。少陵因避戰亂,漂 流無定,致有「戎馬關山北,憑軒涕泗流」之悲。太白適 逢特赦,時來運轉,故有「雁引愁心去,山銜好月來」之 快。

(+ =)

莊周夢蝶,最具哲理,又富詩意,故為詩人所愛,樂於 化典入詩。且不說「莊生曉夢迷蝴蝶,望帝春心托杜娟」人 所共知,「有蝶堪成夢,無羊可觸藩」、「羨君花下酒,蝴蝶 夢中飛」亦不失莊周詩意。李白「莊周夢蝴蝶,蝴蝶為莊 周。一體更變易,萬事良悠悠」,則更合莊子之理趣也。

《望江南》春夜懷人 戴盈莉

寒食節,煙雨灑浮萍。 午夜夢迴雙蝶舞,樓台寂寞更孤伶。 邀月聽心聲。

憑闌處,長嘆念良朋。 圓缺盈虧本有定,悲歡離合總無情。 和淚聽琴箏。

車緣 秦民德

自從亨利福特在1885年誕下第一輛四輪自動車,汽車就 在地球上馳騁穿梭了。

自小就和車結緣。幼時上街,爸媽總是忠告:「睇車呀!」 大概幼承庭訓,從小就愛上了「睇車」。小學時代,在街 上走動的,除了小狗之外,最吸引我的當然就是車。

爸爸愛車,在他年青時的黑白照片中,我可以窺見這種動物的進化。自我懂事以來,印象中就有一輛叫AE1425的 獲素和一輛叫XX4396的奧普,還有一輛肥肥白白頂著一個 高鼻子的大車,爸爸告訴我,這個「大鼻子」叫VOLVO, 名字挺有趣的。但始終是那部黑頂藍身的新款獲素,身裁 流線,外型瀟灑,最令我心儀。據我所知,這些車子沒有 一部是爸爸所有,全是他的朋友和同事的。有一次,他從 華僑影業公司的張鐵和張瑛叔叔那裡駛來了一部白色積架, 車頭正前方鑲著一隻金屬豹,銀光閃閃,好威猛。騎牠去 郊外,棗紅色車廂的皮臭,攙雜雨後路邊的草香,混成一 種令人神往的原野味道,沿青山公路傍海飛馳,總覺得海

秦民德

闊天空。

小時候有好一段日子,就在這種借來的奢侈中度過。

然而,車是可愛的,因為從牠那裡滋長了一份深厚的父 子情。

我愛駕車,尤其在廣闊的原野上疾走。在香港,車的形 像不大正面,牠們只是一團會噴廢氣、愛發噪音的鐵皮。 居香港久了,只得忍受這些污煙死氣,難得欣賞牠們的真 靈性。

有一年夏天,我和太太由卡城(Calgary)驅車到愛特蒙 頓(Edmonton)。車子繞向洛磯山道(Rocky Mts.),駛上一 堵立體的青蔥。只要拐一拐彎,前路幻化的風光沒了沒完, 乾坤挪移,山河易轉,從澄湖到冰川,從綠樹到白雪。冰 雕的群峰疊成新娘純白而神秘的面紗,一層又一層的驚豔 足以牽動久被桎梏的心靈,引誘無數駕駛者情不自禁地繞 過一座山又一座山,去揭開一個驚喜又一個驚喜再一個驚 喜。車,著實是奇妙的動物,當我騎上這部普藍色的舊版 雅廓,就可以變身成一個勇悍的逐風者,去馳騁夢想,追 逐自由。勞倫斯(T.E. Lawrence)認為嚮往速度是人類最 原始的野性,這的確是對人性一種深刻的觀察!此刻,雅 廓已化作一頭餓狼,引擎在雪谷之間嗥嘯,以一百二十公 里的時速在洛磯山脈的高巖邃壑間追逐光陰,直追到班芙 (Banff)。

沿Banff Main Street 慢駛,天清氣虛,兩旁建築物都是早 期美國西部的格調。我們彷彿被捲進了時間的旋渦,忽然 回到十九世紀的山城,像西漸時期(Westward Expansion) 坐著篷車的拓荒者,任車輪緩緩向前滾動,去迎接一個未 知的明天,追逐一種陌生的浪漫。

在高雅的 Banff Spring Hotel 古堡前, 車是一匹靈駒, 靈巧

而溫馴,踱著貴族悠閑的步伐,浪蕩在柳叢花簇中。天藍, 山白,樹綠,水碧,點染著簇簇盛開的黃紫藍白紅,在虛 幻與現實之間,噠噠的馬車聲彷彿隔著久遠的時空傳來, 在雪嶺間立體地迴蕩。這座洛磯山上的小城,就像宇宙的 黑洞,正在發放神秘的能量,攝取無數遨遊者的心靈.....

告別了Banff,沿著蜿蜒的山道疾駛,車是一柄磁浮滑翔的利刃,前面的山道爽快地迎刃左右破分,又在倒後鏡中央迅速縫合。山外有山,峰巒朝四方輻射開去,一直延伸到地平線,又在地平線外繼續延伸,伸延到阿拉斯加、伸延到麥哲倫海峽;遊刃山間,但恨不是庖丁,只是驚覺車子已深陷群山萬壑的體內,在洛磯山迂迴的腸道中流竄。這是逍遙,還是渺小?要是莊周此刻騎著大鵬,在美洲大陸九萬里的上空,沿太平洋海岸乘風南下,他定會驚訝洛磯群山原來是南美安第斯山脈(Andes, Cordillera de Los, Mts.)的連體,儼然傳說中的巨鯤;又像一條巨鯨,擱淺在地球兩極之間。當他低飛掠過,也許會發現魚腹之中隱約閃爍著一顆失落的鑽石,向北,緩緩的滾向路易斯湖(Lake Louise),正是我們車頂天窗的反光。

回到卡城,一切都得遵守城市禮儀和社會規範,車子彷 彿被「社化」(socialize)的小孩,在學習成人的禁忌;又似 一匹被馴服的野馬,正接受文明的同化。這匹靈駒只好收 歛感情,埋沒個性,回復她的鐵皮身,混在團團廢氣中, 跟隨車隊寸進,像小學生集隊般,循規蹈矩,避免受罰。 終於,她獲分得一個座位算是獎勵,就蜷伏在四條白線圍 成的框框中,寂然停聲。

此刻,當你在線框外經過,你只能從擋風屏的證件上得 知她的身份:姓本田,名雅廓,1989年生,2000cc,日本 籍,是亞洲移民。 9. 車緣

車,本來就不該屬於城市的。它是靈物,藏著一顆驛動 的心靈。

要是沒有了車子,世界就會顯得更細小,生活也會變得更局促。

爸爸,謝謝您!

亨利,謝謝你!

1996年12月香港

官字兩個口 泰民德

有一次,我當上了考試局的口試主考員 (Oral Examiner)。 一位考生恭恭敬敬的走進考室,第一句就是:「兩位考官, 你好。」我從來沒有考過A.O.,如今突然升了「官」,當然喜 出望外,第一件事應該做的,相信就是立刻電告娘親:「我 當官了!」

中文的「官」字著實很妙。頭上一頂烏紗,中間兩「口」 相疊,由上而下(Top-Down),既刻劃了官僚風範,又描繪 了官爺架勢。「官」字的結構,寫形寫意,可謂一絕。「官」 字的用法也很妙,從有權有勢的國家幹部引伸開去,任何 人,只要處於強勢的一方,都可被稱為「官」。當你參加駕 駛考試,坐在你身邊給你打分的,你會叫他「考牌官」,因 為,他正處於絕對的強勢,主宰你的「命運」;當進了店 鋪,決定是否掏腰包消費的是你,那時你就擁有消費者的 強勢,於是搖身一變為「客官」,根據「官字兩個口」原理, 所以「顧客永遠是對的」;至於,讀者、觀眾叫做「看官」, 資深伶人叫做「老官」,督學叫做「視學官」,傳統的家傭 稱少主人「大官」、「二官」,像我這樣一個小小的主考員也 被稱為「考官」...總之在中國,「官人」遍地皆是。

學校裡原來也有「官」。在香港,官辦學校叫做「官校」, 老師都是公務員,他們被視為「官」,似乎是理所當然; 即使是私校,嚴師也儼然「教官」,較仁慈的老師是「父 母官」,無論是一品官還是九品官,總之老師一言九鼎, 官威十足,號令群小,莫敢不從。在我小學時代,老師的 威勢直逼警隊「一哥」,那時問小學生的志願,多半都會 答:「長大了要當老師」;縱不是出於甚麼作育英才的理想, 卻顯示了希望一朝當官的壯志。

現今社會文明進步,跟港府高官一樣,學校裡的「官」再 不易為。一班學生,往往四十人,個個都是小皇帝;在皇 權高漲的課室中,老師只是服侍小皇帝的「宦官」。即使老 師間中發發「官」威,充其量也只得兩個口,面對四十多 個口,平均起來,也不過是一比二十,處於絕對弱勢。現 實是殘酷的,在強勢弱勢的角力中,"老獅"竟不如幼狼, 事已至此,老師不得不承認「後生可畏」是一個真理。面 對可畏又可怕的場面,「官」字兩個相疊的口都成了啞巴, "Top-down"失聲,鎮壓無效,唯有改變陣勢,出動兩個橫 列的口:有些老師選擇「哭」,有些老師選擇「罵」。 2002年5月

II

人物物語

杜校長的學習心得

1B黃詠翠

「勤力」是杜校長的座右銘。

這一天,我們在校務處門外等待著。我心情又興奮又緊 張,一本正經的坐在沙發上。

「校長來了!」組員在嚷著。我們開始走進杜校長的時光 大道了。

求學時期的杜校長深受老師愛戴,成績優異,是數一數 二的優異生。但原來他都有困難的時候,他升讀中四,壓 力大了,再加上有些難明白的科目,例如:地理、附加數 學等等,令他很煩惱,他無可奈何才問問別人,通常別人 也可以幫到他的。但他最後想了個加深記憶的方法,這方 法雖然看來很普通,但對他來說是很有幫助的,就是溫習 後,每天想一想,每天看一看,要專心地溫習,如忘記了, 便再多看幾次,直至自己記得為止;杜校長認為對於愈害 怕的科目,就愈要溫得多,不可放棄,他相信只要努力地 溫習,即使是最害怕的科目也會變成最擅長的科目。學習 並不需強迫的,而是在於自己願不願意學習,盡本份努力 學習課本中的道理,小時候就應該習慣有危機感,不要懶 惰,也不要輕易灰心放棄,勤力總是最重要的。

中學畢業後,杜校長選擇了到外國升讀大學,在這幾年間,他體驗到外國的教學方式和香港有很大的分別,他認為在香港讀書只為考試、升學、工作;而外國人教學是要 令學生知道讀書並不是為考試、為讚賞,而是為求得到知 識、對社會作出貢獻。

在提高學習水平方面,校長認為應該利用空閒時到圖書 館借閱一些有益的書籍來看看,他說:「我有時候會比較 喜歡看名著、時事、評論等的書籍,有時候又會喜歡看一 些小說、故事等。其實我的成功也是藉著這些書籍得來的, 所以你要明白書籍的重要和珍貴。」

由今天開始,我決定也用「勤力」作我的座右銘。

學習方法——潘李慧媚老師訪問後記 1C陳翠鳳

潘老師是一位比較樂觀的老師,喜歡說笑,和學生的關 係良好。她當老師已有十一年了,可說是一位資深的老師。 她現在的成功,並非僥倖得來的,是靠她不斷努力和有良 好的學習方法。

「中學時期,我的成績普通,最差的是數學科,時常找不 到竅門。於是我為了克服困難,不怕辛苦,多做練習,掌 握秘竅。」

「到了中五,有一位影響我最深的老師。這位老師教導有 方,而且時常勉勵我多看課外書,我曾經在一個學期讀了 二百三十本英文書,所以當時我的英文成績大有進步。」我 聽後,不禁嘩然!這個數目頗為驚人呀!對於我來說,看 二十本課外書已經很多了。

說到學習方法,原來潘老師是用概念圖來記下重要資料 的,這樣可以令自己更加明白課文的內容。她說:「習慣每 天溫習,不會在考試前"臨急抱佛腳"。我的溫習地方是在 家裡,雖然會有騷擾,但自己要有定力。」

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潘老師讀完中七後,便到教育學院修讀體育科和英文 科。「途中也遇到不少困難,有次我上體育課時不小心弄傷 了腳的關節,沒有上學幾個月,醫生說要做手術,否則就 時常無力。當時聽到後,我很傷心,又想放棄。但我的家 人不斷支持我,同學也很關心我,時常來探望我,替我補 課。那時,我常常祈禱,最後便康復了。」

問到關於成功的秘訣,潘老師十分謙虛地說:「我並不是 很成功,但我覺得只要盡了自己的本份便可,要知己知彼, 知道自己的強項就要努力發展。」

完成了這訪問後,讓我明白到學習是要一點一滴匯聚而 成的,我們的知識並不只是書本,在成長的過程中遇到挫 折也是學習的一部分。

成功的祕訣——專訪潘黃寶賢老師 1E何加寶

在現今社會中,大部分的青少年都覺得讀書很辛苦,壓 力亦大。每當學習成績不好的時候,都會想逃避。原來, 只要換一換學習環境和心境,失敗也會變成功。而我的班 主任 潘黃寶賢老師,則是一個非常好的例子。

在訪問的過程中,令我對潘黃寶賢老師的認識更深。原 來,她的成功是得來不易的。由於她在中五公開考試中的 成績並不理想,她的父母為了她的前途,就送她到加拿大 讀書。

「一個人離鄉別井,到陌生的地方讀書,是一件很辛苦的 事,特別是語言不通的地方,不過,憑著努力和神的帶領, 我終於成功了。」潘黃寶賢老師不禁自豪地說。除了這個原 因外,亦因為加拿大沒什麼誘惑,令她將空閒的時間,用 來做練習題和看書。時光飛逝,她的學業日漸進步,更超 越了其他同學。最後,終於完成在加拿大的學習課程回到 香港當教師。

「其實,你們也可以成功的,只要靠著努力,多練習,多

看書,總有一天會達到目標。在訪問後,潘黃寶賢老師的 鼓勵,不禁令我們信心加添。」

其實,有時我們都會遇到失敗和灰心,但只要我們堅持 信念,一定會成功。

我的媽媽 1E林曉敏

我敬愛的人有許多,但他們都隨著我年齡的增加而不斷 地改變。

但,我最敬愛的人,就只有最關心我,最瞭解我的—— 媽媽。

我的媽媽是一個四十過外的中年婦人,本叫趙思雲,嫁 了給爸爸後,便從了夫姓——林。媽的外貌充滿病態:瘦 削的臉孔,微凸的顴骨,蒼白的臉色,夾雜在髮間的銀 絲......但眉宇之間卻仍依稀地透著昔日的清秀。而最令人不 能忘懷的,相信是她的一雙充滿堅毅和慈愛的眸子了。

媽媽是一位很節儉的婦人,每次買東西時會先三思而後 行,首先思量該物品是否真的需要,然後是評估它的可用 性,最後是看看它的售價。因此,她從不會把一絲一毫的 金錢浪費掉。雖然她這樣節儉,但人們從未把她當作「守 財奴」,因為她需要把錢財都投注在子女身上啊!

媽媽亦是一位很傳統的中國女性,她的思想十分保守、 古舊。就例如她總是很不屑於衣著暴露的人,總認為她們

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很不知羞恥。因此,她總不允許家中的人穿著暴露的衣服, 亦因為如此,我這麼大的人到現在還未嘗穿過那些吊帶裙、 背心之類!因為只要我一穿,媽媽就會狠狠地把我臭罵一 頓,就有如「河東獅吼」般令人卻步呀!

媽媽對子女很嚴厲的,無論我們做錯了些什麼事,她都 能把我們教訓良久,但我知道她是一位外冷內熱的人,雖 然表面上很兇惡,但實則內裡是很溫柔和善的。所以,我 亦從不懼怕她,還覺得她只是虛有其表而已!

從小至大,我媽媽都對我有很大的影響,例如是她教懂 我許多「第一次」:第一次自己穿衣服,第一次抹桌子,第 一次.....也是她教懂我許多做人道理、生活常識。因此,媽 媽雖從未說過任何的愛我之辭,但我深深地瞭解到我的媽 媽是對我啟發最大的人,也是我永遠最愛的人,不論過去、 現在、將來!

我的媽媽 1E黃慧君

她身材中等,個子普通,皮膚黝黑,在臉上有很多小蟲般的皺紋,因辛勤地工作,手上還結了多個繭。她是誰 呢?她就是我的媽媽。

我十分尊重她,這是因為她有不屈不撓,永不放棄的精 神,最重要的是她十分疼愛我。在我還是嬰孩時就有很多 病痛,令媽媽十分擔憂,也為她增添不少麻煩。因為我身 體差,只被風吹一吹,便會感冒了。媽媽為了照顧我,所 以沒有去上班;在家裡媽媽是最寵我的,為了我,即使家 用不夠也經常買我喜歡吃的水果、糖果、餅乾等東西給我 吃;吃飯時還把我當成客人似的,不停地往我的碗裡送菜, 邊吃邊叮囑我多吃一點,吃飽些。我不是香港出生,在鄉 村長大,有這麼多好東西吃已經是非常好了,但我卻永遠 不長胖。

現在我和媽媽已來了香港生活,因為香港的生活指數高, 爸爸年紀大了,所以媽媽便要負起養家的重擔了,她為了 我的生活能過好些,她不怕辛苦地做地盤的工作,因為這 工作會賺較多的金錢。她每天回家已十分疲累,但還要照 顧我的起居飲食,最大問題還是我的身體差,這令她更擔 心。幸好,我由同學得知,參加了民安隊,把我的身體鍛 練得強壯些。媽媽才放心一點和輕鬆少許。

我真的非常感謝媽媽,為報答她,我要努力讀書,在社 會做一個有用的人。

路上的她 3A吳嘉慧

今天,他怎麼不出現?莫非他生病?或是他已經走了? 還是他今天放假?

呀B大概是他的名字, 呀B應該是一個三、四歲的小孩子。他每日早上大約七時許都會穿上校服,提著食物袋,跟著女傭上學去。

呀B的樣子很甜,充滿孩子氣。他的臉兒永遠紅得像蘋果,眼睛又大又圓。他個子不太高,外型略有點胖,正因為這些條件,令我留意到他。

記得有一次, 呀B在街上向他的女傭撒嬌, 我想他或者 未睡夠, 不想上學罷。他一面大哭大喊, 一面撒嬌, 好像 一位工人向他的主人哀求一天假期似的。於是女傭把呀B 抱起, 用手帕抹乾呀B的眼淚, 還唱歌逗他, 使他安靜下 來, 乖乖的上學去。呀B亦很乖地伏女傭的胸口上, 靜聽 女傭姐姐特別為他而唱的歌。

在那一刻,我真的很羡慕那位女傭,因為她有機會給呀 B唱歌,有機會跟呀B一塊兒上學,有機會與呀B一起生

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活,有機會同呀 B.....

如果可以的話,我真希望以後也可以在路上跟呀B相見。

一件令我悲傷的事

3E黃樂汶

十四年前的一個炎熱夏日,我出生了。不久,我學會了 笑,因此,每天也就嘻嘻哈哈的笑著。爺爺看到我每天都 如太陽一般燦爛的笑容,於是便替我取名樂汶,希望我每 天都快快樂樂。

爸爸媽媽每天辛勤工作,為口奔馳,因此便託爺爺照顧 我。很多小朋友第一句學懂的說話是「爸爸」,「媽媽」,但 我第一句學懂的卻是「爺爺」。爺爺很疼錫我,他會將最好 的給我。自小爺爺就拖著我去做義工,他教導我「施比受 更為有福」,爺爺會帶我到樓下的球場餵白鴿。每個星期日 又會帶我上主日學,講故事給我聽。每當政府舉辦甚麼花 展、書展,爺爺都會帶我去,讓我增廣見聞。在我心目中, 爺爺博學多才,文武雙全,動靜皆宜。他最喜歡帶我到圖 書館看書,到電影院看戲,到公園遊玩,到涼亭下棋。爺 爺對我愛護有加,無微不至。

但人越大就越受不了爺爺的那一套,每當有男同學打電 話來的時候,他總是嘮叨的說甚麼讀書要緊呀,要乖呀..... 終於有一天,我們吵了起來,爺爺說:「乖孫,讀書要緊 呀,不要傾那麼多的電話。」我說:「知道了,不要再煩。」 爺爺說:「我煩?我都是為你好!」我說:「你為我好就別 煩我」.....就這樣,我們吵了半天,我一怒之下,走了。我 很不高興,到附近的圖書館坐了半天,爺爺開始擔心了, 他到來找我,因為他的焦急,還沒有轉燈,便衝了出馬路, 結果,給一輛車撞倒了。

我下了氣,回到家,媽媽致電給我,我才知道爺爺被車 撞倒,進了醫院。我飛快的趕到醫院,但遺憾的是,我連 爺爺的最後一面也看不到。此時此刻,我抱著不會再醒來 的爺爺大聲哭起來:「爺爺,對不起呀,請不要離開我!」 然後一段段的回憶,突然浮現在眼前。出世時,爺爺高興 的抱著我,替我取名字,我們一起做義工、餵鴿子、返教 會、到公園遊玩,一起看戲,一起看花展等等,很多很多 的,都一段段的歷歷在目。

「早知如此,何必當初」,有的時候不懂得珍惜,到沒有 了才後悔,但一切已經太遲了.....

一張令人難忘的臉

4A司徒淑華

> 凄冷的冬夜,空氣似乎也凝結成蒼白色的了,驟然的一 聲嚎啕大哭,把我從睡夢中驚醒。一種預感像電流般擊穿 了我混沌的心境,慘慘的,白亮亮的。

「華兒,你公公……」媽媽的雙眼紅紅的淚流滿面,我可從來沒見過她這樣悲傷的。

我最親愛的公公死了, 悄悄地走向另一個世界。然而, 我沒流淚。

陰暗潮濕的閣樓裡,還會見到公公那張蒼老的面孔對著 藍天吧!牆根下的蟲兒,還會聽見那憂鬱悲哀的的嘆氣聲 嗎?嘮叨個沒完的媽媽,還會緊繃著臉說公公「老不死」 嗎?.....哦,不會了。

公公癱了,整天懨懨地躺在床上。他的臉是遲暮的黃昏, 籠罩著濃重不散的愁雲,他那渾濁昏花的老眼裡是一片茫 然無際的黃色沙漠。

「公公,你不害怕麼?老鼠會咬人的。」我認真的問。 鬍 子花白的公公像個老壽星。 翕動著乾癟的嘴唇說:「哦,公

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公不怕,人老了什麼都無所謂了,你還小,你不懂哇。」公 公笑了,那片黃色的沙漠卻溢出冰涼的淚水,流過了他的 臉,流到他的心裡.....

我不明白媽媽為什麼對公公總是冷眉冷眼;爸爸呢?患 了氣管炎,什麼都是聽媽媽的。「七老八十的人了早該歸天 了,還賴著不走。」

肅穆莊嚴的靈棚架起來了,蒼涼淒厲的嗩吶划破了靜寂, 連空氣也震顫起來。沾親帶故的擁擠一堂。花園、挽聯, 還有在寒風中搖晃的白色燈籠,滿眼重疊的人影,滿耳鳴 咽的哭聲,無數條白布被扯成條條塊塊,捆在腰間,扎在 頭上。燭光閃爍,慘白的孝衣,蜡黃的臉.....

公公的遺像挂在堂屋正中,他的鬍子花白花白,像老壽 星,他的笑是多麼慈祥和欣慰啊!然而我分明看見,那片 黃色的沙漠,溢出了冰涼的淚水,流過我的臉頰,流到我 的心裡......記得最後一次叩響閣樓的小門時,再聽不到公公 那歡欣的話語。公公躲在床上,氣息微弱,他已有好幾天 滴水未沾了。我端著媽媽給我做好的煎雞蛋和溫熱的牛奶, 向公公走去。

醉澀而悲傷的淚水,流過那張蒼老而悲哀的臉,在我心底裡默默地流淌流淌.....

一件小事 4A黃曉彤

每年六月是考試的高峰期,所有學生都挑燈夜讀,而我 也不例外。去年六月,我一如既往坐在那些沉悶、冰冷的 教科書前,努力地與那陌生的中國歷史搏鬥著。因中國 歷史是我的弱項,當晚心裡感到無限的不安和恐懼,而媽 媽則不停在我耳邊問著:「肚子餓不餓?」,「還未睡覺 嗎?」,「不如明早再溫習吧!」......在寒冷且寧靜的夜裡, 她的話顯得份外「嘈吵」,加添了我的煩惱,終於她的一句 「阿彤,快穿上外衣,免得著涼。」那按捺不住的火山終於 爆發了。

「你不要再吵。」我大聲地叱喝媽媽,臉上充滿著厭煩的 神情。至於媽媽,只是垂下頭,含著淚,用著戰抖的聲音 說:「那你不要溫習太久,早點睡吧!」我並沒理會她,繼 續埋頭苦幹地溫習。

不知過了多少時間,我與那中國歷史戰鬥完畢,回頭一 看時,發現媽媽坐在我背後睡著了。她的樣子蒼老得很, 頭上一根根的白髮,密密麻麻的,從前細嫩的雙手不知何 時佈滿了疤痕。她手上還拿著一本教導家長如何與子女共 渡考試時期的書,那時我心中混亂得很,為了媽媽的愛而 感到喜悅,但同時對於自己的惡劣脾性感到內疚。原來自 己是不懂珍惜、體諒媽媽的愛,更不懂對那些愛作出回應, 那時才看見我是這麼的冷血。我以後要為那關懷作出回應, 不要再辜負媽媽的愛。

現在每當媽媽對我說:「阿彤,快穿上外衣,天氣涼了。」 我總是趕快穿上外衣,然後細聲地對媽媽說:「謝謝!媽 媽。」

III

生活點滴

生活點滴三則

李家豪(匯基校友,現留學澳洲)

匯基的花園

午飯後,走到天台花園,獨自坐在午後陽光的樹蔭中。 天氣此時還相當暖和,微風輕拂,吹起了筆記本的頁扉, 筆記本敞開著一頁雪白的單行紙,它在葉縫中透進的陽光 照耀下,顯得使人目眩。久久凝視著單行紙上的每一行, 它們像要化開、變得詭異,使人陷入沉思.....

突然來的一陣微風夾雜著少許從遠處油站飄來的電油味, 刺激了渴睡人的嗅覺,刺激了渴睡人的思想,刺激了渴睡 人的身軀。舒展一下身子,雙眼不再鎖定在那迷幻的雪片 上。抬頭,望見瓜棚上的黃花。視線穿過棚上的竹枝,在 蔚藍的天色下,那黃花格外搶眼。此時天空中一個黑影劃 過,大概是那徘徊空中的鷹在飛過吧。 10/99

李家豪

拜奧拉的高台

還記得在洛城拜奧拉大學(Biola University)讀暑期課程的日子,那時正值加州的炎夏,下課後有時會到泳池消消暑。池邊有個跳水高台,有好幾天我只佇立池畔,對之凝視良久,就這樣耽了幾天。

一日下午,我踏上了濕漉的台階,爬到跳水台頂,站在 跳板邊緣,在那裡看,高台顯得更高。我知道要下去只有 兩個方法:回頭退下台階承認失敗;不然便蹤身跳下,勝 過內心的恐懼。最後,我還是俯身向前——退縮也來不及 了,傾刻間,在炎陽照耀下,我掉進了清涼的水中:我戰 勝了高台。我們幾個同學都把那個下午消磨在一次又一次 的跳水中。

我們也無數次站到跳水高台上,一躍而下把恐懼戰勝, 最終組成了我們的人生。

9/1/2000

冬夜

七月赤道和 南極間 大陸上的 又一的個冬夜 8/7/2000 寫於澳洲臥龍崗 (Wollongong, Australia)

派發試卷的一天

1B劉家慧

我背起書包用力地跑,跑過那高高的大樓,走過那長長 的街道,但我仍不覺疲倦,只因書包中藏著一張很特別的 東西。

今天,是一個下雨天,也是發試卷的一天。我戰戰兢兢 地走回學校,心裡總是患得患失。正當我走到課室的門口, 一位同學走過來對我說:「班長,今天發試卷了,你的成績 一定很好吧!」聽到這句話,我心裡忽然一怔,因為我知 道這次測驗的成績可能會不理想,所以我就低著頭輕輕地 說:「是嗎?」然後走進課室。

「鈴……」上課了,我回到座位坐下來,目不轉睛地望著 門口,心裡非常緊張,怕得知成績後,可能會很傷心,可 能會被同學們取笑,所以我不希望看到門口有人進來,更 希望看不到試卷上的分數。

要來的始終都會來,只見老師急急忙忙地走到課室裡, 手裡還拿著試卷。當老師做完上課的準備後就正式上課, 他一句一停地說出測驗的成績,我留心地聽,只知讀出 來我的成績都很好,但讀到數學科的時候......老師大聲地 說:「這次數學測驗第一名是×××,第二名是劉家慧.....」, 我再也聽不下去了,因為我實在太高興了,我真的希望時 間能凝住,真希望我在匯基的生活能永遠如此。一放學, 我就背起書包直跑回家。

終於到了家門,回想起今天意想不到的事實,我真的分 不出是真的,是假的,但此刻我終於都明白了一個道理— 一勤力的農夫,他所用過的努力,所流過的汗水,總會在 那塊金黃的土地上歡笑。

我在匯基的一天 1E林曉敏

今天真是倒霉啊!我一面收拾書包,一面回想著。

唉!我真是大意!知道今天有游泳課,竟把游泳用品都 遺漏在家中,害得我今早上體育堂的時候,一直坐在游池 的階級上,呆呆地望著正在嬉水的同學,心中恨不得跳下 水去涼快一番。更糟的是,老師竟帶領同學們玩一些水上 遊戲!我卻要望著她們玩得興高采烈,真可憐!

回到學校後,便是作文課了。哈!那可是我的強項啊! 我一定要寫出一篇絕世好文章讓大家對我刮目相看。才這 樣想著,滿心的熊熊鬥志就被一盒冷水潑熄了。只聽老師 這樣說:「沒帶備上課用品的同學記一畫。」這才想起:我 把字典放在貯物櫃?啦!真倒霉!正當我垂頭喪氣,毫無生 機的時候,幸而老師宣報了一個足以令我重拾自信的好消 息。我的作文分數是全班最高!哇!真高興。可謂絕處逢 生了。

作文課的好消息令我高興了好一個早上。然而,吃午飯 的時候,我發現我的飯墊不見了!那是不可能的嘛!昨天 還在的呀!於是,我開始翻天覆地地找尋我的飯墊。可是, 無論我掏空了桌子,或是揭開書本來找。但結果都是一樣: 沒有。就這樣,我被紀錄員記了一個不良的紀錄。

午飯本來是很美味的,但我口中的飯卻是苦如蛇膽,只因我的心正在流淚。

因為午飯事件,令我鬱鬱不歡了好一陣子。後來,上中 文課的時候,因為飯氣攻心,結果伏在桌上睡了。

想到這,我情不自禁地苦笑。真是倒霉又有趣的一天啊! 我愛匯基生活的每一天!

一次失敗的經驗 1D張維利

我在繁忙的街道上走逛,行人各自走著,誰都懶理誰。 街上的人很多,但卻感不到丁點兒的溫暖。陽光依舊燦爛, 溫暖,但不知為何,在太陽伯伯的笑容中,我隱約看見嘲 笑。我再次打開手中的試卷,期待奇蹟的出現,但結果還 是一樣,分數欄上依舊是那「難看的數字.....」

「陳志成……何家俊……張維利……」我連忙走到教師桌前, 雙手接過試卷,戰戰兢兢地走回座位。我嘗試用一切方法 叫自己別打開試卷,因我知道,卷中的分數將叫我十分失 望,可惜,理智還是令我把試卷打開了,果然,分數欄上 的數字和預期的一樣低,雖是預期之內,但我的心還是往 下一沉,腦海中立即浮現出千百句責罵自己的說話「誰叫 自己不溫習,活該!」、「唉!爸媽知道怎樣嘲笑我?」……

走著走著,不知不覺地又回到家門前,我想通了,與其 在悲傷中後悔,倒不如勇敢地面對和補救,期待下一次的 考試可以有所進步。

一次成功的經驗 1D張嘉零

今年的陸運會已經在二月中舉行了,每當我想起那天的 情形,總會感到很幸運。

回想起應該是運動會的第一天,大會進行一項班際接力 比賽,每班需派出四位同學參加,我就是其中一位。當時 我想其他四班同學的實力都旗鼓相當,要勝出這場比賽並 非容易。

想著想著,比賽快將開始,站在運動場上的我,猶如熱 鍋上的一隻螞蟻,心跳加速。看著第一、二棒的同學都跑 得比其他班的同學快,這時心情才平伏下來,我想今次的 比賽一定會勝出,怎料我快將交棒時,腳扭一扭,差點跌 倒,幸好我及時將棒交到最後一位同學的手中,最後一位 同學跑步的速度非常快,比賽的結果我班當然勝出!

經過這次比賽,我領悟到甚麼是合作精神我曾經聽過一 句說話,就是「兩個人一起合作完成一件事,總比一個人 成功。」

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其實這次比賽可能並不是因為僥倖而取得冠軍,而是同 學們的實行,與及同學們之間的合作精神。

小學生活的苦與樂 1D李少東

踏上中學後,小學的回憶就像放電影似的呈現在我的眼前......

在小學生活裡,每次老師說要考試或測驗,我心裡都感 到害怕,因為老師宣佈完後,功課就如水銀瀉地般傾倒而 來,令我每晚的功課都堆積如山,不知從何入手。有時候, 我還要通宵達旦地把這些功課完成,否則考試成績便不理 想。那時不但受到家長的責罵,老師也會對作出嚴厲的懲 罰啊!

不過煩惱的苦事過後,亦有不少的快樂時光。在我六年 級第二次考試後,學校同時舉行了「卡啦OK」歌唱比賽和 天才表演。而「卡啦OK」歌唱比賽是自行報名,自由組合 的,可以自己選歌。每人都將自己積累的煩惱,藉這次機 會一次過爆發出來,實在是大快人心啊!而天才表演就好 像一個搞笑劇場一樣,每個同學看完一班的滑稽表演後, 都會捧腹大笑,將苦惱的事情拋到九宵雲外。

這本日記裡記載了我的苦楚,我的快樂。在成功路上的

苦與樂,使我受益不淺。我永永遠遠記得小學生活裡面的快樂時光。

一切從那封匿名信開始

2C 黃婷婷

昨天,我家發生了一件非常有趣的事情。昨天早上,我 們一家如常吃早餐後,爸爸趕上班,我和哥哥上學去,媽 媽去買菜。

當媽媽回家時,看見桌上放著一封信,接著媽媽便打開 來看,這封信的內容是這樣的:「你的女兒在我手,若想保 著你女兒的性命,你要在五時前提著一百萬到附近的那間 茶餐廳,你千萬不要報警,否則你的女兒凶多吉少。」信件 沒有署名。當媽媽看完這封信後,真是嚇壞了,她焦急得 像熱鍋上的螞蟻,不知如何是好。當她冷靜下來後,便立 刻致電給爸爸,爸爸聽到後嚇了一跳,便立刻請了假回家。 當爸爸趕緊回家的時候,我剛巧放學碰上他,於是爸爸便 把整件事件告訴我,我便飛奔上樓。媽媽一看到我便立刻 擁著我,接著爸爸便告訴她有關在途中遇上我的事。

大約四時左右,哥哥放學回家,得知整件事後,笑到人 仰馬翻,原來那封信是哥哥參加話劇訓練班的道具。你說 這個是不是一個有趣的笑話呢!

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記一次義工服務 2D祝俊傑

今年,我作了一件十分有意義的事,雖然不單是我一個 人去做,可是這件事在我心中卻留下不能磨滅的痕跡。

那天,同學們都比平常興奮,只期待著長者的來臨。不 久,長者們陸續地走進來,而全部是老婆婆呢!同學們有 禮地握手歡迎她們。老人們臉上的皺紋雖比我們這群年青 人多,可是卻比我們這班年青力壯的學生更顯得活潑好動。 我們早已為她們安排舒適的座位,也分配了同學坐在長者 們旁邊,遠望之下,長者與同學們黑白相間的頭髮,形成 了一條彎彎曲曲的斑馬線,十分有趣。從工作人員口中得 知,這群長者原來是要經過抽籤才能參與這活動的,因此 我們更要全力做好這次服務。

節目終於開始,同學們真的別出心裁,為了這次活動費 盡心思。先有我班的美妙歌聲,繼而有一位小提琴的天才 為長者們表演,隨後一陣熱烈的掌聲,令平常顯得微不足 道的學生也變得驕傲起來。節目源源不絕,有遊戲,亦有 問題來考她們,逗得她們又哭又笑,連額頭上的皺紋也露

出來了。

最精彩的節目便是與長者一起分享童年趣事。雖然她們 已這麼年老,最老的甚至有九十歲,可是記憶力卻十分強, 能把過去的事原原本本地複述一次,真是令人佩服。當我 們聽得津津有味的時候,茶點時刻終於來到,她們真是十 分合作守禮,儀態莊重,不會像學生們狼吞虎嚥似的,真 是值得我們學習。

最後我們與長者們拍照留念,還進行了抽獎,一位取得 大獎的婆婆開心得說不出話來。在與長者告別前,我們把 一份小小紀念品送給她們,內裡寫著「耶穌愛你」四字,希 望她們在有生之年能認識一位真神 耶穌。不久,長者們 帶著愉快的心情離開,這次義工服務亦完結了。

第一次義工服務中,我學習到團結精神是很重要的,每 一位同學都是為這次義工竭盡所能。在我與一位老婆婆交 談當中,得知道她有十分多子女,全部都是十分孝順的, 常常約她出來聯絡感情,這位婆婆已有九十歲了,身體仍 然很健康,她還鼓勵我用功讀書呢!我終於體會了做兒女 的責任,必須孝順父母,因此這次義工服務令我印象深刻, 是一件十分有意義的活動,我真希能夠為更多人工作,服 務社會。

我的日記 3A梁美琪

今天,天氣不大好,外面被朦朧的霧籠罩著,我的心情 也像外面的霧一樣灰暗,於是我整天都留在家執拾東西。 偶然,在床底下拾到一本日記簿......它沒有寫上年份的呢! 但看這樣的字跡,我猜是在我小學二年級寫的。

日記簿上的字跡把我戲弄了,一大一小、一高一低的都 寫得不太清楚,但我隱約看見日記簿上寫著......「今天,收 到英文老師派回來的默書簿,分數把我嚇倒了,竟然是100 分,這是我第一次拿100分,從來都沒有想過自己會拿100 分,如果把這個消息告訴姐姐,她一定會開心得跳起......媽 媽今天又要超時工作了,家裡只得我一個人,媽媽一定很 擔心啦......」看到這裡,眼淚慢慢地流下,這時的心情既自 豪又慚愧。

自豪的是在小學二年級的時候,已經懂得照顧自己,雖 然只是小小的年紀,我都不用媽媽在我身邊,但更感到自 豪的是我得到媽媽的信任,她放心把我留在家。慚愧的是 對於我姐姐,姐姐以前是一名會計,記得媽媽因要上班, 午膳的時候不能煮飯給我吃,姐姐竟然每天都由尖沙咀的 辦公室跑回家帶我外出吃飯,天天如是,直至她替我找到 一間託管補習社。對於姐姐,她每月付出千元的補習費, 只是為了我的好處,但我反而討厭她,我不喜歡補習社的 生活,所以我每次默書都是0分、50分,從未試過100分。 若我告訴姐姐我默書100分,她必定很開心,但我已沒有這 樣的勇氣了。

日記——不但是我們的回憶,更是我們的鼓勵。

日記一則 3C黃麗婷

二零零二年三月三日星期二天陰

今日天氣悶熱,早上還下過一場雨。我在床上拖拖拉拉 的,結果遲到了十五分鐘,還趕不及我的測驗。渡過了四 堂沉悶的課,其實,是否真的沉悶?不是的。只是昨天送 殯的情況還歷歷在目。

昨天是我爺爺出殯的日子,我感到末日也快要來了。想 像前陣子還調皮地和我一起玩「人肉韆鞦」,現在他卻與我 永遠辭別,我真的不敢相信!也不願相信!我寧願是他跟 我開了個過份的玩笑,也不想這是事實。

爺爺住在沙田,每逢星期六、日,就會來我們家玩「韆 鞦」,我覺得那是一生中最好玩的遊戲。然而我永遠都再沒 有機會玩了。昨天我送他出殯,我沒有哭,因為哭根本已 經不能抒發我的傷感了,我只是懷緬在與他玩韆鞦的回憶 中.....

今天我只是在這校園裡晃盪,吃過午飯,又過了兩節課, 終於放學了。操場內仍舊是熱鬧,今天的天氣仍舊是悶熱, 而我的心情仍舊是陰沉。

現在這一刻,我躺在這角落,再寫今日不好受的天氣, 那種悶熱的感覺彷彿又圍繞在我的身邊。

我眼中的香港 3D 張秋萍

我眼中的香港是一個充滿生機、充滿魅力而又充滿希滿 的國際都市。香港能從寂寂無聞的漁村蛻變成蜚聲國際, 舉足輕重的金融中心,可見其顯赫的成就絕非僥倖!

隨著經濟的發展,今日的香港已經成為知名的國際貿易 及金融中心,坐擁第一流的基建設施。如今,這顆熠熠發 光的「東方之珠」已化為每個香港人滿腔驕傲、滿腔自豪。

香港實施自由貿易政策,吸引了大批外國商人來港投資, 使經濟繼續自由和蓬勃地發展,而且不斷增長。今日的香 港,是世界最繁忙的港口之一,每日經由香港進出口的貨 物不勝其數。而且香港的發展也正與科技並駕齊驅。加上 香港近年引入數碼科技發展,促使香港變一個以知識為本 的數碼城市。另外,香港一些基建設施,如創造世界紀錄 的青馬大橋、汀九橋,以及高效率和完善的交通網絡,均 為香港作為國際大都會奠定了鞏固的基礎,作為香港人, 我是感到驕傲的!

在我的眼中,香港同時又是一個蒙受宰割、曾經戰亂、

歷盡滄桑的中國領土。中國在「鴉片戰爭」及「英法聯軍 之役」中戰敗,被迫把香港島與九龍半島南部的土地割讓 給英國,自此,香港便成為英國的殖民地。而在英國統治 期間,香港曾被日軍佔領,香港人在日軍的統治下過了三 年零八個月,嚐盡各種苦頭,受盡屈辱。及至一九四五年, 美國在日本投下兩枚原子彈,日治才告終結。接著,香港 也因各種因素發展成工業城市,最後蛻變成為世界首屈一 指的金融、商貿和通訊樞杻的國際大都會。

一九九七年七月一日,是香港回歸祖國的歡慶日子,當 國旗和區旗冉冉上升的一刻,意味著香港的歷史將揭開新 的一頁。我眼中的香港雖是彈丸之地,但香港的騰飛並非 一朝一夕之事,而是靠著七百萬港人攜手共同努力創造出 來的,不然怎能造就這一顆亞洲最亮的「明珠」?怎會取得 舉世矚目以及備受國際推崇的非凡成就呢?對於眼前的香 港,我是充滿憧憬及無限祝福的,願香港明天會更好!

我眼中的香港 3E胡丹鳴

或許在很多內地人的眼中,香港是一個大米缸;但在我 的眼中,香港已經不值一文了!

看一看!香港的街上滿是垃圾!垃圾的種類繁多:紙杯、 傳單、糖紙、鋁罐......這全部都可循環再做的,為甚麼香港 人總是不懂將垃圾分類呢?為了一時方便而破壞環境,真 的可惡!

聽一聽!香港真的嘈吵!商店都播著振耳欲聾的音響, 售賣光碟的商店,把音響的聲浪調高也情有可原;但不知 可解,售賣衣服、精品,甚至有些正在馬路上飛馳的汽車 也要把音量調高!香港人真的不愛惜自己的耳朵!

嗅一嗅!香港真的臭!滿街的垃圾發出陣陣的怪味,在 餐廳裡,本想嗅嗅食物的香氣,但鄰桌卻傳來陣陣的煙味, 影響食慾之餘,更影響健康。難道香港人愚蠢得連吸煙害 己害人的道理也不懂嗎?

走一走!走在香港的街道上,你會發覺街道凹凸不平。 為甚麼呢?因為政府修整道路馬虎,令地面不平;市民又

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沒有公德心,把香口糖隨便地吐在地上,其他人不小心踏 到了,它就會貼在他的鞋底,令他們走起來覺得好像有東 西凸起一樣。莫非香港人瞎了看不見垃圾箱?還是政府的 垃圾箱不夠?

想一想,生活在這樣的地方好嗎?

我眼中的香港 1D鄒麗芳

我眼中的香港是個又繁華又美麗的大城市。

香港在世界地圖上雖是毫不起眼的一點。但它現在卻是 世界上其中一個的重要轉口港,它集合來自不同地方的貨物,加以儲存、分類,然後運往世界各地。而且香港的地 理位置適中,來往世界各地的海、陸、空交通工具都非常 方便。香港有很多美麗的海灘和名勝,例如黃金海岸和天 壇大佛,黃金海岸不但是海灘,那兒還有很多餐廳,外籍 人又多;在那兒,隨時都可以聽到不同國家的語言。香港 是個購物天堂,這兒的貨品種類繁多,款式新穎,價格又 廉宜,所以每個星期我和媽媽都會上街,看看有什麼奇特 的東西;而且香還有很多有中國特色的建設和中國文化節 日的活動,其中令我印象最深刻的是黃大仙廟,無論是節 日或假期,都會有很多人在那兒拜神或觀光,所以香港有 「東方之珠」的美譽。

香港雖然有美好的一面,但也有不好的一面,那就是香 港的空氣很污濁,每年都排在世界上的前十名,雖然香港 有這個很大的缺點,但這不但會影響我喜歡香港的城市, 是我們的驕傲和自豪。

流星雨 3D李寶雯

黃昏慢慢地過去,黑夜悄悄地來臨,香港的夜晚變得非 常寧靜,與此同時,香港天文台宣布了一件令人興奮不已 的事情,就是今天晚上會有千年難得一見的流星雨。對於 今次的奇景,大家都期待著。因此,我便與家人跑到山頂。 沿著這條幽靜的小徑,看見到處種滿各種各樣的樹木, 它們整齊地排著,就像一隊英勇的軍士。微風吹過,傳來 一陣「沙沙」的聲音,亦有一陣陣清香醞釀著。走著走著, 突然眼前一亮,許多燈光在照射著,原來這裡早有一班天 文愛好者,雖然人很多,但是大家都平心靜氣,提著照相 機,朝向天空,等待那一刻的來臨。

淡淡的月光使人有點倦意,於是自己起來觀賞周圍的景物,遠眼望去,看見萬家燈火,如無數的星星在眨眼,閃 閃生輝。高樓大廈,來來往往的車、船.....整個維多利亞港 都盡收眼簾,香港繁榮的景象盡顯。

突然,天一閃,便有無數的流星飛過,原來流星雨出現 了!大家都非常興奮,全場歡呼!在流星雨下的香港特別 美麗,美得難以形容,在流星雨的帶動下,香港好像活了 似的,演奏著一首首動聽的樂曲又像兒童合唱團那優美的 歌聲。這時「東方之珠」變得更閃閃生輝。

流星雨過後,又一片寧靜,香港的景象依然,皎潔的月 色照射著,原來,月夜下的香港都很美麗的。

加拿大遊記 3D陸煒新

去年暑假,我懷著興奮和好奇的心,參加了由匯基與另 外兩間學校合辦的「加拿大學習體驗團」,為期一個月。這 次旅程顧名思義,是既學習,又體驗,而我在這個旅程中 的確經歷和體驗了很多事物。

先說我們在加拿大的居住地。我們居住在 Niagara Christian College(尼亞加拉基督中學),我們除了在這裡居住外, 還在這裡學習。在這中學裡,除了有我們來自香港的學生, 還有另一批人與我們一同在這裡學習。他們是一班墨西哥 籍的學生,與我們一同來加拿大學習,跟我志同道合。一 有空,我們便會教他們廣東話,他們也會教我們一些西班 牙語,可說是一種意外收穫。

很多人一聽到「學習」這兩個字,便會有一種枯燥乏味 的感覺,但經我親身體驗後,這種看法是錯誤的。我們在 這裡的不單是學習,還有很多活動可以參加。每一天,我 們都會到不同的地方觀光遊覽,進行不同形式的活動,可 說是多姿多采。而在活動期間,我能與香港和墨西哥的同 學增進友誼,加深彼此間的感情。而到不同的地方觀光一 直是我嚮往的,難得終於有機會來遊覽,當然要把風景名 勝飽覽一番。我們去了很多地方,而我最愛的旅遊點當然 是世界著名的Niagara Falls(尼亞加拉大瀑布),這瀑布可真 壯觀和宏偉,相信來這裡看過的人也有同感。

我與所有老師、同學都很融洽地過了一個月,但是日子 很快地過去,真是很不捨得那些導師和墨西哥的同學。直 到我們在校園的最後一天,我們互相擁抱痛哭,但是我們 始終還是要分開。幸好現在科技發達,我們可以用電子郵 件互相與對方聯絡。

這次旅程,我學到的不只是英文,還結識了很多朋友和 學會怎樣與人交際,並加深我對加拿大的文化、習俗各方 面的認識。我在這裡學習到那麼多,希望日後有機會再次 參加同類的課程。

夜香港

3D 潘渭添

幾年前,爸爸帶我到山頂觀看香港的夜景,當時我認為 香港的景色並沒有特別,在電視上都看過,誰知我一來到 山頂的瞭望台,就被這美麗的夜景吸引住了,難怪香港被 譽為「東方之珠」,真是令我目瞪口呆,刮目相看。

我站在瞭望台眺望著遠處,家家戶戶都張燈結綵,奪目 耀眼的燈光繪畫出一幅栩栩如生的圖畫,令人目不暇給, 就連高樓大廈也被燈光點綴得滿有生氣,山上的動物也借 助這些燈光來開聯歡會呢!這些景色已經進蒼茫的夜色中。

人工的燈光雖然光亮,但都不及天空上的月亮及星星。 今晚的星星特別明亮,特別可愛,眨著小小的眼睛,這些 星星就如棋子般,分佈在不同的位置候命。雖然今天的明 月被雲朵摭擋的一小部份,但仍然是高高掛在天空中,那 麼和藹、那麼慈祥,就像母親般親切。她害羞地摭擋了自 己臉蛋,好像和我在玩捉迷藏。突然,有幾顆流星略過, 好像利刀般劃破了這黑幕,破壞了這寧靜的氣氛。宇宙是 那麼宏大,自己卻是那麼渺小;可知宇宙真是蘊藏了很多 的秘密。我享受著這被黑幕籠罩著的夜空美、奇和靜是多 麼好的一件事啊!

突然,一陣陣的微風吹過,溫暖的、涼絲絲的、柔軟的、 好像流水般輕輕地流過。這些溫馨的微風使我的疲勞蕩然 無存,所有不開心的事都忘記了。我正享受著風的吹拂, 陶醉這溫馨與清涼之中。聽到夜風緩步的來臨,使我恍恍 然進入了另一個世界。

香港的夜景真是令人讚歎不已,這恬靜的夜空,如畫的 景緻。真是一個優雅的夜景。一切都寂靜的,一些雜聲也 沒有,有的只是寧靜的氣氛。

一件令我難忘的事

3E潘凱琳

今天的天氣真好,熾熱的太陽掛在那晴朗的天空中。照 著聳立的樓宇,照著翠綠的樹木,照著街上的行人。那耀 眼的陽光也射入了屋內,照我臉上。

我獨個兒在家中,看著窗外那晴朗的天空,不禁令我回想起那天。那天的天空跟現在的一樣美麗。

還記得,那天是我和哥哥的七歲生日,爸媽為了跟我們 慶祝,放棄了幾天的工作,回來跟我們在一起,還帶我們 到海洋公園玩。那是我們第一次到海洋公園,所以我們顯 得份外興奮和雀躍,我們去看海豚的表演,參觀各個不同 的景點、場館。還拍了不少照片留念呢!我們玩機動遊戲, 買紀念品,還有坐纜車,這些情景不禁在我腦海中浮現。

還記得坐纜車時,哥哥竟然因畏高而一直握著身邊的欄 杆,不敢放手,也不敢向下望,我們還取笑他膽小呢!現 在回想起也感到有趣。

快樂的時光過得特別快,時間一分一秒無聲地溜走了。 我們都玩得很累、很累。我們在橙紅色的夕陽映照下帶著

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3E潘凱琳

疲乏的身軀回家,在回程的路上,我靠著媽媽的肩膊睡著 了。

雖然,到海洋公園玩並不是一件怎麼特別的事,但對於 我來說,它是充滿了回憶的,而且也是十分重要,因為一 家人開開心心在一起的時間,現在已經很少了,所以那些 跟爸媽在一起的時間是十分、十分寶貴的。因此,這是我 心目中最重要和最難忘的事。

炎夏苦讀 4A鄭嘉兒

「沙……沙……」碧波拍著海岸,我踏著細浪,跟那深沉的海洋來一個親密的接觸。炎炎夏日,最好的娛樂不外乎到海灘暢泳,到那些設有中央冷氣的大型商場逛逛街,這是多麼快樂的事情呀!

然而,想像和現實總有一段距離。二零零三年的會考將 近,我不能像初中生的暑假那般玩樂,亦不能像李白般 「人生得意須盡歡」,我必須留在家中溫習。

於是,滿腦子玩樂的計劃亦泡湯了。夏日炎炎,家中沒 有冷氣,屋外猛烈的陽光散發著一股強大的熱力,如困在 一個七百尺的大蒸籠內,忍受著一千二百度高溫的烤烘。 此刻身心俱疲,身體和腦袋被夏日的高溫蒸得發昏了,心 裡卻為那些永遠也讀不完的課本而煩惱。

翻開課本,一隻隻又小又細的螞蟻密密麻麻的堆在一起, 不能集中精神的我,只好硬著頭皮的苦讀,不到十五分鐘 便打開冰箱,一陣一陣的冰凍向我招手,這刻的我多麼盼 望能躲進冰箱裡避暑呀!我隨意的挑選了一罐可樂,打消 剛才的念頭,重返溫習的崗位。

在炎夏的高溫中,我一口氣溫習了三小時,期間遇上 不少課本上的難題,剛巧姐姐不在;致電給同學亦不在 家,「大概是到外邊玩吧!」我心想,心中不禁羡慕那些天 資優異的同學們,他們不用付出多大的努力便能取得佳績。

在羨慕之際,我想起「鐵柱磨成針」這個故事,若果每 個人真的能努力面前,盡力把自己的每根鐵柱也磨成針, 那成功就離我們不遠了!往後的夏日,我定能持著這教訓 努力,而我的鐵柱最終也會被我磨成針的。

一封投訴信 4A梁燕珊

敬啟者:

本人是貴中心學生自修室的會員。近日,本人經常在下午約五時至六時半,目睹一些在自修室「搗蛋」的情況。

一些學生利用書包文具霸佔座位,其他真正想自修的同 學,只好悄悄離開。有些人又向自修室的規例挑戰,隨便 飲食,弄得桌子、椅子十分骯髒,地上又遍滿膠袋,汽水 罐等垃圾。有些人甚至在自修室裡喧嘩交談和嬉戲,使那 些正在專心溫習的會員受到騷擾,得不到一個安靜的環境。

因此,我希望貴中心能加派職員巡視自修室,並嚴厲遏 止那些不顧別人感受的「搗蛋」行為,以保障自修生享有 一個清潔、舒適、寧靜的自修室的權利。

此致

石硤尾基福中心負責人

自修生 陳日新謹啟 二零零二年三月四日

秋夜 4C 吳淑芳

秋——是一個如詩如畫的季節。

今夜特別寧靜,我在窗外的長椅,獨個兒觀看滿天繁星。 繁星數千百掛滿天,一閃一閃的向我的眨眼。細看周圍的 環境,街上車子駛過揚起了大量塵土,片片落葉被微微的 風吹起好像跳起草裙舞來,一棵棵幼幼的小樹隨風搖擺搖 擺著,整個大地好像作好準備迎接冬天的來臨。在漫長的 冬眠前,自然界的一切事物也趕忙趁最後的機會出來活動 一番,忙碌一頓。

可是在這一片充滿生氣,永不嘆息且很有朝氣的環境下, 我卻感到很孤寂。樹木翻起的微風雖不及冬天寒風那麼刺 骨,而且更格外乾爽,但我並不享受秋天的微風,秋天的 清爽.....因為微風會把落葉吹下,一絲絲愉快的回憶隨微風 吹去,永不復返。若要我真的停留在微風下,我寧可選擇 不把落葉吹下。隨著時間匆匆的溜去,身邊的一個個好友 也離我而去;這剎那我感受到李後主《虞美人》那種「景物 依舊,人面全非」的景況。

秋,的確是一個可歌可泣的季節。

探訪領取綜援家庭的感受 5A 盧穎恩

上星期,我和幾位同學透過學校的安排,探訪一戶領取 綜援的家庭,藉此了解一下這些家庭的生活狀況。

那天早上,我們到達受訪家庭所在的屋邨,看見大廈的 外牆已殘破不堪,還有一些住戶在露台自設一些簷棚,非 常危險。原來這兒是沒有電梯的,我們要拾級上幾層樓才 到達。

到了受訪的家庭,我們從鐵閘的空隙中看到裡面情況, 四周都很昏暗,只見裡面坐著幾個人,不久,有一個面帶 笑容的中年婦人招呼我們進去。進了屋,發覺這兒非常狹 小,到處都堆滿了紙箱,簡直舉步難行,這兒沒有甚麼裝 修可言,牆上只舖著一些幾乎剝落的石屎。家中的三個小 孩只在那張細小的「碌架床」上層做功課,而他們因家境貧 困,只能穿著一些殘舊的衣服,經過交談後,才知道他們 每月僅靠數千元來過活,每日都必須節衣縮食。下午,他 們熱情地邀請我們留下吃午飯,眼看他們只吃一些罐頭和 昨日剩餘的餸,我們都感到不好意思。最後我們送一些新 的文具及一些食物給他們。

這次探訪使我知道社會上有很多這樣的貧困家庭。對於 改變他們的生活狀況我定是無能為力,唯一能做的就是多 些關心他們。他們雖然生活貧困,但仍然樂觀積極,互相 扶持,使我明白到親情的可貴。我應該學習他們勇於面對 逆境,就算生活安定,都應該珍惜現在所擁有的東西,不 應隨便浪費。

繁忙街道上的綠樹 6C余敏慧

幼稚園的時候,回校的路途上都種滿了各式各樣的植物, 有漂亮的鮮花、有高矮不同的樹木。在這琳瑯滿目的植物 群中,最吸引我的卻是一棵老松樹,它不像周遭的鮮花那 樣鮮豔奪目,亦不像旁邊的小樹一樣嬌嫩翠綠,但它卻散 發著一種沉穩的氣息,就好像統領著這群植物的王一樣。 對於那時候仍是小孩的我,面對這樣的一個「王」,心裡 不猶得產生幾分敬意,對這棵老松樹開始有了特別的感情, 它就好像一個老人,靜靜的看著我的成長,見證著這個社 會的變化.....

小學的時候,由於社區要重建,路上的植物愈來愈少, 看著那些樹一棵一棵的被砍下來,心裡不猶得為老松樹著 緊。它的外貌看起來好像沒有了以前那種王者的風範,就 像是為著自己的子民被殺而無力阻止而感到悲哀。終於, 它附近大大小小的植物全被砍下來,就只剩它獨立。

幾年間,一棟一棟七層高的住宅在它附近築起來,隨著 居民的入住它又好像換了個身份重新活過來似的。每天上 學的時候,看到主婦們把繩子牽在老松樹的樹枝上,供她 們把洗好的衣服掛上去,讓太陽曬乾。放學的時候,看到 小孩在樹下嬉戲玩耍,老人在樹下乘涼,老松樹就好像成 為了他們活動的中心。但在我眼中,老松樹就像一個慈祥 的老爺爺在看顧著他的子孫,給我一種詳和的感覺。

到了初中,在一次偶然的機會下得知社區的舊式大廈將 要拆卸重建,我立即走到老松樹那兒看看它有沒有被砍下 來。幸運地,老松樹依然站立,可是它旁邊的大廈卻遂層 遂層的給剷平。那時候的老松樹就好像當初它週遭的植物 給砍下時一樣,一樣的落漠,雖然它的外表依舊翠綠強壯, 但它像已歷盡滄桑了。

到最近,我偶然也會經過老松樹的附近,那兒已經建了 大型的商場和住宅,原本寧靜樸素的街道也變得繁華。老 松樹依舊獨個兒的站立在繁忙的街道上,它的存在,就好 像見證了整個社區的變化,而我對老松樹,亦建立了一份 微妙又深厚的感情。

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議事論事

談讀書

3C王偉文

讀書是精神王國領域的探險,是內在性靈不斷成長的泉 源,它使我們的生活顯得多采多姿,且富有朝氣,唯有讀 書才能夠得到人生必需的智慧,因此讀書也是一種極富有 趣味的藝術。

「書」是一種很重要的東西,因為一個沒有了書籍的世界,就像一個沒有緣洲的沙漠一樣,肉體也許可以承受, 心靈卻不可以承受,沒有書籍的灌溉,心靈便會很快枯萎。 人就變得空虛寂寞。

讀書是人類自然的需要,而求知亦有許多的方式,從感 覺經驗、行為模仿、刻意學習到沈思冥想,都可以增益心 靈的內涵,其中又以識字最為關鍵。讀書對許多人而言, 若不是考試與升學的工具,就是謀職與升遷的手段,不然 就是消遣與解悶的途徑。大家都承認讀書的重要,但是書 海無涯,人生苦短,要有恆心地去讀書,就是一件難事。

但是,不讀書的人就不能得到前人所留下的寶貴知識, 因而讀書的人往往比有智慧的人更好,因為透過別人,再

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加上自己的知識,便能事半功倍,而有知識便可以解決許多的問題。

讀書也要慎始,因為一開始讀的是好書,就能陶冶性情, 激發良好的學習習慣,不然,讀了一些不良的書籍,便會 荼毒了我們。

一句名言 3D張秋萍

我喜愛這樣一句名言:「人不可有傲氣,但不可無傲骨。」 它出自藝術大師徐悲鴻之口,一個深刻的人生哲理。

的確,在一個人順利或成功時,傲氣就會隨之而生。有 傲氣的人,自命不凡,以為自己聰明能幹,高人一等,目 空一切,這就必然注定了他今後的失敗。因為一個人對自 己的看法,是來自別人對自己的評價。當成功時,讚揚、 過譽之詞迎面而來,住往使人高估自己,從而產生傲氣。 傲氣一旦產生,頭腦就會昏昏然,辨不清是非曲直,更聽 不進別人的批評、意見。所以,「人不可有傲氣」,這就要 求我們善於在順境中保持清醒的頭腦,在成敗面前找差距, 檢查自己的不足之處,正確估計自己,這樣才能不斷取得 進步。正如《聖經,羅馬書》中的第十二章三節:「不要看 自己過於所當看的,要照著神所賜各人信心的大小,看得 合乎中道。」

但在「無傲氣」的同時,必須要「有傲骨」。也就是必須 有志氣、有自信心。人往往容易在失敗和挫折面前灰心喪 氣,並把原因歸咎於「自己天賦不足」,從此一蹶不振。這 同樣是繼續前進的一大障礙,因為失敗了,冷眼、諷刺就 會隨之而來,這也使人喪失銳氣和進取心。這就要「有傲 骨」,「說我落後,我承認,但我不甘心。我找原因,再努 力,一定會趕上你。」如果有這樣的雄心和信心,有什麼目 的達不到呢?

我喜愛這句名言,因為它令我懂得了做人要做「無傲氣! 有傲骨」的人;既不自高自大,亦不妄自菲薄;既能在讚 譽面前低頭檢查自己,也能在冷眼面前昂首向前,不卑不 亢,一生無悔。

義工服務的意 3E 梁泗榮

現代人生活節奏急速,做甚麼事都要快,但有機會停下 來休息時,就說沒有東西可做,很無聊,其實大可到社區 中心裡當義工,充實一下生活。

「義工」,一般人會說這是一種沒錢可賺,浪費光陰的無聊工作。其實,「義工」這種工作必須親身經歷才能感受當中的樂趣和意義。

曾經當過義工的人也大都會說「當義工能汲取很多經驗」,這些經驗能助你處理日常生活各樣事務,例如照顧獨 居老人的工作,能讓參與者更認識老人,當我們照顧年老 的父母時,這些經驗是用得著的。此外,當義工還可以令 生活過得更充實,城市人常常說「悶」,哪又為何不去當義 工呢?其實當義工能助你看透人生,在參與的過程中,接 觸的人與事,也能令你的人生更加豐盛。細聽老一輩的背 景時,真是能夠看清當時的人生百態,從而警剔自己。

「助人為快樂之本」,這句話更能表明當義工的意義,「義工」就是一種義務工作,以自己的力量幫助有需要的人士。

每當你當完義工,有人向你說一聲多謝,這刻的心情真是 難以形容,那種快樂真是很想大聲說出來,與別人分享, 這正是「施比受更為有福」的意思。

其實,當義工不只是想人向你說一聲多謝,而是你是否 真心服務別人!現代的城市人,不防多嘗試當義工,感受 一下義工的真正義意吧!

論「子女好與壞,在乎溝通與關懷」 3D 蔡煥婷

子女好與壞,往往在於父母怎樣去對待他們,因為孩子 最親、最重要的人始終是他們的父母親。在成長過程裡, 子女會有他們的獨特思想,父母就應當他們的成長顧問, 在不同方面給予分析、意見,而不是破壞或壓制他們的思 想。所以子女好與壞,是很在乎父母是否給予適當的溝通 和關懷。

報章裡經常報導一些青少年犯事,而那些青年人多是十 餘歲,他們的父母知道子女犯事後,都怪自己沒有抽出時 間管教他們。的確,在現今社會,父母都為生活而奔波, 早出晚歸,往往忽略了身邊的事和人,回到家時,子女不 是睡了就是自己疲倦不堪,根本沒有時間去關心子女,所 以父母與子女的關係一日比一日的疏遠。子女得不到至親 的關心,又沒有他們的指導,便很易受外界影響,交上不 良的朋友,繼而犯事,一步一步邁向黑暗。那時父母發覺 也遲了,子女感受不到父母對他們的愛和關懷,他們已不 再信任父母,而父母想重新管教他們也是難上加難,到子

女犯了事,就後悔莫及。

做父母的應該在子女還未誤入歧途時,就給予多些關懷, 盡量抽時間和子女傾談,即使是少於十分鐘或是和子女只 談近況,也可以提升子女對父母的信任。正所謂,「多一分 鐘關懷,少一秒鐘冷落。」不要吝嗇自己對子女的愛,要讓 他們感受到。因為「子女好與壞,在乎溝通與關懷」。

我對「賭波合法化」的看法 3D鄭揚基

政府見「賭波」的情況嚴重,故決定實行「賭波合法化」, 並推出諮詢文件,向市民大眾徵詢意見。

眾所週知,賭乃不良嗜好,會引致家破人亡,為禍不淺。 可是政府卻實行「賭波合法化」,鼓吹賭風,實在倒行逆 施,荒唐之極。

政府以為在經濟需要的大前題下,賭波能增加政府收入, 又能打擊不法集團的收入,更能保留警力,可說是獲益良 多。可是實際上,賭波會損害本港的國際形象,減低外商 的投資意慾,這點單看澳門便一清二楚了。結果終會引致 外貿減少,嚴重打擊本港經濟,實是得不償失。此外,為 了打擊不法集團而把賭波「合法化」更可說是「鴕鳥政策」, 不法集團犯罪方法層出不窮,難道政府要把所有非法事業 (如收保護費)都一律合法化?既然如此,那保留警力的說 法自然不攻自破。那試問政府還有何理由實行「賭波合法 呢?」

除了政府外,足球界更認為合法化政策能維持收入,增

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加青少年對足球的興趣。可是,體育是一種有益身心、強身健體的活動,如為增加市民對足球的興趣而贊成此法, 豈非本末倒置嗎?固此,足球界實不應支持實行此法。

最後,更有不少市民認為小賭可以怡情,實行「賭波合法化」是不成問題的。可是如果賭只是怡情的話,那根本 不會有這麼多因賭而走上末路的新聞,此法豈不是令這類 悲劇增多、使社會動盪嗎?那還為何要支持此法呢?

總括而言,實行「賭波合法化」不但會荼毒青少年,令 社會動盪,為禍甚深。而政府和各界又沒有理據支持此法, 那還為什麼要實行此法?難道想把香港毀了嗎?故此,香 港實在不應亦不能把賭波合法化。

青少年該如何面對逆境?

4A朱巧成

現今青少年面對困難時,大多選擇逃避、放棄。這是正 確的選擇嗎?

培根說:「順境的美德是節制,逆境的美德是堅忍。」「堅 忍」,有很多人認為是知易行難,但青少年可以想想,嚴冬 過後就是春暖花開的美好日子,艱苦過後亦就收成的一刻, 所以「堅忍」是面對逆境的基本法門。

人總是有懦弱的一面,面對逆境總想找人依賴、傾訴或 大哭一場。這些做法本無可厚非,不過事後必須重新振作, 勇敢面對。如在學業方面遇到問題,就應該想辦法改善學 習方法;在情緒方面遇到問題,就應該找社工幫忙;在經 濟上遇到問題,就應該找父母商量;面對失業的問題,就 不應該輕言放棄,李白說:「天生我才必有用!」即使青少 年不能找到職業,並不是因為他們沒有才幹,只是遇不到 適當的機會而已。其他的問題其實萬變不離其宗,只要勇 敢面對,自然能夠迎刃而解,水到渠成。

堅忍加上勇敢面對,是面對逆境的不二法門,但我認為

4A朱巧成

應該在這兩點上加上等待,等待的是機會,一個扭轉局勢的機會,只要能夠把握一閃即逝的機會,順境就可望降臨了!

牛頓說:「『跌倒了,爬起來。』便是成功。」我絕對贊成! 只要青少年遵守上述三項法門,我相信順境的來臨指日可 待。青少年們阿!讓我們一起努力吧! 談防止青少年濫用藥物的方法 4D李匯軒

今時今日,香港的青少年濫用藥物已成風氣,我們隨意 翻開報紙,不難找到有關青少年因為濫用藥物而引起各類 問題的新聞。這個情況已經日益嚴重,所以應及早制止, 以免後患無窮。

青少年濫用藥物,往往都是因為朋友的影響。他們在學 校或球場等地方誤交損友,錯誤地以為藥物可麻醉自己, 忘卻本身的煩惱,結果因此中了那些壞人的圈套,而所付 出的代價是非常沉重的。

要防止青少年濫用藥物,首先,要給他們知道濫用藥物 會帶來的嚴重後果。一些無知的青少年因為朋友的一些故 意激發的說話,以為嘗試服食一兩顆藥丸,就不會有甚麼 大問題,而且可使自己更開心亦可追上潮流,結果他下半 生便要在獄中度過。因為曾經有一名少年常常為金錢而與 家人反目,性格開始變壞,最後因祖母一次不願再支付金 錢給他買藥物而一時錯手把祖母殺害,雖然他得到應有的 懲罰,而且後悔一生,但這結局也無法改變了。為何要讓

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這些悲劇發生呢?再者,就算遭遇沒有那麼不幸,至少也 損害了自己的健康,因為一旦上癮,就很難戒除。

除此之外,政府、學校和家長各方面需要正視這個問題 的存在。而家長方面,應多與子女溝通,留意子女所面對 的問題。學校方面,應加倍關心學生在校內的情況。若同 學真的遇上情緒上的問題,學校更要作出適當的輔導,使 學生能得到一個良好的學習環境。政府方面,應加強管制, 制定有關措施,嚴懲毒犯,對那些不法之徒必定起了阻嚇 作用。除此之外,更要在教育方面著手,多舉辦些展覽和 有關講座,更可在電視上推行宣傳,灌輸正面的訊息,令 青少年不會落入壞人的圈套。

但是,要徹底改變這個現象,除了要各界同心合力外, 最重要都是青少年本身,也應該要潔身自愛,加強自制能 力,不要和壞份子終日聯群結黨,避免流連球場,遊戲機 中心等品流複雜的地方。因為這些大多數都是不良的青少 年的集中地,不會結交得到真正的朋友。所以應多參與有 益身心的運動,培養自己真正的興趣。另外,遇上各種煩 惱,應多與師長、家長、社工、朋友傾訴,尋求協助。

實行上述的種種方法,難道還不能將青少年濫用藥物這 個問題根治嗎? 談防止青少年濫用藥物的方法 7A王慧敏

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在現今的香港社會,青年濫用藥物的情況日益嚴重,而 且有年輕化和普及化的趨勢。大部份濫用藥物的青少年均 是由於父母疏於照顧或父母情感不融洽,導致他們經常離 家出走,誤交損友而開始濫用藥物的。他們利用興奮劑、 鎮定劑、麻醉劑和迷幻藥等以求得到精神上的釋放,當中 亦有為了追求一種飄然的感覺,或滿足好奇心。故此,防 止青少年濫用藥物的辦法應由教育、宣傳、家庭及社會等 方面著手。

宣傳及教育方面,大多數青少年濫用精神科藥物,都是 以為自己不會上癮,社會對這些新興藥物的害處所知也不 多,很多青少年,甚至家長也不知道服用的後果。例如濫 用搖頭丸會引致腦部受損,後果是記憶力減弱、思想緩慢 和情緒低落,但很多市民也不以為意。故此,在教育方面, 政府應在中小學增訂「防制濫用藥物」的課程,使學生了 解濫用藥物之害。教育署亦應與禁毒處及志願機構合作, 定期為中、小學校舉辦藥物教育講座,讓青少年更了解濫

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用藥物的遺害。在宣傳方面,政府可以定期推出及更新電 視及電台的宣傳,邀請年青人偶像拍攝或錄音,藉以呼籲 年青人切勿濫用精神藥物。

同時,政府亦可印製有關個別精神科藥物的詳細資料單 張,在不同的禁毒預防或宣傳活動中派發給青少年,使他 們清楚知道濫用精神藥物的禍害。

家庭方面,因父母忙碌工作,親子關係疏離,或父母僅 重視子女學業成績,忽略生活及品德教育,加以單親家庭 問題、親子關係不融洽,導致子女離家出走,誤交損友而 開始濫用藥物。故此,家長應與學校保持緊密聯繫,多了 解子女在校的情況及多與子女溝通,關心他們,使他們不 會感到孤單寂寞而結交損友。政府亦可透過講座及其他活 動,指導父母如何識別有濫用藥物問題的子女,及如何協 助子女抗拒毒品,防止他們繼續濫用藥物。

社會方面,大部份青少年濫用藥物,都是由於受到同輩 影響及引誘。故此,政府可以增加外展社工的人手,為更 多未有參與主流活動的青少年提供輔導及指引,誘導他們 抗拒危險藥物的誘惑,防止他們濫用藥物。

所謂預防勝於治療,雖然是老生常談,但用諸今日本港的禁毒工作仍然是非常有效的。

談防止青少年濫用藥物的方法 7C阮慧珊

氯胺酮、胺非他命、搖頭丸、大麻等,近日經靈通的傳 媒報道後,大概各人都略有所聞。它們部份完全不含葯用 价值,卻經過藝術人及知名人士「推介」後,竟成為青少 年濫用的「藥物」。

氯胺酮極容易於藥房內購得,後知後覺的政府官員,忽 視了藥物的危害性,至去年年底才立例嚴禁售賣及納入管 制範圍。而名人吸食毒品,亦成為青少年仿傚的對象,形 成了一股難以控制的風氣。

濫用藥物的狂潮終於喚醒了社會人士及政府各部門的關 注,從立例、執法、教育入手,正要阻止這股影響深遠的 歪風蔓延。政府已就阻嚇毒犯而加重了藏毒的刑罰,將更 多的危險藥物納入管制項目。法例的修正暗示了濫用藥物 的普遍性和禍害,亦反映了政府的態度。法例是執法和守 法的指標,是執法機關行動的依據,在新增設的條例下, 的確能起部份阻嚇作用。

海關出動緝毒犬加緊對可疑旅客的搜查,是對毒品輸入

的最直接方法,防止青少年濫用藥物,其中一有效方法乃 禁止入口。此外,更需要聯合其他國家、地區一併打擊犯 毒行為,杜絕毒品的入境。而本港的檢控行動,便有賴警 察部門徹底執行。翻閱報章,發現警方搜查娛樂場所的次 數頻密了,差不多每周末都有未成年人因涉及藏毒而被帶 返警署。警察掃盪頻仍,雖影響了夜遊人士尋歡的心情, 但亦減少了毒品於夜店的交易買賣,進而打擊了於夜店內 濫用藥物的情況。

加強立法和執法都是阻止青少年接觸毒品和濫用毒品的 重要措,但除了法治外,便值得考慮的是德治。昔日從報 章上大肆報道名人濫用藥物,今天已換上藝人的禁毒宣傳 了,這反映了政府已能正視問題,然而,對青少年的了解 比其他都有價值,溝通和支持都是良方。事實上,濫用藥 物的根源並不在於其藥性,青少年對濫用藥物的禍害並非 一無所知,驅使他們嘗試的實在是個人的好奇心。儘管傳 媒,朋輩會影響青少年對濫用藥物的看法,但行動最終都 只把握在自己手上,青少年方向感薄弱,容易迷失自我; 建立自我形象,鎖定人生方向,便不易被左右。政府、教 育人士、父母和青少年自己都應為此而努力。政府宜增撥 更多資源助青少年發展潛能,在發展興趣上認定自我價值; 教育界、父母應作適當的指引、輔導、關心會增加青少年 的存在感和對家庭及社會的歸屬感,建立正確的價值觀。 青少年應當開放自己,面對問題,不以毒品作逃避。

其實,政府和各界都已加強重視濫用藥物的問題了,政 府都制定了不同的措施,若執法嚴緊,教育全面,問題總 會有解決的時候。

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想像縱橫

我是一張千元鈔票

1E董潔雲

我是一張人人夢寐以求的千元大鈔,我身上穿了一襲金 黃色的衣裳,衣服上繫上了一條金屬線和印上了用來防偽 的浮水印。我住在一所銀行的金庫,鄰居有「大牛」、「紅 衫魚」、「青蟹」和一些「大餅」。

某天,銀行的職員把我帶到一位提款者的手,這簡直正 中我下懷,因為我一直都想離開金庫,出外闖天下。在外 面的世界,我經常被主人換來換去,亦因為如此我才能見 識到不同的事物,以及認識到很多的新朋友。不過,最使 我高與的還是主人用我與人交易時,雙方露出的愉快笑容。 為了這個笑容,我一定要更加努力去為人類工作。

有一天,當我待在錢包裡的時候,突然有一陣天旋地轉 的感覺,接著我又感到我的身旁有一陣陣風快速地掠過。 嚇得我連忙閉上眼睛,不敢張開。待一切平靜後,我慢慢 地張開眼,再經過錢包得知原來我們被搶了。主人亦因為 此受了傷。我可不想有個是劫匪的主人啊!此時,我寧願 不曾離開金庫,而且經過這件事,我希望能夠回去金庫與 我的朋友相聚。可是,我們鈔票一族去哪裡並不是由我們 決定,所以這件事對我來說談何容易呢!

或許是上天眷顧,我被人存到我原來住的銀行,滿心歡 喜地與昔日的同伴團聚。過了一段日子,我又被提款出去, 繼續經歷我變幻無常的生命。

不知過了多少年,我老了,已由出生時全新的身軀,變 成一張皺巴巴的鈔票。現在我只希望我死的那一刻,也不 要忘記我所經歷的輝煌事蹟,而我的一生也沒有憾事了。

千里送心曲——牛郎給織女的一封信 2B

織女吾愛:

你近來在天庭的生活過得好嗎?

我倆已經分離了幾千年,心裡無時無刻都在想著妳,想 著妳甜美的笑容,想著妳溫柔的眼神,想著關於妳的一切。 我和兒女都過得很好,他們都十分懂事,妳不要擔心我 們。多麼想妳能在我們的身邊,每逢佳節,鄰居都會一家 人一起吃飯,雖然他們沒有美味的飯菜,但是卻瀰漫著濃 厚的親情,那種溫馨的場面,真是令我既妒忌又羨慕,更 令我想起妳。孩子一天一天地長大了,朋友常常嘲笑他們 沒有母親,雖然他們沒有不高興,但我從他們的眼神看出, 他們十分記掛著妳。孩子的個性也很堅強,就算被別人欺 負也從沒掉過一滴淚,我曾經問過他們:「有沒有怨過媽 媽自小就離開你們?」但他們卻搖搖頭,異口同聲說:「沒 有」,還說妳永遠都是他們心目中的媽媽,我聽見了都十分 安慰,眼淚不禁流下來,孩子真是十分愛妳。

2B周寶儀

每當我看見天上的雲霞都會想起妳,雲霞越多,代表妳 越辛苦,妳要保重身體,不要太勞累。期望七月初七快些 來臨,這樣我們就可以見面了。

祝 身體健康

愛你的牛郎 二零零二年二月二十一日

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詩情話意

山頂遊 1E林曉敏、董潔雲、張世賢、黃慧君

2002年5月24日,中一級綜合人文科舉行戶外考察活動,本詩是同學登太平山頂觀景有感而作。

萬里無雲蔚藍天,緣樹成嶺山連綿。 海風戲浪舟兒過,兩岸樓房態萬千。

倦 3A鄧穎欣

夜已深,天已暗。 我獨個兒待在書房裡, 沒有言語, 心裡更覺平靜; 沒有音樂, 心裡更覺舒暢。

暗光射進紙中心, 眼窩踏進了黑暗, 心力交瘁, 腦是空白。

手一軟, 眼又再開起來。 想當初,還是讀書郎, 和現在,分別只在酸甜的多少, 一枝微斜的筆, 總想把它挺直,

然後又把它放斜……

夜念 5C小天使

淚,流乾了, 枕,濕了一遍又一遍, 心,酸了一次又一次, 是否因為我們快要分開了?

黑夜靜悄,蟋蟀在叫,

你的笑臉,未曾在我的腦海中離開過;

你的笑容,是我一生中最愛看的;

你的頑皮,我從來沒有絲毫討厭。

不知不覺,五年了, 你是我的朋友,亦是一位良師。 我將不忘你的教誨、你的呵護。 無奈地,笑聲快在晨光中消失, 我會永遠記住,一張故人的臉。

給媽媽的信 4A顏瑞冰

給百變的媽媽:

媽媽,你是嚴厲的媽媽, 當我犯錯、頑皮時, 你會責罵我,說我的不是, 這拉開了我們的距離,

媽媽,你是慈祥的媽媽, 當我愁煩時, 你會安慰我,體諒我, 使我得到平靜;

媽媽,你是唠叨的媽媽, 當我們有空閒時, 你會不斷督促我們, 使我們感到厭煩,然而 媽媽,你是無微不至的媽媽, 每天你都辛勤工作, 照顧我們的起居飲食, 使我們無憂無慮;

雖然你是嚴厲的媽媽, 但我最愛的是你, 只有你與我吵架, 只有你每次在我傷心、流淚時, 你安慰我、體諒我, 只有你願意每朝早為我們做早餐, 多謝你,媽媽!

給媽媽的信 4A周壁宏

媽媽! 你的手總是皺皺的; 你的眼睛總是疲倦的, 而我.....

媽媽!
你永遠是忙個不停的,
你永遠是付出的,
而我......
每當我的幫助你時,
你口邊永遠是那一句:
「你坐著吧!這是我應做的.....」

你就是那麼仁慈, 從來不會使我辛苦, 而我在你的懷裡, 是快樂的.....是喜悅的..... 媽媽! 為甚麼你要犧牲那麼多? 你說: 「因你是我的女兒.....」 我說: 「媽媽! 你的女兒是愛你的, 你的女兒會為你付出的, 一切也只因為 你是我的媽媽.....」

我的珍藏 6C周佩芬

靜靜地躺在我抽屜深處的 是一張張泛黃的紙片

珍而重之藏著的文章 暴露著他的心意 每一句話,每一個字 都是他的情 無盡的思念,無盡的牽掛 對我的關懷 如信紙上的碎花 飄向我 與我的心一起跳躍飛舞 失落的情感 沒有隨著年月被遺忘 每次掀開這些紙片 總會牽起一陣陣回憶 一起有過的快樂 每次都令我的心莫名悸動

那一綑綑的 如信紙上的碎花 點點點點的 散落在我的心

我的珍藏 6C章綿安

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一堆堆礙眼的文字, 卻蘊藏句句溫暖的祝福。 一點也不吸引的外表, 卻已是我的珍藏。 黑溜溜的皮革裡, 滿載著千千萬萬的真理。

有人把它列為禁書; 亦有把它視這經典, 我卻把它當作兒童故事。 幼時所看到的故事, 到今仍在腦中。 或許有人會說我糟蹋經典, 我卻反笑他侮辱了純真。 傳說這是一本預言, 參透的將改變一生。 我想也該是時候將書細看, 以改變我未來的世界。

我的珍藏 6C梁惠雯

方方黃黃的臉 圓圓紅紅的郵戳 毛澤東也給印個大花臉

冰封了溫暖的笑容 凝結了慈祥的聲線 古舊的毛澤東郵票 鎖住了 久不褪色的畫面 永不磨滅的影像

外公你可曾想到 小小的郵票 已是我最珍貴的禮物 成為我的珍藏 60. 我的珍藏

我膽小

不敢常常打開郵票簿翻看 生怕污染的世界 會把小小的郵票磨損 所以 我只會偶爾偷偷窺看

把一切

嵌進心中慢慢回想

回味

\mathbf{VII}

文藝匯萃

健康美(寫作學會劇本創作) 6C梁惠零

劇情大要:

許菲和吳可秀是同班好友,二人情同姊妹,十分要好。但 二人對自己的外型,則抱著不同的態度。許菲的身型標準 (或瘦),然而她就是覺得自己很肥,於是便用盡方法減肥, 纖體。她每天的工作就是搜羅各種減肥方法(例如:看關 於減肥的書籍,問朋友),及進行減肥(例如:每天以手背 掃下巴以減下巴肥肉,每天吹三十下氣球,一個月可減八 磅)。吳可秀的身型很胖,屬於過度肥胖的那一類,可是她 還是漠視過分肥胖的危害,天天只管吃、喝和睡覺。終於 二人都出現身體不適的情況,不得不看醫生。結果是:許 菲患了厭食症。吳可秀患了高血壓和心臟病。二人都住進 了醫院,彼此安慰,也深感後悔。

主角簡介:

- 姓名:許菲
- 性別: 女
- 年齡:16
- 外表: 高高瘦瘦
- 偶像: 劉嘉玲、陳慧珊等纖體代言人
- 理想:瘦,成為最ft的美人
- 為人:不惜代價就是要瘦,因為她認為只有瘦才稱得上 美。平日最愛搜羅各種減肥方法。減肥,纖體已 是她人生最大的推動力。
- 姓名: 吳可秀
- 性别: 女
- 年齡: 16
- 外表:肥肥矮矮
- 偶像: 沈殿霞(只為覺得她夠肥,夠福氣)
- 理想: 隨心所欲(肉), 做自己喜歡做的事
- 為人:最愛睡和吃,最惜做運動和戒口。平日總是一副 懶洋洋的樣子,做事總是慢別人拍。口頭禪是「做 人最要緊是從心所欲,千萬不要怕自己做些辛苦 的事」唯一會做的過動是「口部運動」(吃東西)。

第一幕

- 地點: 課室
- 時間: 早上
- 人物:許菲、吳可秀、老師、同學們
- (開幕)(燈光)
- 清早,課室裡鬧哄哄的。(鈴)隨著上課鐘聲的響起,同學 們都回到座位上。
- (老師進)
- 老師走到書桌前,同學們起立。
 - 老師: 各位同學早晨,
 - 同學: (邊躹躬邊說)老師早晨!(坐下)

(吳可秀進)

- 吴: (從容地)老師早晨!
- 老師: (沒好氣地)吳可秀,今天遲到是為了吃叉燒飽, 還是奶黃飽?
- 吴: 是菜肉飽。(表現得有點不好意思)
- 老師: (嘆了一口氣)(語重心長地)要是你還替自己的 健康著想,就該少吃一點。(停一停)回座位吧!
- 吴: 是。(把字的讀音拖長)(回到座位坐下)
- 老師:好了,我們現在開始上課。各位同學打開中國語 文第十課。現在我先給你們十分鐘,把課文看一 遍,才開始授課。

(老師說畢,遂坐下,專注地批改功課。這時吳可秀和鄰坐 好友許菲相視而笑,接著一起豎起課本。吳可秀在課本後 偷偷地從書包裡拿出一個漢堡飽,打開包裝紙就往嘴裡送, 十分享受的樣子。而許菲則是書中藏書,翻開了夾在課本 中間的減肥書,看得入了迷。不久,整個課室都瀰漫了香 噴噴的漢堡飽氣味。除了許菲,所有人都注視著吳可秀, 包括了老師。老師慢慢走近吳可秀,但吳可秀仍懵然不知, 還在吃漢堡飽。老師站在吳可秀桌前。)

- 老師: (裝著若無其事)好吃嗎?
- 吴可秀: (爽快地)好吃。
 - 吳可秀隨即醒覺到,老師已發現她在偷吃。遂 向老師牽強地報以一笑,隨即急忙地漢堡飽餘 下的部份包好,塞進了書包。
- 老師: (氣極)你..... 老師本想好好教訓可秀一頓,卻被一位同學的 叫聲打斷。原來,許菲餓昏了。
- (關燈) (閉幕)

第二幕

- 地點:許菲和吳可秀的家
- 時間: 黃昏
- 人物:許菲、吳可秀、許菲的母親、吳可秀的父親
- (開幕) (燈光)
- 已經是放學的時候,吳可秀和許菲是鄰居,便一起步行回家。此時,二人已走近家門。二人在交談著。

- 吴: (有點擔心)話說回來,你真的沒事吧!面色還不 大好呢。
- 許: (一副不以為然的樣子)沒甚麼,只是一時肚餓罷 了。
- 吴: 虧你說的輕鬆。今次是餓昏了,上次是胃痛,再上 次是上PE 堂時,腳軟摔倒了,再……(吳屈指在數 算著)
- 許:(滿臉通紅)夠……夠了,你還要數到甚麼時候?怎 麼把人家的醜事都數出來?(理直氣壯地)減肥有甚 麼不好?你看那劉嘉玲、鍾麗緹,還有趙薇,都不 是越瘦越美嗎?女性始終是瘦的好看。(睨視吳,語 帶笑意)依我說,你也該減減肥。
- 吴:為甚麼說到我身上了?(神氣地)唏!減肥是不適 合我的。你平日進食前要先計甚麼卡路里,可樂、 cheese cake、巧克力,甚麼都說不能吃,我看見也 感到辛苦。我最不能接受不吃早餐,那會很餓的嘛! 連午餐,晚餐也只吃那一點點,真是楔牙縫也不夠。 我向來都說「做人最要緊是要隨心所欲,千萬不要 迫自己做些辛苦的事」。看看我,喜歡吃甚麼就吃甚 麼,多好,肥有甚麼關係?好福氣嘛!
- 許:(擺動著食指)No!No!No!No!No!現今的女性不再 說福氣的了,是說瘦,只有瘦才是美,才使人羨 慕。(雙手合十)(眼睛也閃閃發光)
- 吴: 你不用再說了,我是天生注定肥的。
- 許:為甚麼?
- 吴:因為我叫吳可秀,是不「可」能「瘦」的。
- 許: (笑) 這也算是理由? 難道我叫許菲, 就是上天允 「許」我很「肥」? 祂願, 我也不答應。

吴: 算吧!算吧!我們何必為這點小問題而爭論?還 是回家睡覺好了。

許: 也就隨便你吧!

齊說: Bye!

二人回到家著,各自展開了人生最繁忙與最閒散的時間。 吳可秀一進門先是打個呵欠,繼而把書包御到長沙發上, 最後以長沙發為床,書包為枕,一躺而下便睡著,月色照 著吳可秀,燈光關掉)。隔壁的許菲可忙得不可開交,一進 屋放下書包,就去倒了一大杯水喝。喝畢,她就對著鏡子, 以雙手手背輪流由下而上輕掃下巴,約20下。之後,許菲 便滿意地笑了笑。

- 許:雙下巴,bye-bye!接著她便找來2個盛滿水的水樽, 左一下,右一下的舉起來,1,2,3,4,5..... 共舉了20下,放水樽後,便去取氣球。
- 許:雖然今早吹了20下,害得我快要斷氣的樣子。(提起 精神)但為了瘦,許菲,你要支持下去,嗯!
 許菲安慰自己一番後,就深呼吸了一口氣往氣球裡 吹,再把氣球裡空氣放出來。如是者,把動作重覆 了10次。
- 許: (喘氣)終……終於吹完了。(士氣高昂)好!明天 每吹30下。瘦呀!說畢,許菲便作扭腰的動作。
- 許: (猛然想起)呀!差點忘了撥電話給可秀。
 - (把照著吳可秀的燈開了)許菲隨即拿起電話撥給吳 可秀。(電話聲)吳可秀醒來,一副睡眼忪的模樣, 一邊揉著眼,一邊慢慢走去接電話。
- 吴: (沒神沒氣地)喂?
- 許: 唏!你準是由放學睡到現在。

- 吴: (揉一揉眼)你是誰呀?
- 許: (又好氣,又好笑)我是許菲呀!你清醒一點沒有?
- 吴: (清醒了一點)哦,你找我有事嗎?明天要交History essay,你再起來就會不夠時間完成。
- 吴: (突然想起)對呀!明天就要交了。(遲疑)但是...... 我到底睡了多久?
- 許: 大約一小時吧。
- 吴: (懊惱) 慘啦! 今天才睡了這麼少,又要寫 essay。 唉! 人生真是悲哀!
- 許: (被吳可秀逗得笑了)是呀!是呀!這就不要再睡 了。
- 吴: (不太願意地) 嗯。
- 許: (微笑) Bye!
- 吴: (哭喪著臉) Bye!

(此時可把照著吳可秀的燈光關掉,吳可秀可站著不可動)
電話掛線後,許菲便準備課本、紙及文具做功課。當她準備妥當,坐下開始做功課。(把照著許菲的燈光開了)這時,許菲亦感不適,肚子痛極了。
(許菲的母親出:此後簡稱許母)
(吳可秀的父親出:此後簡稱吳父)

- 許母: (微笑) 吴先生下班了嗎?
- 吴父: (微笑)許太,這麼巧?
- 許母: 我剛買餸回來。
- 吴父:買了很多呢,看來今晚的餐會很豐富。
- 許母: 豐富有甚麼用,許菲每次只會吃一點點。
- 吴父:總較我家的吳可秀好,終日不停地吃呀吃。

辛苦極的許菲和吳可秀聽見了家人的談話,多辛苦地得趕 忙去開門求救。

- 許: (辛苦地)媽。
- 吴: (沒氣地)爸。
- 二人差不多時間打開門,站在門外的許母和吳父都差點被二人蒼白的臉色嚇壞了。
- 許母: (大驚) 菲, 你別嚇我。
- 吴父: (焦急地)可秀,我早叫你不要吃那麼多。看!出 事了。
- 許: 媽,肚子很痛。
- 許母: 不用怕,我現在就陪你去醫院。
- 吴父:你甚麼也不用說,我立刻帶你去看醫生,說不定 只是「食滯」了於是許母和吳父就慌慌忙忙地把 俩送去醫院。
- (關燈)(閉幕)

第三幕

- (開幕) (燈光)
- 地點: 病房
- 時間:晚上
- 人物: 許菲及其母親、吳可秀及其父親、醫生

許菲和吳可秀到了醫院後,被安排住進了病房。許菲和吳 可秀就躺在彼此相鄰的床上,許母和吳父就分別坐在她們 的床邊。此時,醫生正告訴各人,許菲和吳可秀的病情。 醫生: (皺眉)先說許菲吧! 我看過你提供有關飲食習慣 的資料,發覺你每天除了喝水和吃蔬果之外,近 乎甚麼也不吃,而且胃口還越來越差。近日,你 身體亦出現了頭暈、肚痛、脫髮、手腳冰冷等症 狀,對嗎?(望著許菲)

許菲緊張點了點頭。

醫生:初步估計,你患了厭食症。

許母被嚇得差點昏了過去,許菲亦登時呆了。 (燈光全熄,只以一道射燈照射著許菲) (其他人靜止活動,除了許菲)

許:(激動)Oh, my God!我吃少一點,無非是想瘦出一個厭食症來?我不要!不要!不要!我要瘦得很美麗,但不要瘦得像骷髏骨般,然後死去,呀!很難看的乾屍呀!

(燈光全開)(回到現實)

- 醫生: (安慰)也不用過於擔心,這只是初步估計,而且 又不是患了絕症,可以治癒的。稍後還會替許菲 作進一步檢查,看看有沒有的毛病。
- 醫生: (向著許菲)我會替你安排有足夠營養的膳食,你 盡量多吃一點。長期節食,營養攝取不足,很容 易會患上骨質疏鬆症。(打趣)你也不想這麼快當 老太婆吧?要美就得健康,作個「病美人」有甚麼 用?說畢,醫生便走到吳可秀的床邊。
- 醫生: (向著吳可秀) 你平日有沒有做運動的習慣?

- 吴: (吞了吞口水)(結結巴巴地)從……從不。
- 醫生:進院時你說感到胸口翳悶,頭暈目眩。平日容易 疲倦,偶爾會感到頭痛。吳父:(登時彈起)甚 麼?

燈光全熄,只以一道射燈照射著吳可秀

(其他人靜止活動,除了吳可秀)

吴: (呆滯)(慢慢地搖了搖頭)死……死啦!今躺死定 了!(雙手合十)(哀求)

(燈光全開) (回到現實)

- 醫生: 吳先生, 你......先坐下, 不用緊張。結果還有待進 一步檢查才可作實。(向眾人說)現時兩位病人需 要留院觀察及作進一步檢查, 請許太太和吳先生 跟我來辦理入院手續。
- 醫生: (望一望許菲和吳可秀)(微笑)你們不用擔心, 現在先好好休息一下。
- 之後,許母和吳父便跟醫生到病房外辦理入院手續。現在只餘下許菲和吳可秀二人。
- 許:喂!你害怕嗎?
- 吴: 怕。但有甚麼用?
- 許: (開始嗚咽)早知我學你,不用節食,又不用不停 做運動那麼辛苦。「做人最要緊是要隨心所欲,(吳 可秀也一起唸)千萬不要迫自己做些辛苦的事」。
- 吴:(苦笑)不,學我就會躺在這令倒胃的醫院。我該 學你.....
- 許: (打斷吳可秀的說話)(嗚咽)(搖頭)不.....不要就 會......像我......要住進這......這間醜醜陋陋的病房。

許菲終於忍不住放聲大哭,吳可秀見許菲哭,又跟著一起 哭。二人相望,手牽手,一直哭...... (關燈) (閉幕)

終

舊曲新詞——快樂歌 6C梁惠雯

原曲:巴哈G大調小步舞曲

音撩動在那心弦琴 曲譜出這世間靈魂 奏出這輕快曲 蝌蚪的舞步 任往譜上印

心隨著樂韻飄遠去 身隨著拍子輕盤旋 我輕唱這闕歌 輕輕起舞步 足跡滿地印 x2 歌 帶出歡笑聲 如同日和暖 融掉心中的厚積雪 旁人遇見被那 開心的 歌聲舞步誘 口 繼續唱 足 繼續跳

輕快地

哼這愉快歌

來吧合唱這曲 新生的 滿心快樂韻 x2

舊曲新詞——回憶

4C 黃淑芬

原曲:醫生與我 原唱:鄭秀文

求漫天紛飛的雪花 傳遞心中的牽掛 記錄低這晚 回顧你我最初時間 無辦法哼出一句沉痛歌聲 令我回想你 覺孤苦伶仃

*回憶 若這刻已獨力難支 望你一張張的相片 眼淚已滴在胸口面前 還自覺共你在一起 明知 沒法改變這份無知 誓要將信任抹走猜疑 情未移不要去為結局陳詞 和我緊緊的抱緊 明白應珍惜分秒 告別的過去 祈求與你再開始

*原因 別要的繼續尋找 願記憶永遠躲在心裡 而願你將那結局改變亮相

即使相分多遠 即使再不知怎麼打算 總要面對 相信在絕處也可改變

舊曲新詞——報時與拉筋(反戰歌曲) 劉健信、黃俊傑

原曲:數碼暴龍2002

拉筋今晚浦頭 成班鬼佬也通通被嚇走。 驅趕拉筋回流 才是個成就! 即使拉筋難擒 求增加公憤 強忍亦要忍! 這拉筋天生太勇敢 確係笨! 全力盡力打聖戰

要打到美國唔好停 憑著佢特強本領 和日夜狂打仗 O~~YAEYAEYAEYAEYA~~~~打打打 (飛機啊~~~) 亂咁用飛機炸爛人地 炸到拉筋都噤晒旗 亂咁用坦克車炸死人地 沒甚麼飛機大炮唔盡出~~ 亂咁用飛機去撞人地 嚇到班鬼佬都走晒落黎 射到拉筋反晒胃 以我的飛機大炮來獲取~~~~ 這世上得返報時個總統~~~~!!

Using ICQ Carmen Li 2D

Nowadays, ICQ is very popular. Many students like chatting through ICQ. However, most of their parents don 掐 like their children to spend too much time on playing ICQ. That's why there're so many arguments about ICQ between the students and their parents. In my opinion, the youth can play ICQ if they can manage their time effectively and use ICQ properly. In this writing, we're going to discuss the pros and cons of playing ICQ.

To begin with, using ICQ is the cheapest way to communicate with our friends and relatives who live in other countries. It's because IDD fee is more expensive. For example, if we make a phone call to Canada, it will cost a few dollars. But if we use ICQ, it'll only cost a few cents.

Besides this, ICQ is very easy to use. We only have to click the name of the person we want to talk to, but if we use the telephone, we need to dial at least 8 digits. We can also talk with many friends at the same time.

CARMEN LI 2D

Another point is that we can make friends with somebody who lives in other areas and learns different cultures. We can also relax ourselves by chatting.

Despite the fact that we can make many friends, sometimes we may meet bad guys. That's what many parents worry about. They worry that we will learn foul language and 'Chinglish' such as 'I go lar, 88'. Maybe we'll become impolite, too.

I strongly believe that chatting with somebody we don't know well or talking about something meaningless is a waste of time and vigour. That's foolish because we will learn nothing and waste our precious time when we talk something meaningless such as 'X fell down yesterday as he was walking along Sin Fat Road'. That's just for fun. Use this technology properly or, ICQ will be harmful for you. I don't recommend people make friends through ICQ because we can't be sure whether the person is telling us the truth. In my opinion, ICQ is used for communication, not for making friends.

Having lunch outside school Queeny Wong 2D

Many students like to have lunch outside school. However, their parents feel worried if their children eat outside school because of several reasons. I think that students should be allowed to have lunch outside school. In this writing, I am going to discuss the advantages and the disadvantages of having lunch outside school.

First, if we eat outside school, we can enjoy our favourite food. We can have more choices. Therefore, we will eat happily.

Furthermore, we can relax after a half day's study; otherwise we will feel tired. If we eat outside school, we can forget about our boring lessons.

Lastly, having lunch outside school is good because the food is better than the lunch boxes provided in school. It is because the lunch boxes are prepared before they are brought to school. The food is very cold. It is not healthy for us to eat.

Many students enjoy having lunch outside. However, their

parents feel worried about them.

First, having lunch at school can save our time. After lunch, we can have time to play football, basketball etc. These activities are good and healthy for us. We can study more for the examinations or tests, so we may get higher marks. If we have questions about our books, we can ask our teachers during lunch time.

Besides this, we cannot go too far away from the school for lunch; otherwise we will be late. For example, if we go to Tsim Sha Tsui for lunch, we will not have enough time to go back to school.

Finally, eating at school is safer. If somebody bullies us in school, we can tell our teachers about that. However, if people disturb us outside school, we cannot tell our teachers at once.

In my opinion, eating outside school has more advantages. We need to be more independent. Therefore, I suggest the parents allow their children to eat outside school.

Having lunch outside school Law Chun Hin 2E

There has been a great debate about whether S.1 students should be allowed to have lunch outside school. Some of the students say it is good. Some of students say it is bad. I think S.1 students should sometimes stay at school and sometimes go out for lunch. In this writing we are going to discuss the pros and cons of S.1 students staying at school for lunch.

First, S.1 students should stay at school for lunch because it can prevent them from making bad friends outside. Outside the school, many people like to smoke and take drugs. Maybe they will teach us bad things. But in school, no one would be allowed to take drug and smoke.

Second, the food in the school is healthier. The lunch boxes offered by the school have more vegetables than those in the fast food shops. Most of the food outside is very oily, so having lunch box in school is healthier than going outside.

Finally, staying at school for lunch can save money. The food

outside is expensive and small. But the food in school is cheaper and is bigger than that outside. That's why staying at school for lunch can save money.

There are several good points of staying at school for lunch, but there are some good points of going out of school for lunch.

First, going out of school for lunch can let us make more friends. There are many students from other schools in the restaurants. Maybe we can talk and play with them. This can train our communication skills, so it is good for us.

Another point is there is more choice of food. Outside the school, we can choose the food we like. But there is just one canteen in our school. We haven't got any choice.

Finally, if we go out of school for lunch, we can play outdoor games. For example, we can play football basketball and badminton. Sport is fun and is good for our health.

In my opinion, staying at school for lunch is quite boring, so they should be allowed to go outside on D1 and D4, and they must stay at school for lunch on other days.

Restaurant Critique Emily Lau 3D

Pacific Coffee

The Pacific Coffee is a good restaurant. The restaurant looks clean and new. There are many colours in the shop. There is a map on the wall, all the coffee's origins are painted on the wall. It looks lovely. There are also many tables in the shop, they are square and round. There are flowers on the table. There are also some computers. They can help people when they are busy. There are only a few people, so it is very tranquil in the restaurant.

This restaurant sells coffee and cake. The food is of excellent quality. I bought a cup of coffee, chocolate cake and apple cake. The coffee is very tasty and the apple cake is very fresh. The food is so beautiful that no one can resist it. I ate the food very fast. I couldn't stop it. When I finished the food, I couldn't control myself. I bought it again. My favourite food is the chocolate cake. Their chocolate cake is sweet and very delicious. At last, I bought an ice-cream. The taste is sweet but low fat. I like it very much.

The Pacific Coffee is a lovely little restaurant and I had an enjoyable experience. I would recommend it to anyone who would like a relaxing tea time.

The food is very good, but the prices are high. If the prices are lower than the present ones, then it is an excellent choice for lunch.

Rating: AAAA

Restaurant Critique Leung Chi Lai 3E

The Rainforest Cafe

This big, beautiful restaurant is very comfortable. This cafe appears to be a rainforest. Its lights are natural and dim; it also has a lot of electronic animals. The "animals" are very lovely and funny. They can dance and speak "Welcome"! This cafe also has a water tank with a lot of colourful fishes in it. It also has music playing to make the atmosphere very peaceful. There are a lot of fake trees. It also has a "Water-fall" falling from the ceiling! I think that this cafe is very interesting. When I walked into this cafe, it seemed like walking into a real rainforest. It is very wonderful!

The waiters and waitresses are very rule and provide poor service. None of them have any smiles on their faces. They are not prompt. It's extremely angry with them! On the other hand, the food is very tasty but it's extremely expensive. (There aren't many choices, either.) A cup of iced tea costs \$28! It's extremely expensive! Also a piece of pizza costs \$100!!! A hamburger costs \$120!!! Although the food and the atmosphere are very good, the service is extremely poor and the food is too expensive.

The Rainforest Cafe is a good restaurant. I would recommend it to anyone who would like a relaxing lunch for reasonable prices.

Rating: AAAA

An itinerar Szeto Nok Wing 3D

Dear Judy,

During these three days, you will be very excited because I have planned your itinerary already. What's your opinion about Hong Kong? You will know a lot of Chinese Cultures as you come to Hong Kong.

Do you know where 'Tai O' is? It has another name, 'West Venice'! There are a lot of beautiful views to see and enjoy. For example, some of the shops have Chinese costumes, villagers' clothes are with obvious Chinese Cultures, too! In addition, seafood is well-known in Hong Kong. The seafood is cooked by traditional methods and it's very delicious. There is something very good for souvenirs. What is it? It is 'Shrimp paste'! The taste is good.

What about 'Yuen Long'? Yuen Long is a good place for sight-seeing. First, there are some historic sites, e.g. museums.

For food, a 'Tub of vegetables' and 'Shenzhen's Roast Goose' are special features and famous! A lot of people from far away places go there to enjoy them. You can buy some 'Joss sticks' and 'Lo Poh Pan' for your souvenirs.

Don't forget the Po Lin Monastery, which has a big Buddha. Some Buddhists study Buddhism there. Then, we can have vegetarian meals for our lunch without meat, it is very healthy! We can also take away some books to know about this religion. Lastly, we can have dinner at 'Tai Pai Tong'. Among all 'Po Chai Fan' and 'Chafing Dish' are the most famous.

There will be a special day, the Dragon Boat Festival. It is about a story. If you come to Hong Kong, I will tell you the complete story.

Okay, are you satisfied with this itinerary? I look forward to the days you come!

Love, Janets

An itinerary Wong Lok Man 3E

Dearest Samuel,

Hello, how are you? I'm glad you will visit Hong Kong next month. Let me tell you, the 15th of next month is our Mid-Autumn Festival. It's a Chinese festival. When you arrive, I will tell you the story of it.

On the first day you come to Hong Kong, we will go to Wong Tai Sin. There is a big Buddha. The superstitious people say that it responds to every plea, but I'm not very sure about that. There is somebody explaining the lot and somebody seeking fame, wealth and fortune. Then we will go to a restaurant to eat dim sum. Have you used chopsticks before? On that day, we will use chopsticks to eat dim sum as our lunch. After that, we will go to Victoria Park. That day is the Mid-Autumn Festival, so many people will go there with their friends to admire the moon. The moon will be round and bright and it's beautiful! And I will bring some fruits and mooncakes. They are all very delicious. At the Mid-Autumn Festival, every child will have a lantern, and in the night, they will light a candle inside and carry the lantern around the Park. It's very funny.

On the second day, we will go to Fa Yuen Street. It is a street where you can buy many things. The things are cheap and there are many kinds of products in different styles for you to choose. You may buy souvenirs there. Next, we will go to the community centre to watch a Chinese opera. After that, we will go to the Peak. In the night, we can look around Hong Kong. It's lovely.

On the last day, we will go shopping in Temple Street. There are lots of food stalls and the food all tastes very good. Finally, I will say bye bye to you. However, I hope you will like this trip! Best wishes!

With love, Lokman

The Phantom of the Opera Ho Wai Sum 3E

Scene 1

Narrator: The Paris Opera House was a huge building with seventeen floors. Underneath the building there was a strange dark lake. In the middle of this lake was an island. On this island, one hundred years ago lived a Phantom.

(Inside a small dark house sits the Phantom's mother with her small child)

Phantom's mother:	Oh my baby is so ugly!!! Its face is so
	terrible that I will force it to wear a mask!!
	(Put a mask on his face)
Phantom:	Mother, why must I wear this mask?

Phantom's mother:	You look so horrible that I cannot bear to
	look at you! I don't want to see you any
	more! Leave this house!
Phantom:	Leave? Where should I go??
Phantom's mother:	I don't know and I don't care. Just go
	away!!
Phantom:	(crying) I will go hide underneath the
	Paris Opera House. No one will see my
	ugly face there! (Run away)

Scene 2

Narrator: The Phantom soon lives in the Opera House. Each night he is very lonely so he sings songs with his beautiful voice. One night he sees a beautiful girl named Christine. He sings to her. She can hear him, but she can't see him.

(Christine sits on a chair in the room)

- Christine: Who is singing? He has the most beautiful voice! Maybe it is an angel! (Stand up and look around the room)
- Phantom: Don't worry! You can't see me, but I know your voice is good; you can have the better roles in their shows. I promise, and I will teach you every night. (Go away)

Scene 3

Narrator: No one could oppose the Phantom. At first, the managers were certain that he did not exist.

(Two managers walking and talking)

Manager A: Have you seen the phantom before?

Manager B: No, I've never seen the Phantom. I think this is a joke.

Manager A: I think so.

(Old Joseph is coming.)

Old Joseph:	I have seen the phantom's face before!!!
Manager A & B:	(Surprise) Really? You have seen his face?
	We don't believe you. (Walking)
Narrator:	A few days later, Old Joseph was found
	dead! Still the managers would not believe
	in the Phantom. Then one night, when the
	Opera was crowded with people, something
	happened.

(Actors are singing, Audience A looks at the top)

Audience A:	(Stand up) Oh! Look, the huge glass
	chandelier fell from the roof!!
Audience B:	Oh! Run away, quick!!!! (Run quick)
Audience A, B, C, D:	Help!! Help!!! (Run)

- Narrator: After that, it killed a woman. It was not surprising that the managers obeyed the Phantom's wishes.
- Manager A & B: (Afraid) Ok, Ok! We believe the Phantom. Christine, you will be the main role in all the Opera!!
- Christine: (Happy) Oh! Really? I will be the main role!! Is this a dream?

Scene 4

Narrator:	But the Phantom wanted Christine for himself. In
	the end, he kidnapped her from the stage, in front
	of the whole audience.
Phantom:	(Catching Christine's hands and run) Come with
	me, let's go!
Christine:	Who are you? Where are we going?
Phantom:	(Speak quietly) We are going to my secret home on
	the lake. Don't worry, my lady!
Narrator:	Only one man was brave enough to follow. He was
	Raoul, a young man who loved Christine.
Raoul:	(Run behind them) Come back, Christine! Don't
	worry, I will save you.
Christine:	No, go back. Don't come here!
Phantom:	Who? (Put him into the prison and lock the door)
	Go into this prison, she is mine. No one can take
	her away!!!

Narrator: The Phantom captured him and kept him in a prison, which was slowly filling with water. In the Phantom's house, Christine pulled off his mask. She finally saw the real man, and his horrible face, with no nose and yellow eyes.

(Phantom turn around and Christine put off the mask)

- Christine: Oh, what a horrible face!!!! (The mask falling down)
- Phantom: Oh, no!! (Turn around his face)
- Christine: I...I...I am sorry that... I am so sorry.
- Narrator: At first, she was shocked at his appearance, but then she felt very sorry for him.
- Christine: I know how lonely your life has been. I feel so sorry. (Put the hands on his face)
- Narrator: She gently kissed his face. No woman had ever touched the Phantom before. Christine's kiss made him cry with joy.

(Phantom crying)

- Christine: Why are you crying? Did I say anything wrong?
- Phantom: No, you haven't said anything wrong. It is because no one touched me before. And you are the first person who has seen my horrible face.

(Open the prison door)

Phantom:	Come out, you can take her away, to safety.
Raoul:	(Come out) Christine!
Christine:	(Walk near him) Raoul, are you ok?

Raoul:	Ok. (Smile)
Christine:	Thank you very much. I will never forget you!!
	(Smile) Take care.
Phantom:	Take care, too.
Narrator:	They went away, Phantom was crying and run-
	ning. But at the same time, a mob of other people
	had reached the Phantom's house, and burst in,
	ready to kill him.
Person A:	Go this way! Come on! (Walking quickly)
Person B:	Kill him!
All People:	(Looking around) Oh, where is he? Why is he not
	here? He has disappeared.
Narrator:	At that moment the Phantom disappeared, magi-
	cally, and was never seen again.

Internet Lee Wai Man 4A

In recent years, the Internet has become very popular. In my opinion, the internet is not only for entertainment, but also for work and learning. Since many students are interested in the Internet, we should know more about the benefits and potential danger of it.

First of all, I believe that the Internet can provide a useful source of entertainment such as online games, films and also can give people a place to communicate with foreign people. For example, ICQ is popular as it provides a place for different people to talk together. As a consequence, it may expand our social circle on the Internet and also release our pressure.

Secondly, the Internet is useful for doing assignments and projects with the large multimedia information search system. Therefore, it is convenient for students and workers to find related information and finish those assignments and projects easily. Thus we can finish the work without leaving home and complete the work within a short time.

Last but not least, since the Internet is convenient and useful, students can increase their knowledge via the Internet freely. Take 'Yahoo.com' as an example, it connects billions of other web sites for people to search different kinds of information. As a result, people are willing and able to enjoy these inexpensive services and learn more from the Internet.

On the other hand, the Internet is always hazardous to us. What I mean is harmful materials like violent and pornographic stuff may deeply influence immature students. Furthermore, some teenagers may be cheated by dishonest people on the Internet. Another disadvantage is it is not easy for students to judge whether the information they get from the Internet is right or wrong.

All in all, the Internet is a kind of entertainment and a useful learning tool. However, the hidden dangers may cause very bad consequences. Therefore, we should use the Internet in a positive way and parents need to supervise the kids. Firstly, from my point of view, parents should set up a filter on the Internet. Then parents should always talk to their children about what they do with the Internet, and teach them to protect themselves. Actually, they should tell the children never to reveal personal information to people they meet on the Internet.

To conclude, we should learn how to use the Internet legitimately and avoid the potential dangers.

English Language Proficiency Assessment Ng Lai Kuen 6A

It is suggested that Hong Kong language teachers who are teaching English should be benchmarked. Language teachers have to take the language Proficiency Examination to be checked for their proficiency in language standard. In considering the pros and cons, I am totally against this motion.

There are few points to support my point of view. Teachers would need to spend substantial amount of time in preparing for the exams as students will be neglected. It is stressful for teachers to take the Language Proficiency Examination. It may put language teachers under high pressure and increase their workload. It is because they are qualified and professional enough to teach the language. Meanwhile, it is not necessary to have an ad hoc system to test the teachers' proficiency.

People who support the motion may dwell on the following points. Allocating language teachers to sit in the proficiency examination may ensure that teachers are qualified in teaching students languages. It is because some but not all teachers' language standard may not be good enough. However, it is not beneficial for students; it makes teachers perturb. It also pressurizes them to maintain good language standards.

Nevertheless, the gain is less than the loss. Hong Kong language teachers have pursued either full-time or part-time education certificates on top of their bachelors' degree. In my opinion, they would not have graduated if they were not qualified. It was the Hong Kong Government who gave them qualifications in teaching. Ironically, it is also the Government to criticize their qualifications. It is absolutely unfair. Hong Kong students' Chinese or English language standard drops continuously and the blame all goes to the language teachers. Furthermore, an exam is just an exam. It is definitely not practical in reality. Students end up gaining nothing out of this initiative and somehow become victims, as the teachers neglect students' need and only concentrate on preparing for the exam.

From my point of view, teachers are already under high stress and heavy workload. Besides teaching, they are involved in daily task management. Therefore, they should not suffer from doing extra work. As a matter of fact, many teachers are experienced in teaching especially those who have been teaching for many years. Many teachers have reached a point where they skim through a page of a textbook and they already know what it is about. Besides, their morale might be lowered as they believe they are criticized and treated like students.

In conclusion, I am against the motion that Hong Kong English language teachers should take the Language Proficiency Ex-

amination. It is because it will increase teachers' workload and put them under stress. Not only is it unnecessary, but it also criticizes their proficiency. Furthermore, as teachers spend extra time in preparing for the examination, students are prone to be neglected. As the benefit does not compensate for the loss, the motion should be abolished.

Keep Hong Kong Clean Campaign Thelema Rigodon 6B

Dear Editor,

I heard that the SAR government is planning to launch a "Keep Hong Kong Clean Campaign" in 2002. Form what I've gathered and seen, I support the necessity of this plan for the better of our city.

The environment of Hong Kong at the moment is not in a healthy state. I remember reading an article headlined '9th Clean Up the World in HK', which stated that from 1998 to 2000 the Clean Up the World in HK volunteers collected 32,665 kg of garbage after cleaning up 18 beaches and country parks the day after the Mid-Autumn Festival. Besides, I noted from another source that 11.5 tonnes came from Victoria Park this year.

I reflect upon the personal experiences I had that depict Hong Kong's deteriorating environment. I once went to a beach in Tai Tam and saw garbage floating on water. This reminds me of the same scene I saw crossing Victoria Harbuor on ferry. I also recall the time when I had to pass by the Shing Mun River and even from a long distance already sensed its overwhelming bad smell. Furthermore, I've seen graffiti vandalize walls and sympathetic people take flyers and later let them fly away to the ground. And yet, the worst incident was when I saw rubbish fall freely above my head. These countless experiences can go on forever unless some action is taken.

Having this campaign is a wise preventive measure to combat threats of the seemingly increasing number of Lap Sap Chungs. This can boost people's awareness of waste control and environmental protection. In my opinion, this is especially essential in maintaining Hong Kong's positive image.

What can be more humiliating than having Hong Kong's name anywhere near the word "garbage"? This certainly is not every appealing to potential tourists. Neither any businessman would want to set up a business in a dirty city. If so, we might as well just stand back and watch the description "International" fade away, since no existing foreign person would want to stay any longer and risk his health.

I firmly believe that the most efficient way to put an end to all these selfish acts and to rid all of the garbage is to get the community involved through the launching of "Keep Hong Kong Clean Campaign". This doesn't only mean recruiting more volunteers but actually getting all of the Hong Kong people to participate. The government can begin with students, especially those in the secondary level.

Creative programmes can be organized for schools. I heard

about Singapore's Clean and Green Week Campaign, and its "Cash for Trash" can motivate Hong Kong students to help out. For every bag of rubbish they collect, it will earn them a certain amount of money. The money rewarded can come from sponsors. An alternative could be to hold a Banner Design Competition. Students don't actually clean up, but the environmental message can be effectively instilled through this. Another option is to have every school in charge of cleaning up a region of Hong Kong. This might require students more of their effort and time, but the result will be satisfying.

More programmes can be organized to aim for other age groups. To begin with, educational workshops can be held for children aged 4 to 11. In this workshop kids can enjoy story telling, accompanied by puppets, and games that indirectly disseminate environmental messages. Artistic recreation by recycling used materials can also be encouraged in this workshop. The elderly can be especially welcome in nature parks and reserves. There can be a special trail to walk through where checkpoints encountered when correctly counted will allow one to be a potential winner in the lucky draw. Small contests, talent shows, and stalls that sell recycled stationery and crafts can attract those who haven't participated yet.

With these proposals I urge the government to implement its plan to have a "Keep Hong Kong Clean Campaign". It'll be worth investing on.

Yours faithfully, Thelema Rigodon

English Language Proficiency Assessment Fan Tsz Him 6B

Recently, examinations have been established to benchmark the English language standard of English teachers. Nonetheless, this has raised arguments among different parties. Parents and many of the students seem biased in supporting this, whilst, most teachers are reluctant to take the exam. There are also diverse opinions given by the local population. Though the examination system might bring advantage, it also comes with several unavoidable bad effects.

Firstly, the examination authority faces the difficulties of approaching a fair system to standardize the language ability of teachers. It is known to everyone that teachers must be tested before they graduate and can give lectures to students. This implies that teachers are competent of language skills which are at least satisfactory. Thus, the authority needs many experts in English to draft the test papers and to mark the papers before any grades can be given to the participating teachers. This would probably cost much to hire experts and it is still difficult to ensure fairness can be maintained.

Fairness should be strictly kept as the result is very meaningful and important for the teachers who have taken part in it. As this exam is just testing them on what they have been studying in their tertiary stage, the importance is similar to the HKCEE and its consequence on those Form 5 students. The exam is obviously exerting strong pressure on teachers. Besides, the result would suppress their image as the lecturer if it is not desirable. Teachers may find it very difficult to withstand the underlying stress if they participate.

Given that the exam is a hard experience for teachers, their feelings should be taken into consideration by the public. Many teachers feel reluctant to take the exam as they think that their ability is not confirmed by the school and also the Education Department. There's no doubt that it is an insult to them. The situation maybe even worse if they don't do well. If the result is reported to the school they belong to, their career may probably be affected. In extreme cases, students lose their confidence in their English teacher. Hence the efficiency of the teaching process risks an unnecessary interaction. Unfortunately, most of the teachers could only get average results and the number of failures can not be ignored. Therefore the sympathetic scene that faces the teachers isn't a virtual reality anymore.

A few questions are then induced: Is it worthy for teachers to take part in an exam that brings severe negative effects? Does the result mean everything to an English teacher? Or - should the English teachers be benchmarked just to show that they are qualified to teach English? I suppose everybody has his own answer in his heart. To conclude, everyone should be more considerate and wise, and to understand the situation of the teachers sincerely. Many of them work overtime and even sacrifice their own time and diligently enrich students' knowledge but without any extra pay. Finally, is it reasonable to put more effort, which does not benefit any party, especially not the teachers? By viewing over the issue rationally, you will be following the right conclusion.

English Language Proficiency Assessment Agnes Wu 6B

Although the English standard of Hong Kong students is poor and has still been declining for some considerable time, there were only barks but no bites at improving the situation.

Until desperate urges from the economy and academic institutions had been bursting out did some academics suggest that teachers' unsatisfactory English proficiency was the cause of the failure of Hong Kong's school system in producing the required quantity of highly proficient language graduates. While students acquire knowledge from their teachers, it is important to ensure teachers meet the minimum acceptable language standards. In order to upgrade teachers' English proficiency, language benchmarks have therefore been introduced to test and assess both current teachers and student teachers.

Being an international marketplace, Hong Kong should have the ability to cope with internal and external changing circumstances, where language benchmark initiatives are being viewed as one of those measures. This is to check whether the things used are adequately maintained at their level, or whether they are in pace with the current environment. Since a series of validation and assessor standardization studies were conducted to investigate the reliability and validity of the new assessment instruments, the results from the assessment should be seen as unbiased and suitable for all teachers.

Thus, financial resources are provided to enable teachers to attend developmental programmes designed to help them reach the goals that the Government has set, to provide a chance for them to upgrade themselves without digging into their own pockets, as well as to offer a timely mechanism in providing the school with additional and objective data when teachers are being considered for promotion.

It is believed that tests and exams are necessary to motivate people to achieve as well as to revise their knowledge. On the other hand, if accusations are made against language benchmarks being used as a tool to impose on teachers what they should know and how they should demonstrate that knowledge, and that it is perceived as tense, harsh, frightening, unethical and biased for teachers, it would definitely not be fair to Form 5 or Form 7 students as they have to sit for public exams and are under similar conditions.

However, it is said to be unnecessary to achieve the standard which the measurement introduced has as sufficient and of which is the right type of knowledge. Moreover, teachers will pay less attention to methods of teaching and more instead to language proficiency. They will change their behaviour for getting and keeping their job and only acquire the English needed to pass the test which, after all, will not be transferred to the real language needed in teaching. Besides, the knowledge of how to teach the language is more important than that of proficiency. Some teachers are very smart themselves but they cannot articulate their knowledge to their students.

Furthermore, hostility, humiliation, resentment and the feeling of having the responsibility of teaching but with no authority will be created on the part of the teachers. Since teachers are already being inspected and observed internally by peers, panel chairperson and principal and externally by the Advisory Inspectorate, taking the language proficiency assessment will only become an even heavier workload for teachers if they were to take courses in their spare time in order to attain satisfactory results. It is also insulting to some teachers and a total waste of taxpayers' money. For instance, some expatriate teachers are forced to sit the oral section of the English language proficiency assessment, as exemptions are rejected for teachers qualifications acquired in other countries were not considered under the criteria proposed by the Education and Manpower Bureau.

In addition to this , it will severely tax teachers' confidence as it is all new and therefore unfamiliar to them. If, unfortunately, teachers fail in the assessment, it would be a great impact on their self-confidence and lessen their enthusiasm in teaching. It causes trouble to school management in deciding which teachers should attend the language proficiency upgrading courses first, or whether to find substitute teachers whose performance are usually far from satisfactory. What's more critical is how to deal with the situation when most teachers fail the assessment as teachers cannot be reassigned to teach other subjects because there are no better ones to replace them.

Last but not least, it is shameful to report the poor test scores of the teachers to parents which may jeopardize school operations and causes anxiety to the parents.

After all the whys and wherefores of introducing the benchmark assessment, there is still no solid evidence that it would help with upgrading the level of English proficiency in Hong Kong, which should be the purpose of the assessment. Therefore, it is crystal clear that Hong Kong teachers should not be benchmarked.

Form 7 Graduates: Work First Before Going To University Thelema Rigodon 6B

In places, like Europe and America, the option of working full time for one year before entering university is becoming more popular to high school graduates than the traditional way of finishing education first before confronting the real world. For many Form 7 graduates in Hong Kong, this may not be one of their options, and probably, a handful even try to evade the thought. It does sound scary, breaking away from the conventional trend. But believe it or not, some employers and educationalists in Hong Kong do advise Form 7 graduates to take this into consideration.

Perhaps, one of the scariest thing that an individual has to do in his life is to work. It takes a great deal of courage and self-confidence to leave the comfort of one's home and school to earn your own money. But it sure demands more from a person who has only finished high school.

For some Form 7 graduates, one year may be too long. They would prefer to work in the summer instead. Especially for those who have a bad memory, one year may be long enough for them to forget a significant amount of information. And those who are easily distracted, they won't take the risk either as they might lose their interest in continuing their studies. These instances, however, only address certain people.

More realistically speaking, the pressure of work can be intimidating. The environment of the workplace is different from that of school. The people are different and the kind of pressure is different as well. One has to learn how to be more flexible with people of varying personalities. The pressure of doing a good job can also be overwhelming. To those who are not ready, the big jump may land with a stumble. The workplace will not only test your level of maturity and discipline but also how you interact with people.

Nevertheless, despite the discouraging aspects of working, graduates should also try to look at the other side of the coin. Working for a year before entering university can be a rich and valuable learning experience. This is probably why employers and educationalists recommend it. It is practical and realistic education that requires no payment and is not part of the curriculum offered in schools. Room for application of the vast amount of information acquired through the years of learning is one essential thing schools don't provide. Perhaps, those that look up to schools to provide them with a complete education in preparation for their future career are not as safe as they think they are. Working for a year, however, gives graduates a brief training that temper the demands of yet another workplace they will step into in the future.

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Another good thing is that the worries of not living up to your boss's standard can be abandoned. It is just a temporary job, not a career, although setting a good reputation would be a plus in the long run. It can secure a job and extend connections if ever the unemployment rate in Hong Kong further escalates.

Work also means money. Taking a year out to work can be a good chance to save up for university. If not, extra pocket money wouldn't hurt, would it?

If I were a Form 7 graduate, I would consider taking a year out to work full time. This would be a good time to relax awhile and breathe. I don't think it's necessary at all to rush finishing university. It does seem scary, but obstacles accompany all accomplishments.

Keep Hong Kong Clean Campaign Choi Pui Ying, Grace 6C

Dear Editor,

I am writing in response to the newspaper discussing why a 'Keep Hong Kong Clean Campaign' and other series of programmes are necessary to be implemented in schools and society as a whole. Even though Hong Kong is a fast growing and modern city, Hong Kong still faces problems of pollution.

Imagine a prosperous Hong Kong with dirty streets, garbage all around, trash spilling out and big, fat rats and rodents running right past you. The gust of wind brings the smell of rotten food and decomposed material. It would not take long for the whole of Hong Kong to become like that if we do not implement work to clean up Hong Kong quickly.

Hong Kong is not a clean city. From year 1998 to year 2000, there was as much as 32,665 kg of garbage collected. In the year 2001, 26 tonnes of rubbish were left in public areas. Even

after the Mid-Autumn Festival in October alone, there were 11.5 tonnes of garbage in Victoria Park.

To maintain and improve the quality of life, natural resources must be used in ways that cause the least possible damage to the environment. Even though there are plenty of volunteers taking part in cleaning up Hong Kong, more should be done. The society on the whole should be responsible for this. Programs should be set up for the society such as 'Cash for Trash' or 'Buyback centres' which pay people for materials they bring in. The recyclable materials are separated by type and glass is separated by colour. Programmes for residents of a community could be set up. Residents can separate their recyclable materials and put them in recycling bins for trucks to pick up which bring them to a central plant for processing. This usually recovers the greatest quantity of materials. The government should also impose heavy fines and penalties and promote more anti-littering messages to raise awareness of the public of what problems we are going to face and what Lap Sap Chung we are.

Students of all ages can help too. Programmes such as 'Environmental Educational Workshop' and 'Recycle and Recreate' should be implemented in school.

The programmes will send home important environmental messages on waste minimization and pollution through fun and games. Students can be encouraged to start their own individual environmental projects and even create things from waste materials. The whole school should participate in Clean Week and other environmental activities to bring them closer to environmental protection. 79. KEEP HONG KONG CLEAN CAMPAIGN CHOI PUI YING, GRACE 6C 191

I think it is imperative to alert people to the danger of pollution before we live among the garbage! Must we wait until garbage ruins our environment? We must act now before it's too late.

> Yours sincerely, Chris Wong

The Future Way Choi Wai Kit / Chow Sau Ha / Lee Man Chiu /Suen Yu Luen / Yin Wing Yan 6A

The day is drawing near, So there will be no fear Wipe away your dropping tear Although you're on your lonely way Confidently you can say

Dreams Chan Yau Hung / Chen Yuen Tone / Lee Kwok Leung / Yeung Chung Hon 6A

Don't give up when you cry Remember when we have dreams, we can fly Evening is coming, but the sun will rise. Although it is dark, the stars still shine Make use of your life Shout so you can fly

Parents

Kwan Hok Ming / Lee Kok Ying / Ng Lai Kuen / Yuen Chun Choi 6A

Praise everything Dad and Mum have done for you Remember to give them a hug And say thank you It's a time to Say I love you and do Enjoy every day and night with Mum and Dad

School

Leung Tat Man / Leung Yun Fai / Ng Ka Ho / Wong Man Kit ${\rm 6A}$

Studying is boring!!Can I make it interesting??Homework is time-wasting!!Oh! No! we are getting pain!!Hm...but I still have to use my brain!!Let me keep going!!

A crying baby's song Amy Cheung 4C

I give you some toys, but you keep crying and don't play with it. I give some milk to you, but you keep crying and don?drink it. I sing a song to let you sleep, but you keep crying and never close your eyes. I make a funny face, but you keep crying and don't look at me. I tell you I'm very tired of taking care of you, but you keep crying and crying.

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Disappointments Chan Sai Wing 4C

I wrote to you twice, but you didn't reply to me. I talked to you, but you didn't attend to me. I got you a ticket for the movie, but you didn't come. I saw you at the MTR, but you didn't see me. I needed your help, but you didn't give me a hand.

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Disappointments Lau Chi Nga 4C

I phone you every day, but you hang up the phone. I write letters to you, but you don't reply to me. I help you do everything, but you don't thank me for what I do. I ask you out, but you are late every time. I want you to be fair to me, but you say the world is unfair.